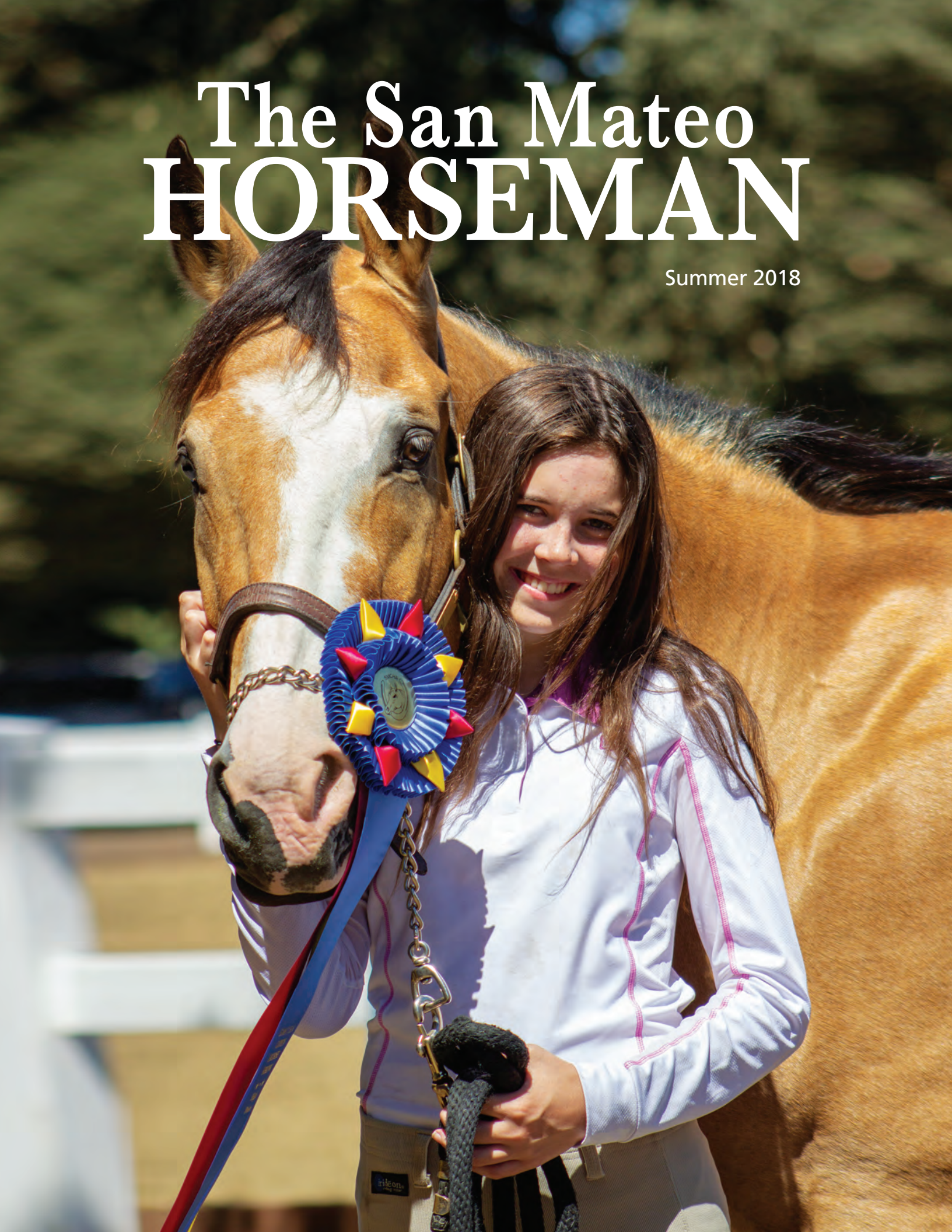


The San Mateo HORSEMAN

Summer 2018



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ON THE COVER

Carolyn Deasy and her mount Romeo won the Short Stirrup/Rusty Stirrup High Point award at the SMCHA English Schooling Show at Webb Ranch. Congratulations Carolyn!

Photo by Martha Greene @ martha-greene.smugmug.com

MESSAGE FROM THE CO-CHAIRS



Greetings.....we are thrilled with the way the year is going. We had a very successful Ranch Horse Versatility show, English Schooling Show, Open Show and Obstacle Clinic. In addition our Movie night at Webb Ranch was a huge success. Included in the evening's events was a presentation by Dr. Nora Grenager and the movie "Harry and Snowman." We also all enjoyed the General Meeting at Peninsula Equine and the presentation of a timely topic.

It has been a very busy season with wonderful support and cooperation from our members, community and horse friends. Please encourage folks to check out our Facebook and Website for more information on upcoming events. Our Halloween Playday is just around the corner!

Bonnie Bertella

SMCHA also rolled out our first ever members-only section on our website! This section enables members to view Board of Director minutes, Treasurer's Reports, and most importantly, you can view contact information for other members and/or print out a roster. We also set up an account on Amazon Smile which enables you to easily make a donation to SMCHA when you purchase items on Amazon. Information on how to utilize this option is included inside this magazine.

