

The San Mateo HORSEMAN



FALL 2003

— BEST OF LUCK —

Briarwood Equine Clinic

Gary E. Hanes, D.V.M.

Experienced • Caring • Dependable

*Providing Bay Area Horsemen with
Quality Care For 23 Years*



880 RUNNYMEDE ROAD, WOODSIDE, CALIFORNIA 94062 • 650-851-1569

GREEN TRUCK

DEBRIS BOX SERVICE

8 5 1 - 7 6 7 3

PO BOX 620196, WOODSIDE, CA 94062

OWNER: DOUG MOODY

We proudly provide residential & barn debris box service for the Woodside community. Box remains on site for continuous use. We schedule our trucks to fit our customer's pick-up requirements.

Please call for specific information and price quote. We haul yard, barn and general debris, but no wet garbage.

Inside

President's Message	1
NCEFT Poker Ride 2003	3
<i>By Summer Lopez</i>	
Summer Ride	5
Los Viajeros' Great Summer	6
<i>By Noel Moody</i>	
Jack Brook	7
Fire At Camp! Would You Be Ready To Evacuate? ..	8
<i>By Nancy Crowley McGrath</i>	
Fourth Of July	9
SMCHA Western Riding Clinic, Show, Dinner	10
SMCHA English Schooling Show	13
<i>By Noel Moody & Kathie Goddard</i>	
Open Western/English Show A Fabulous Success ..	15
<i>By Noel Moody & Kathie Goddard</i>	
Equestrian Trail Riders Action Committee Update ..	15
<i>By Ernst O. Meissner, Chairman, ETRAC</i>	
New Trail: Riding The Cahill And Fifield Ridges ..	16
<i>By Adda Quinn</i>	
Granite Chief Conquered	18
<i>By Scott Kennedy</i>	
Nancy Van Zwol	19
Polly Swinerton	19
Jean Brook Dunning	19
The Library Horse, Book Review	20
<i>By C. Romano</i>	
Becoming A Better Equestrian	20
Riding Disciplines Explained	21
2003 Wus Tevis Journal	23
<i>By Adda Quinn</i>	
Welcome New Members	27

Magazine: Tanya Rebarchik • **Mailing:** Linda Menon • **Advertising:** Libby Kurtz

Photos: Virginia Darrow, Sue Sheehan, Nancy Crowley-McGrath, Darcy McGrath, Adda Quinn and Summer Lopez

COVER

**Art Marshall, Western Riding Clinic
Scholarship Winner, Advanced Class
(Award presented by Virginia Darrow)**



PRESIDENT'S MESSAGE

Wow! This year has flown by. Indian summer is upon us and there is a nip in the air in the evenings. As the sun is setting earlier, I'm reminded my year as President is coming to a close.

I would like to thank all the Board of Directors for their time and energy to plan our programs and events. To all of you who pay your dues and attend our functions, thank you, too.

What a summer we had! Noel Moody and Kathie Goddard put on the English Schooling show at Webb ranch that was a huge success. The Noel/Kathie combination also managed the Nor-Cal show at the Mounted Patrol that was so successful that Pete Spence and I had to find places for rigs and cars to park because space was scarce. There were many others helping. I saw Bill Ashton and Doug Moody hefting jumps, Art Marshall and Aleta Reed were flipping burgers, and Marianna Daveggio was helping the office along with Ann Kirby. Maria Fonseca-Cole announced in the lower ring and Larry Pelzner kept the gate organized. Cheryl Basin helped our judges, and, we also had many generous sponsors for our classes. A big Thank You to all.

If you missed the NCEFT Poker Ride, you missed that we won with the Most Riders and Most Donations. Congratulations to us! We were just stunned by the support of our members. The other clubs will have a hard time getting back that trophy!

Well, we didn't beat the bees this year at the San Mateo County Fair. Every year they have the same booth and product and every year we put up a new display. This year we had a beautiful cart loaned to us by Bill Ashton as the theme centered around "wheels." How would the West have been settled without wheels and horses was our theme. Thanks to Pete Spence and his daughter and Bill for help with decorations. We came in second and we won in other ways—it is a fine tradition to participate in one's county fair and other folks get to find out about our organization.

The Jack Brook horse camp was a blast of fun. Chefs Eugene, Ann and Sue kept us well fed . . . and you have not lived right until you've had the world's best toasted marshmallows by Larry Rebarchik. I'm still in awe of my first Kahlua flavored gooey goodie. Food was not the only treat. Waking up in the early morning with the mist over the meadow and the sun outlining the horses is something I'll never forget. I don't think I'll ever forget a little raccoon that had wedged itself between my truck cab and truck bed at 3:00 a.m. with his little face and feet hanging over the slats looking at me. He was trying to get the apples I had brought for Chex. Pete Spence brought many of his friends from the ranch at Deer

San Mateo County Horsemen's Association 2003 Officers

PRESIDENT

Virginia Magliano-Darrow

1ST VICE PRESIDENT

Bill Ashton

2ND VICE PRESIDENT

Pete Spence

SECRETARY

Maria Fonseca-Cole

TREASURER

James Keeton

SERGEANT-AT-ARMS

Alan Schmidt

HISTORIAN

Nancy Crowley

REGISTRAR

Linda Menon

2003 Board of Directors

Bill Ashton

Cheryl Basin

Jini Berman

Pamela Bradley

Maria Fonseca-Cole

Nancy Crowley-McGrath

Virginia Magliano-Darrow

Gene Ericksen

Al & Sarah Filice

Kathie Goddard

Michelle Goodspeed

Carol Graves

Diane Hawks

Jim Keeton

Ann Kirby

Libby Kurtz

Linda Menon

Doug & Noel Moody

Larry Pelzner

Donna Poy

Stan & Denise Ramirez

Tanya Rebarchik

Karen Rowley-Shawback

Alan & Kathy Schmidt

Pete Spence

Sue Sheehan

Advertising & Subscription Rates

All remittances must be paid in advance.

Business Card:

\$25.00 per issue

\$80.00 per year (4 issues)

Camera Ready Ads:

1/4 page: \$50 per issue

\$160 per year

1/2 page: \$75 per issue

\$250 per year

Full Page: \$150 per issue

\$400 per year

Subscriptions:

Subscriptions are available for \$25 per calendar year which includes membership in the San Mateo County Horsemen's Association. Please fill out and mail in Membership application on the back page of this magazine.

We invite you to grow with this magazine by promoting your service or product. Please send your ad and your check to San Mateo County Horsemen's Association.

DEADLINE

**FOR ADS AND ARTICLES
for the Winter 2003 issue
is Dec. 15, 2003**



P.O. Box 620092

Woodside, CA 94062-0092

650-568-0145

Visit our website at www.smcha.org

The San Mateo HORSEMAN

Fall 2003

The official publication of
**San Mateo County
Horsemen's Association**

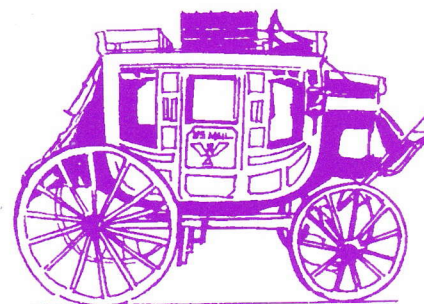
Published quarterly

January (Winter)

April (Spring)

July (Summer)

October (Fall)



MEMBERSHIP
Join SMCHA
Mail Application
Today!

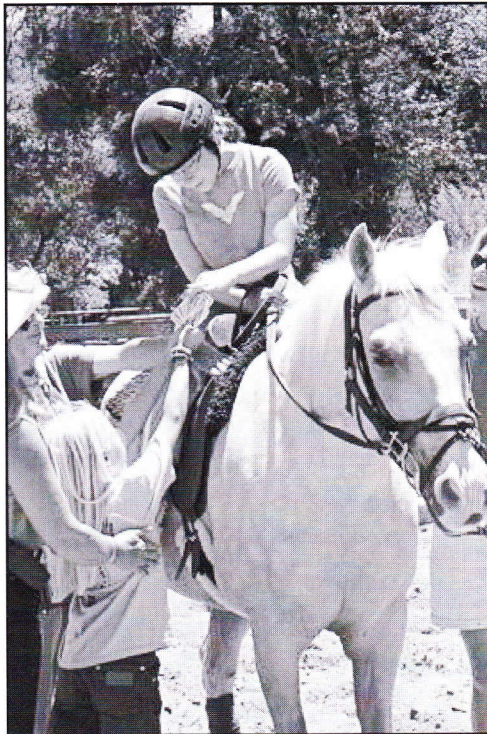
(Application on back cover)

No paid political or religious advertisements will be accepted; all articles submitted are subject to editing; all articles or items reprinted from another source must be cited as to source and permission to reprint; items or articles submitted for publication that are not printed will not be returned to the author or persons submitting them. Editing will be reviewed by a review committee of the President and two board members.