Gretchen King

The San Mateo HORSEMAN

SUMMER 2018

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Horsemen's Association

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Back by popular demand...Informational meetings, so SMCHA hosted one at Peninsula Equine. Due to recent concerns about the Equine Herpes Virus-1, it was decided this would be the subject of their presentation. Dr. Jackie Dietrich put on an impressive slide show detailing the symptoms of the virus and how to recognize them in your horse. Her slides and discussion were informative and all of our questions were answered by the end of the evening.

While the virus is not commonly seen, it is contagious. Consult your veterinarian if your horse exhibits any of these signs.

Clinical signs of EHM in horses may include:

- **Fever of 102°F or greater** (fever most often precedes neurologic signs)
- **Incoordination**
- **Lethargy**
- **Hindquarter weakness**
- **Urine dribbling**
- **Nasal discharge**
- **Recumbency**
- **Diminished tail tone**



A summary from State of California www.cdфа.ca.gov/ahfss/animal_health/equine_herpes_vir:

"Equine Herpes Virus (EHV-1) infection in horses can cause respiratory disease, abortion in mares, neonatal foal death and neurological disease. The neurological form of the disease is known as Equine Herpes Myeloencephalopathy (EHM) and may be caused by damage to blood vessels of the brain and spinal cord associated with EHV-1 infection. EHM is most often due to the neuropathogenic strain of EHV-1, but may occasionally be caused by the non-neuropathogenic strain of the virus. EHV-1 is easily spread and typically has an incubation period between 2-10 days. Respiratory shedding of the virus generally occurs for 7-10 days, but may persist longer in infected horses. For this reason, a twenty-one day isolation period of confirmed positive EHM cases is recommended along with stringent biosecurity protocols. Similar to herpes viruses in other species, the latent form of EHV-1 can reactivate at a later date, but generally with a low viral load posing a low risk of infecting other horses. Humans are not at risk of contracting the virus, however humans can act as an indirect mode of transmission."

The website also has extensive coverage including:

- Equine Herpes Myeloencephalopathy Factsheet
- EHV-1 Prior Outbreaks Summary
- Equine Biosecurity Information
- EHM Frequently Asked Questions
- Biosecurity Toolkit for Equine Events
- Equine Medication and Monitoring Program

Thirty-five members attended the meeting and we all enjoyed the evening. Everyone participated in the pot luck and we ended up with quite the spread.

Watch the SMCHA FB page for upcoming informational meetings that Peninsula Equine will be putting on.

Dr. Jackie was very excited about bringing this back into our community. They plan to do one every other month on various topics.

We want to thank Dr. Russ Peterson and his wife, Jan, for your continued support in the horse community and SMCHA. It was great to see you both at the meeting.

Happy Healthy Trails

By: Sharon Butler and Susan Jakubowski



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for the Fall 2018 issue is October 15, 2018**

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Webb Ranch Sponsors Rodeo Drill Team

By Gretchen King

In the Fall of 2017, Webb Ranch Stables riding instructor Sara Esquivel approached her manager, Summer Hensley, with the idea of starting a Drill Team to become part of the lesson program. Sara had previous experience with Drill so she knew what she was getting into! Summer agreed, and the Webb Ranch Cowgirls Drill Team was born. Sara sent out an introductory Drill Team meeting notice.

I was getting a little bored with what I was currently doing with my horse, which included many fun activities such as roping, cattle work, and quadrille, but I was ready to try something new. I have always embraced the concept of doing different equine horse sports with my mare Missy, both English and Western. Doing this keeps things fresh and interesting for both you and your horse and makes you a better cowgirl, and a continuous learner. I thought, let's go check this out!

Unable to talk any of my friends into going to the meeting with me, I reticently went to the introductory meeting alone and was surrounded by eager riders of all ages and skill sets, aged 10 to 60, who were interested in riding on the Drill Team. Over the course of the next few months, some folks dropped out, and we ended up with core group of eleven riders. The Webb Ranch Cowgirls Team consists of Sara and her fellow Webb Ranch riding instructors Ashley Davis and Nicole Fava. It is rounded out by Rose DiLuzio, Hannah Drucker, Andrea Glavas, Clio Halpern, Bridget Kiernan, Laura Morey, Ayushi Sharma, and myself. Sara lends her two horses, Mocha and Lilly, to the team and I ride my horse Missy. The rest of the riders use Webb Ranch

lesson horses as their mounts. Favorite ponies are Agnes, Boots, Cloud, Clover, Frisco, Jasper, Pocahontas, Smarty, and Topaz. These are some of the most well-trained and well-loved horses around. They have hearts of gold and a lot of try!

At a ranch where most people ride English, folks ask me all the time what exactly "drill" is. It is different than quadrille, also known as drill, which is an English sport based on the Spanish Riding Academy's exercises consisting of patterns done in a dressage court with a team of four or more riders. There are two classes at Webb that practice this non-competitively every Saturday at 10 and noon. I also ride with that group when I can, taught by Sharon Wormhoudt, and highly recommend it as a relaxing yet challenging Zen-like class. I have learned a lot about my horse's bend and 10 and 20 meter circles and have made great friends there! You don't need to memorize a pattern for the classes, as Sharon instructs you through headphones. Class size varies from two to twelve.

Rodeo Drill is faster, and we use a clock face (12, 3, 6, & 9) to orient ourselves in the arena instead of a dressage court's alphabetical orientation. Experienced teams carry flags when they ride, anchored to their right stirrup. We aren't quite there yet, so we are riding without them at this time. Rodeo Drill also has a kinship with military cavalry formation maneuvers. Our routines consist of a series of about 15 consecutive patterns resulting in a choreographed routine done at the lope and a bit of trot to bold music (we are doing both trot and lope, but as we progress, it will be mostly lope, and fast lope is the goal). And by "bold music" I mean a medley of country and western songs, or AC/DC which was played by a team at our Coto Cup competition at the Horse Park this past weekend and was a crowd favorite!

No classical music here! The nomenclature is different than that used in quadrille, which follows dressage "language" like "20 meter circle, single file down the arena at C, oblique to F, cross at X", etc.



Our moves have colorful names like Pinwheel, Shoot the Moon, Suicide Wheel, Spider, Sweep, Liberty Gates, etc. Rodeo Drill is normally done at Rodeo events or at its own competitions or local events that want a riding demo. Our team joined the California State Horsemen's Association which governs Drill and sponsors our competitions. They have been extremely supportive of Sara and Webb Ranch's fledgling group. I am proud to say we are one of the few teams who wear helmets when we compete. We couldn't do any of this without our excellent ground crew consisting of Wendy Halpern, Pragati Sharma, Nick Esquivel, and Venita Naido, among others. They haul waters, feed, clean stalls, lug muck buckets, tighten cinches, braid hair, put on our performance makeup, hug us when we get emotional, you name it and they are there for our horses and us.

If you are interested in this sport, here are some gating items to think about:

1. You need to be a team player. Be honest with yourself. Some folks, and some of my best riding friends, are just not cut out for team competition. Normally when we compete on horseback, it is about our individual best with our horse, or we are competing against other individuals. This is a different kettle of fish.

2. You need to be comfortable at the trot and lope. And hopefully going even faster. I am still working on this last bit after training my horse her entire life to slow down her lope.

3. You need to board your horse at Webb Ranch or lease or ride one of their lesson horses. It is also a good idea to take some private lessons and get to know the horse you are riding.

4. You need to be a confident rider or working on it. LOL since very few of us were super confident this past weekend at our competition. Can you boss a horse around for the

most part, get it into a lope without a lot of drama, and correct it when it needs it?

5. You need to be able to make a significant time commitment. We practice Saturdays and Sundays in the very late afternoon.

6. You need to be able to raise money. This is not a cheap sport, but you can sell raffle tickets, work at the Webb Ranch Lesson Office, and do other things to pay for your uniform and your lesson fee.

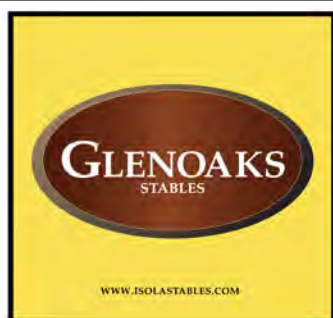
7. You need to embrace the glitter! We wear shiny shirts and sparkly belts, big belt buckles and rodeo chaps with fringe past our stirrups for competitions. Some teams even wear the same shade of lipstick!

8. If you own a horse and board at Webb, your horse should enjoy the close company of other horses and not be inclined to act up. We ride cheek to jowl. If your horse requires a big bubble, and constantly has pinned ears, it may not be enjoyable for either of you.

9. Finally, if you are good with remembering patterns, that helps.

I am so proud to be a member of the Webb Ranch Cowgirls. As I have said repeatedly, this is the most difficult sport & rewarding sport I have ever done on my horse! Our next competition will be at the Cow Palace on October 11 – 13. We also have a few local demos coming up. If you are interested in learning more, contact coach Sara Esquivel at Webb Ranch's Lesson Office at 1-650-854-7755 or email lessons@webbranchinc.com if you have questions or want to watch a practice or take a private lesson on a Drill horse. And, I hope to see YOU soon, joining me!





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A PEEK INTO THE PAST

This article about our beloved Jack Brook Horsecamp appeared in the September/ October issue of The San Mateo Horseman in 1984.

OVERNIGHT RIDE - AUGUST 25-26

By Cynthia Baird, Menlo Park, CA



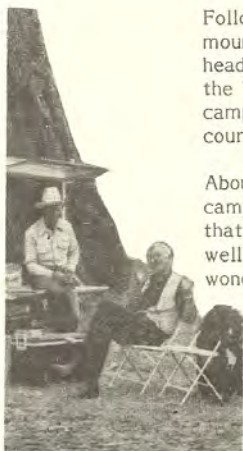
The La Honda contingent had already staked out their places by Saturday a.m. when riders and horses began to arrive for the overnight ride, hosted by Jim and Janet Estep at the Jack Brook Horse Camp.

While newcomers got settled, Janet produced lunch as if by magic, and by early afternoon, the riders hit the trail—all 26 of them. And a dusty trail it was! Endurance horses strained to set the pace, one horse "scooted" perilously near high drop-offs, a certain drag rider made scandalous propositions in Spanish of sorts, and the rest of the group enjoyed the scenery on a well-paced 2 1/2 hour ride led by Jim Estep.



Back in camp, folks lined up to bathe their mounts at the washrack, then headed for the hot showers themselves. (You call this roughing it?)