NCEFT POKER RIDE 2003

by Summer Lopez

Just when we thought the Poker Ride couldn't get any better, it most certainly did. On July 12, 138 riders gathered at the Mounted Patrol Grounds in Woodside for a day of fun and fundraising at the **9th Annual NCEFT Poker Ride-a-Thon**, presented by **Wells Fargo Bank**. When the dust settled, over \$54,000 had been raised for NCEFT's



Charlie Colby

unique therapy programs. This amount will provide partial scholarships to 20 disabled children for 1 year, as well as

success of this event is really due to community effort and teamwork. We are all part of the local equestrian community – a community that is greater than just the sum of its parts. NCEFT is proud to be a part of a community that has not once turned away from lending a helping hand to those in need.

Speaking of teamwork, this year's Club Challenge was really taken to heart by many local riders and associations/organizations. Word had it that the perennial champs, the *Mounted Patrol*, would be hard to beat as always. However, the *San Mateo County Horsemen's Association (SMCHA)* executed a last minute rally wherein SMCHA President Virginia Darrow called for members to rise to "THE SMCHA-KATHIE GODDARD-NCEFT POKER RIDE



SMCHA group

feed 2 therapy horses for 1 year—it will go a long, long way towards helping NCEFT to provide services to those in need.

During the awards and prize ceremony, special recognition was given to some riders who went the extra mile in raising funds this year. The top pledge earners were **Shayna Allison** (8 years old!), **Charlie Colby**, **Lynette Sonne**, **Al Filice**, **Kathie Goddard** and **Danine Summers** – between them, these 6 riders raised \$31,285!

Competition for the title of Top Pledge Earner Overall was very close this year with a difference of \$140 separating the top two riders. Young **Charlie Colby**, 2002's winner, raised \$12,060 this year, but was just edged out by **Al Filice** who raised \$12,200. This is another first for the Poker Ride – 2 riders bringing in more than \$10,000 each!

While special mention was made of the top pledge earners, kudos go out to every rider who participated, no matter how much they donated or raised, because the

CHALLENGE." As Virginia stated, "it's a big name for a big challenge for a gal (*Kathie Goddard*) with a big heart!" We couldn't have said it better, Virginia.

The challenge worked its magic as the SMCHA dethroned the Mounted Patrol to take home the perpetual Club Challenge trophy. Another notable top finisher was *Los Viajeros*, which designated the Poker Ride as their monthly ride and pulled together to raise \$2,910. As for riders that represented more informal groups or organizations, two riders from *JP Training* in Portola Valley raised a total of \$4,795.

The second part of the Club Challenge recognized the club that was represented by the most riders at the Poker Ride. While we recognize that many riders belong to more than one club, we ask them to select just one to represent for the ride. Again, this year's race was close with *Los Viajeros'* effort to rally its members to unseat 4-time winner *SMCHA*. While having 33 riders would have

won the challenge in any of the previous 4 challenge years, *Los Viajeros* fell just short to SMCHA's record 42 riders. Coming in third was the Mounted Patrol with 12 riders.



Virginia Darrow, Kathie Goddard, Al and Sarah Felice and Maddie and Max

In addition to money being raised, numerous local businesses and individuals donated terrific items for prizes and awards, most notably, our Grand Prize Sponsor, **Olsen Nolte Saddle Shop** in San Carlos, and our trophy buckle sponsor, **Kathie Goddard**. Every item that was donated was used either as a special award or as a poker hand prize. Over 40 riders took home poker hand prizes, with *Janet Dudley* taking home the honor of top poker hand with her royal straight flush.

Not only did SMCHA members ride, raise money for NCEFT, donate prizes & awards, but they also participated as event sponsors and volunteers, thus ensuring the smooth operation of the Poker Ride.

Larry Wohlford, DVM
Equine Medicine & Surgery
Equine Acupuncture
(415) 851-1214
2995 Woodside Rd., Suite 400—#372, Woodside, California 94062

Special thanks to the following event sponsors:

Wells Fargo Bank (Cheryl Basin) – Presenting Sponsor

Green Truck Debris Box Service (Doug & Noel Moody) – Registration Table Sponsor

Pelzner & Associates (Larry Pelzner) – Lunch Sponsor

STAR Physical Therapy (Rick Eagleston) – Card Stop Sponsor

Performance Horseshoeing – Card Stop Sponsor

Adam Suhr & Beth Lee – Card Stop Sponsor

Copymat – Printing Sponsor

Mounted Patrol – Facility Sponsor

Riders, sponsors, donors & volunteers: please accept NCEFT's heartfelt appreciation for your generosity in helping us to make a difference in the lives of so many special children – courageous children from NCEFT like *Huanshede* and *Charlie* who saddled up on July 12th to show us all what they can do. We could all take a lesson from them, couldn't we?