After a delicious steak dinner, Ron Harris entertained with accordion music for dancing and harmonizing...turns out some people knew some of the words, at least, to a lot of old songs! Many people came just for the evening; these "townies" partied late, but a long ride planned for the next day sent some of us sneaking off to catch some sleep.



Following a leisurely breakfast, riders mounted either for a short excursion before heading home, or for the piece de resistance: the Tarwater Loop. We didn't make it back to camp for lunch on that one; lunch came to us, courtesy of the ranger & his truck!

About 4:30, the ride over, we began breaking camp, with some doubts about making it up that hill to get out to the road. But all went well. Thank you, Jim and Janet for a wonderful weekend.



P.S. Our sympathy to the owners of the horse that became ill and was trailered out. It was a reminder to us all to be aware of the symptoms, causes and treatments of such illnesses as colic and azoturia, which can occur on such occasions. (Check your Healthy Horse Clinic notes, or vet books from the local library.)



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JACK BROOK HORSE CAMP

July 25-30, 2018

By Cheryl Basin

SMCHA members along with friends from several other clubs and their horses enjoyed the wonders of Jack Brook Horse Camp. The site is part of the Pescadero Creek County Park near La Honda. We once again marveled at the majestic redwoods and shaded fern-bordered trails. We had warm days and a couple of foggy mornings. Several wild turkeys were spotted, as well as a huge family of California Quail with little ones following (Tanya calls them eggs with legs)!

Tanya Rebarchik did an awesome job of organizing our annual trip to this camp. Mike Garman and his son, Bobby, kept us well fed with delicious meals. Mike and Bobby will be back next year so be sure to join us then!

Saturday night festivities included the live rock 'n roll Dave Walker Band. Quite a few really kicked up their heels. We had a wonderful assortment of raffle and auction items and Larry Rebarchik made his famous s'mores over a roaring campfire!

A memorable long weekend of fun, riding and relaxation...this camp is so near yet feels so far away.

CLARKIA TRAIL SPRING - SUMMER CLEAN UP

by Beverley Kane

At nearly the exact moment of the Summer Solstice, our SMCHA Trail Crew was on the Clarkia Trail in Edgewood Park, Redwood City. I had reconnoitered the trail a couple of weeks earlier with our wonderful, about-to-retire Dinora Dinsmore Bertoni to assess how the trail had wintered and sprung (sprung?) after our Fall Work Day last September. We were gratified to see that the rain bars we built had held up. Rain bars look like speed bumps on the trail. They are constructed to divert rain water so as to minimize erosion. However, once again, the gophers had literally had a field day with our trail, building tunnels to rival Caltrans. While we admire their industry, we must somewhat reluctantly wreck their homes and doorways by filling in the gaping holes that can spell disaster for a horse or human leg.

The prime directive of the San Mateo County Horsemen's Association is to encourage interest in, and appreciation of horses. Another important aspect of our mission is to assume stewardship of the land and the trails that humans and horses walk upon. Twice a year on our Trail Work Days, and at all times while riding and hiking in our parks, we endeavor to maintain safe and beautiful trails for equestrians and non-equestrians alike. The SMCHA Trails Committee seeks to make inroads with the broader nature-loving community on the San Francisco Peninsula. That way, our non-horsey family and friends can share in our activities, for the benefit of all.

To this end, SMCHA officially helps sponsor and maintain the lovely Clarkia Trail in Edgewood County Park, Redwood City. Named for the pretty pink Clarkia flower, the trail runs through grassy hills and forested areas.

On our Summer work day, the hills were blanketed with the trail's namesake flower and with other late spring and early summer blooms like the orange sticky monkey flower. California First Peoples, including the Miwok, Pomo, and Costanoa, used the leaves of the sticky monkey flower plant to treat poison oak, open sores, and poison oak. We trimmed the brush and branches overhanging the trail and with silent apologies to the gophers, filled in their holes with gravel supplied by Park and hauled up the hill in their nifty gas-powered totter. Thank you Dylan Hofflander, for leading the way and guiding our efforts. Thanks, also, to Sally Quellos and Liz Carey for their hard work.

Please join us for our next Trail Work Day in October - date TBD - and look for our up-to-the-minute updates for San Mateo County and neighboring trails on our Facebook page at <https://www.facebook.com/groups/SMCHA/>



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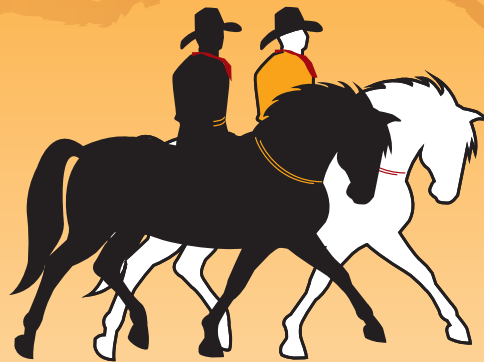
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ENGLISH SCHOOLING SHOW AT WEBB RANCH

Sunday, August 5, 2018

by Cheryl Basin

Twenty enthusiastic horses and riders were all decked out in their English attire and tack for our annual English Schooling Show. We offered 23 diversified classes. It was a perfect August day. Webb Ranch has done an amazing job of "remodeling" both arenas and the footing is perfect for our horses.

Our judge, Lorali Casipit, provided constructive comments and well-deserved praise as the competitors walked, trotted, cantered and jumped. Helpful tips were welcomed by participants and gallery. She talked about proper tack for an English show, leg aids, arm and shoulder position, lead changes and having fun. Lorali has a wonderful sense of humor and makes it fun for all. Thank you Lorali, we all learned a lot.

Our professional and dedicated volunteers included Mike Bushue, Susan Jakubowski, Beverley Kane, Jenny Mize, Larry Pelzner, Sally Quellos, Karen Rowley-Shawback, and Photographer, Martha Greene. Check out www.smcha.org, go to the photo gallery. Martha's beautiful photos are available for purchase.



Congratulations to SMCHA's English High-Point Award Winners:

DIVISION	WON BY	RIDING
Short/Rusty Stirrup	Carolyn Deasey	Romeo
Beginner	Kelly Ferguson	Comedy
Junior	Alexandra Moffett	Lucas
Adult	Emily Brown	Arrow

We are so grateful to have wonderful sponsors and contributors for this show.

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- Larry Pelzner donated four "High Point" cash awards
- Carousel Saddlery, Portola Valley, provided four "High Point" gift certificates
- Portola Valley Feed provided Horse treats
- Western Saddlery, Pleasanton, provided the First Place "Goodie Buckets" teeming with grooming items

Contributors

- Shan Egan
- Chris Friis
- Gretchen King



To order or see more photos of the show and riders see martha-greene.smugmug.com or smcha.smugmug.com



To order or see more photos of the show and riders see martha-greene.smugmug.com or smcha.smugmug.com



Trail Obstacle Clinic

July 8, 2018 @ Webb Ranch

By Jenny Mize

Award-winning clinician Joan McLaren instructed and coached SMCHA's first Trail Obstacle Clinic.

This clinic allowed riders from many different disciplines and backgrounds to learn more about trail obstacles and how to guide their horses through the obstacles. Riders were not only able to maneuver their horses through an obstacle, but to do so in a manner that would catch a judge's attention in a positive way.

The morning session was limited to ten riders and worked on walking and trotting over specific obstacles. This session catered to riders of varying experience and allowed riders who had never tried this type of course to become comfortable working through such obstacles as a man-made bridge, and trot poles in different configurations. At the end of the morning session, each rider was able to create their own course made up of five self-chosen obstacles. As each individual rider was working their course, the other riders watched and cheered them on in total support.

After a short lunch break, the afternoon session began. Again with ten riders, the more seasoned riders were challenged on a wonderful course. Joan set the bar a bit higher. This session worked not only on walking and trotting, but also incorporated the lope into certain obstacles. These riders were challenged to push themselves and were able to learn while still having a great time.

From making new friends to learning new skills, all the while bonding with their horses, riders were able to learn in a structured and fun environment. Riders came to experience something new, and everyone seemed to have a great time. Stay tuned for another Trail Obstacle Clinic in the near future.



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The Miss California Rodeo Salinas Pageant Experience

July 16-19 2018

By Merilee Raynor

Miss San Mateo County Horsemen's Association

Gallons of hairspray and pounds of makeup kicked off every morning. From four in the morning to midnight, my hair could not move, my skin was painted, my clothes were ironed and bedazzled and I loved every second!

Beyond the sparkles, glitz and glamour, the Miss California Rodeo Salinas pageant tested the four contestants' equine and rodeo knowledge as well as our academic intelligence, personality, horsemanship and appearance. The strenuous four day process concluded with Thursday night's crowning of Miss Rodeo California Salinas Queen. This young woman's duty as Queen is to act as an ambassador not only for Salinas but the sport of rodeo for the next year.

In order to be standing in the famous Salinas Sport Complex arena which has seen some of the fiercest competition in the sport of rodeo for decades, every contestant had prepared for months. From finding the perfect evening gown, matching a cowboy hat to every outfit, and trying to learn more rodeo, news and general knowledge than anyone near her, each girl was prim and proper, and needed to be ready to gallop down the track at lightning speeds. And I did just that!

As Miss San Mateo County Horsemen's Association, I was honored to represent this organization that has not only fostered my equine crazed youth, but will continue to support my western heritage and lifestyle in the future. Through my involvement with San Mateo County Horsemen's Association, I have been fortunate to learn many skills from some of the best horsemen and women in the state. These skills helped me through the four days of competition and tribulations, and will continue to help me through my equine crazed adulthood. I will continue to always preach the importance of good horsemanship, and throughout every future competition, pageant, and event I participate in, the horsemanship skills I have learned in my hometown will persevere.





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Wildfire!

Are you ready to evacuate your horse in the event of a wildfire? Help keep your horse safe with these expert tips.

By Rebecca Gimenez, PhD



Summer is high fire season. If you live in an area at risk for wildfires, take action now to minimize a potential fire's impact on your horse and barn.

Summer is high fire season. A wildfire threatening your barn will lead to an evacuation order—and a lifesaving trailer trip for your horse. If you live in an area at risk for wildfires, follow these expert steps to minimize fire risk, prepare to evacuate, and react safely should a wildfire strike. (For more information, go to the checklist on page 7.)

Minimize Risk

Here's how to create defensible space and minimize the risk that a wildfire will put your stalled horse's life in danger.

- **Gather information.** Ask your insurer and local fire department personnel to walk through your barn to identify hazards and offer fire-risk-reduction suggestions.
- **Design for fire safety.** Design or retrofit your barn with fire safety in mind. Install open ventilation and frost-free hydrants. Create at least 33 yards of defensible space around *each structure* to allow fire crews to better protect your farm from falling cinders and direct flames. Invest in a fireproof roof, such as steel or tile, rather than one made from shake or composite material. (For best practices, go to the [Public Education](#) page of the National Fire Protection Association's website.)
- **Invest in a sprinkler system.** Install and maintain an automated sprinkler >>

system. Although the initial cost can be high, note that many insurance companies will cut premiums by as much as 50 percent if you have an automated sprinkler. It's also a depreciable expense.

- **Minimize fire fuel.** Store hay and bedding in a separate building, keep your barn clean and cobweb-free, and enforce a strict "no smoking" policy. Spray fire retardant to limit flame spread on existing wood surfaces.
- **Landscape with care.** Use *xeriscaping* (landscaping with drought-tolerant plants) and Firewise plants to reduce flammable vegetation around structures. (For more information, go to the [Firewise](#) page of the NFPA's website.) Avoid landscaping with "kindling," such as combustible mulch. Keep plants away from buildings.
- **Store water.** Store enough water to keep all horses hydrated should you lose power.
- **Consider alternate power sources.** Consider investing in generators or solar-powered sources to run pumps, appliances, and your sprinkler system in the event of a power loss.

Prepare to Evacuate

Make evacuation plans ahead of time. If disaster strikes, you'll save time and quite possibly your horse's life. Here are the steps to take now.

- **Plan evacuation transportation.** How many trailer spaces do you have available? If you pack that four-horse gooseneck trailer with four horses, where will you put your pets and human family members? Would you have to make two trips to get



PHOTO BY CLIXPHOTO.COM

Make sure everyone in your household knows the location of barn-fire response equipment, such as emergency phones, hoses, water sources, fire extinguishers, and heavy-duty cutters.

the other horses in your barn?

- **Train horses to load.** Train all horses on your property to load into the trailer, *no matter what*. Practice loading each horse alone. Practice when it's hot, when it's raining, and at night.
- **Identify short-term boarding.** Find an alternate place to board your horse during an evacuation, both in state and out of state.
- **Ready your rig.** Keep your truck fueled and hitched to your trailer with everything loaded, so you'll be ready to go within a few minutes of an evacuation warning.

• Know equipment location.

Make sure everyone in your household knows the location of barn-fire response equipment, such as emergency phones, hoses, water sources, fire extinguishers, and heavy-duty cutters.

• Develop an escape route.

Drive through every road in your neighborhood to identify escape routes. Keep in mind that officials may close off roads to enforce the evacuation order.

Do you have more than one way to safety? Keep printed maps in every vehicle for reference in an emergency.

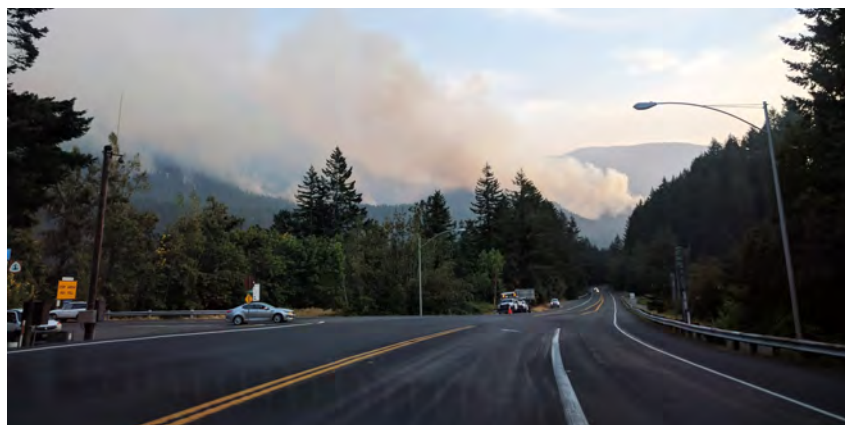
• Decide where to meet.

Choose in advance a place where everyone involved in your household and household will meet offsite, if you're evacuated.

- **Perform practice drills.** Post your evacuation plan, and practice it with surprise drills. Vary the time of day and drill requirements. Practice catching all the horses and loading them into the trailer. Haul out a few miles, and return.

React Safely

It's not necessarily flames that will force an evacuation, it's the thick



Drive through every road in your neighborhood to identify escape routes. Keep in mind that officials may close off roads to enforce the evacuation order.

black smoke filled with toxins. If flames are so close that they threaten your barn, windblown *cinders* (partially burned materials) will usually ignite a fire before the flame front actually gets to your property. These can be blown in from hundreds of yards or even miles away.

If you need to evacuate, follow these steps to help keep your household and household members safe.

- **Avoid synthetics.** Avoid synthetic (nylon or plastic) halters or lead ropes during a wildfire; they can melt, causing serious burns to horse or handler. Also avoid using nylon sheets, fly masks, and other synthetic tack or equipment. Very few horse-clothing items are fire retardant.
- **Provide water and forage.** If you have to evacuate, pack several days' worth of water and forage in your truck or trailer for each horse.



PHOTO BY REBECCA GIMENEZ

If flames are so close that they threaten your barn, windblown cinders will usually ignite a fire before the flame front actually gets to your property. Shown is a fence line after a wildfire blazed through.



Stay back, and let the firefighters work. Untrained people without respiratory protection, proper fire-protective clothing, and training should never enter burning or smoking barn structures or zones.

- **Microchip your horse.** Microchip each horse now, in case you become separated from them, even if they're at an evacuation facility. If you need to evacuate, affix on each horse's halter a luggage tag with the horse's name and your contact information. Prepare a luggage tag for each horse now.
- **Stay back.** Stay back, and let the firefighters work. Untrained people without respiratory protection, proper fire-protective clothing, and training should never enter burning or smoking barn structures or zones.
- **Shelter in place.** If you can't evacuate your horse in time, have a shelter-in-place plan. Don't leave your horse in your

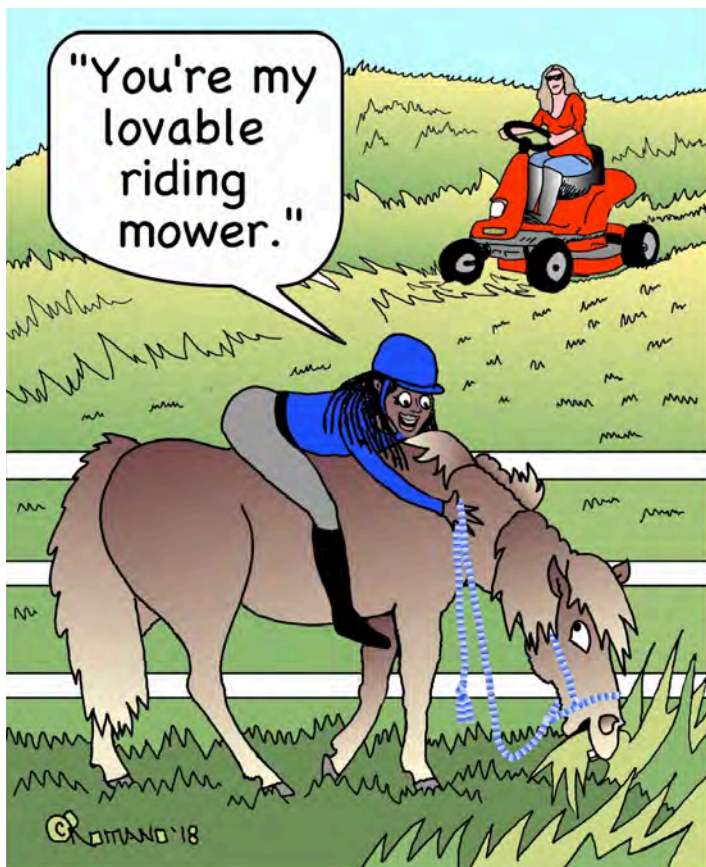
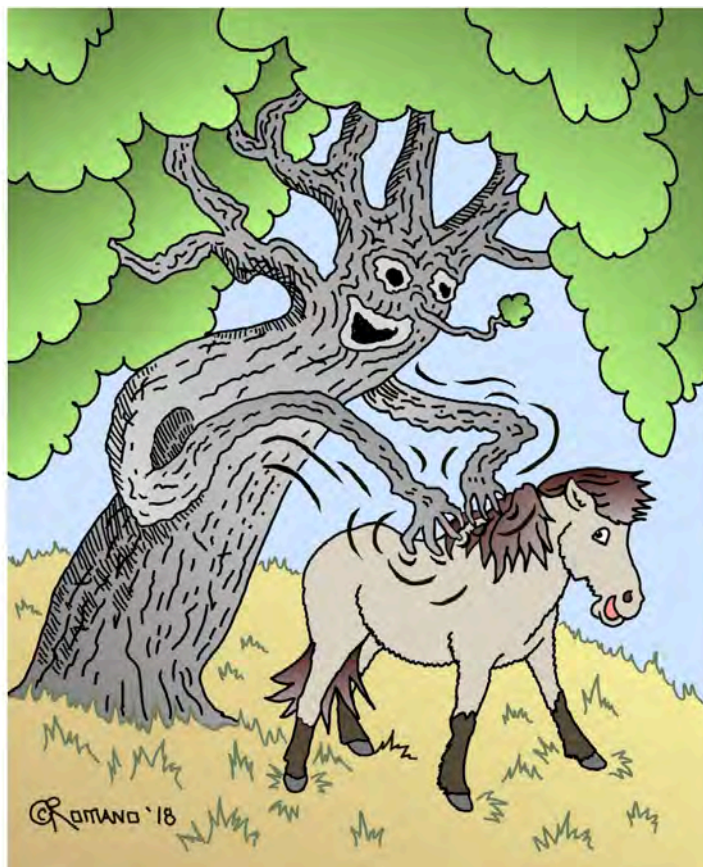
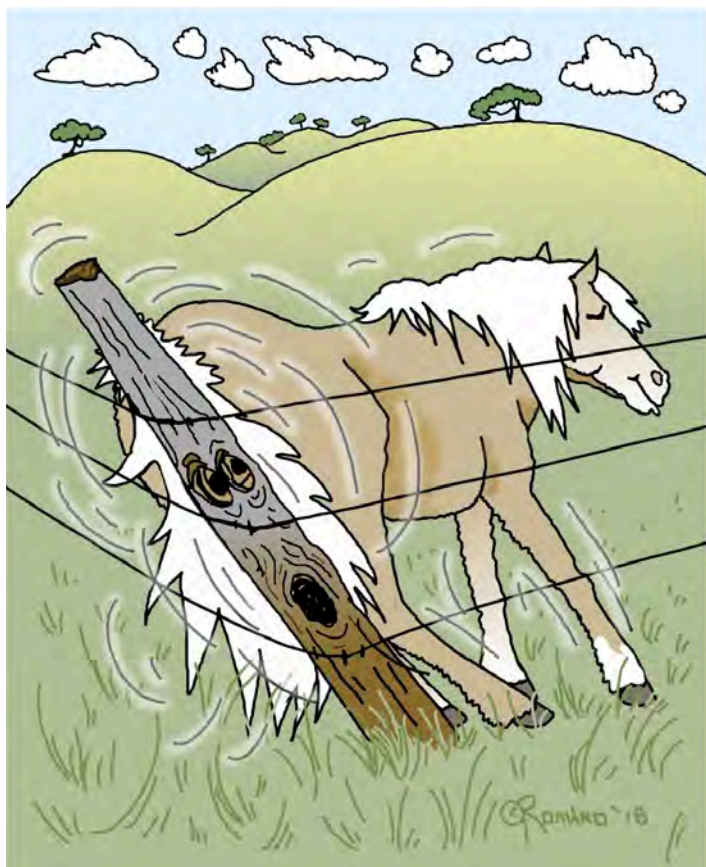
barn; house him in a pasture with all combustible vegetation removed or plowed under. Shelter-in-place measures are considered to be very dangerous and should only be used where there isn't time to evacuate your horse to a safer place.

- **Consult a veterinarian.** Immediately after the emergency situation has resolved, consult a veterinarian for aftercare in case your horse suffers airway complications from smoke and toxic fumes. Toxins released during burning can severely damage your horse's lungs and block the absorption of oxygen into the blood, causing asphyxiation. Flames don't need to be visible for this to occur. After a fire, your horse might appear medically stable for days, then crash with severe pneumonia. **USR**



Rebecca Gimenez, PhD (animal physiology), is president and a primary instructor for Technical Large Animal Emergency Rescue. A Major in the United States Army Reserve, she's a decorated Iraq War veteran and a past Logistics Officer for the American Veterinary Medical Association's Veterinary Medical Assistance Team. She's an invited lecturer on animal-rescue topics around the world and a noted equine journalist.

CARTOONS



EQUESTRIAN WEBSITES

Backcountry Horsemen of California - bchcalifornia.org

Bay Area Equestrian Network - bayequest.com

BLM Wild Horses & Burros - California - wildhorseandburro.blm.gov

California Dressage Society - california-dressage.org

California State Horsemen's Association (CSHA) - californiastatehorsemen.com

CSHA Region 6 - csharegion6.org

Horse Park at Woodside - horsepark.org

Horsensei - horsensei.com

Into the Light Horse Rescue and Sanctuary - intothelighthorserescueandsanctuaryinc

Jasper Ridge Farm - jasperridgefarm.org

Los Altos Hills Horsemen's Association - lahha.org

Los Viajeros Riding Club - losviajeros.org

Mounted Patrol of San Mateo County - mpsmc.org

National Center for Equine Facilitated Therapy (NCEFT) - nceft.org

San Mateo County Horsemen's Association - smcha.org

San Mateo County Sheriff's Mounted Search & Rescue - smcmsar.org

San Mateo County Parks Volunteer Horse Patrol - smcvhp.org

Santa Clara County Horsemen's Association - sccha.org

Santa Cruz County Horsemen's Association - sccha.wildapricot.org

The BOK Ranch - bokranch.org

The Square Peg Foundation - squarepegfoundation.org

Woodside-area Horse Owners' Association (WHOA) - whoa94062.org





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- 9 - Webb Ranch Open English Show (Combined Event)
- 13 - **SMCHA** BOD Meeting
- 16 - **SMCHA** Fall Riding Clinic, Mounted Patrol
- 22 - Webb Ranch Boarders, Show Series Awards Ceremony
- 22 - NCEFT's Gala
- 23 - **SMCHA** Fall Riding Clinic, Mounted Patrol
- 30 - **SMCHA** Fall Riding Clinic, Mounted Patrol
- TBD - Clarkia Trail Work Day

OCTOBER

5-7 - Los Viajeros Ride
6 - Jasper Ridge Farm's "Fun on the Farm Day" Fundraiser
7 - **SMCHA** Fall Riding Clinic & Potluck, Mounted Patrol
11 - **SMCHA** BOD Meeting
13 - Woodside Day of the Horse
12-13, 19-20 - Grand National Rodeo, San Francisco
21 - **SMCHA** Presidents' Ride
28 - **SMCHA** Halloween Play Day
TBD - **SMCHA** Holiday Greens Sale

NOVEMBER

4 - Los Viajeros Progressive Ride
8 - **SMCHA** BOD Meeting
17 - **SMCHA** General Meeting Chili Cookoff
& Holiday Boutique @ NCEFT

DECEMBER

9 - SMCHA Holiday Barn Party

JANUARY 2019

10 - **SMCHA** BOD Meeting
26 - **SMCHA** Installation Gala

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