Fun Facts

Total Raised: \$54,000+

Number of riders: 138

51 riders raised \$100 or more

Top Pledge Earners

18 & Under Top rider: Charlie Colby \$12,060

Runner up: Shayna Allison \$320

19-44 Top rider: Al Filice \$12,200

Runner up: Lynette Sonne \$1,440

45 & over Top rider: Danine Summers \$3,110

Runner up: Kathie Goddard \$2,220

Club Challenge

Winner: SMCHA \$18,698

Second: Mounted Patrol \$13,120

Third: Los Viajeros \$2,910

Most Riders Award

Winner: SMCHA 42 riders

Second: Los Viajeros 33 riders

Third: Mounted Patrol 12 riders

SUMMER RIDE



Pete Spence and Gary Fuis



HAY • GRAIN • STRAW
TRUCKING & CATTLE

AZEVEDO FEED & TRUCKING

Wilbur Azevedo



Ranch (650) 726-6160
Home (650) 726-4690
Mobile (415) 608-9755

P.O. Box 3141
2415 S. Cabrillo Hwy.
Half Moon Bay
California 94019



"...not even spring water,
sparkling water from the
French alps?"



NOTES FROM NOEL LOS VIAJEROS' GREAT SUMMER

by Noel Moody

Los Viajeros is a trail riding club that goes to a different place the first Sunday of each month. Our year began with a wonderful opening ride at San Juan Bautista which ended with the club enjoying lunch at Jardin's Restaurant. Other rides were at Fort Ord, Olompali near Novato, and a weekend in Napa. However, the jewel of the summer riding was the Four Day Ride at Skillman Horse Park between Auburn and Grass Valley. Sixty two riders camped among tall pine trees and rode trails that were similar to the trails in Huddart Park. The Fowl Players produced another Oscar level production based on the movie "Chicago." Joyce Halprin was the director of this thespian event which was named "LV Jazz." There was a lot of popcorn throwing and cheers and hisses as the LV members sang and danced the different numbers. The following night Kitty Haddix put on the annual LV Raffle with great things to be won. This is the only fund raising event the club has and this year more than a thousand dollars was raised. It was a fabulous Four Day Ride.

Next was our ride to China Camp in San Rafael. We rode on the shores of the bay and had the ranger

explain the Chinese influence on this area. We observed the Chinese Junk which was being constructed in the traditional way. Of course we ate shrimp cocktails in honor of the Chinese fishermen who used to live there. We rode to the top of the hill where we observed the Golden Gate, Bay Bridge, and the Richmond-San Rafael all at the same time.

LV spent Labor Day at the Jack Brook Horse Camp in La Honda. Western Boot catered for the sixty plus riders. Everyone enjoyed the trails. I always look at the corners of the fire pit in sight one with the initials of LV, SMCHA, MPSMC, and SR, and I feel so very proud that these four groups were able to build this jewel of a horse camp. It is simply the best.

LV has two rides left. Our October ride will be at the Sheriff's Posse Grounds in Santa Cruz. We will ride Coe Park. Our last ride will be our traditional Progressive ride through Woodside where we ride from breakfast to lunch to dessert.

For information about Los Viajeros call Christine Wright at 650-747-9383 or Lyndall Erb at 650-728-1326.



President's Message, continued

Creek Road and we all had a great time trying to win any of the raffle goodies that Sue Sheehan organized for us. What more could a person want than a fabulous week with our best friends. Many thanks to our Ride Committee.

It has been reported in the news that the WEST NILE VIRUS HAS ENTERED CALIFORNIA. I urge you to contact your veterinarian for vaccinations and follow up booster. I was amazed to hear an ad on

the radio regarding the seriousness of the consequences of neglecting to do so.

By the time you read this column, we will have had a Polo Exhibition for our General Meeting, The President's Ride at Hidden Villa and Opening Night at the Cow Palace. This year, Nan Daley has turned the Juniors

over to Pete Spence and he is preparing a color-guard team to compete and ride in Opening Night. I hope you didn't miss this. Opening Night at the Cow Palace where all the different horse associations ride into the ring and our National Anthem is played is just thrilling to experience. To me, it is breath taking to see all the different types of horses standing with our flags.

If you are interested in joining our Board of Directors, please contact me or any of the Board Members and we will be happy to give you information regarding the duties and responsibilities.

I hope to see you at our Installation Dinner and Kick-Off-the-New -Year Party, January 10, 2004.

It has been a privilege to serve as 2003 President of SMCHA and I wish you many happy trails.

Virginia Darrow

JACK BROOK

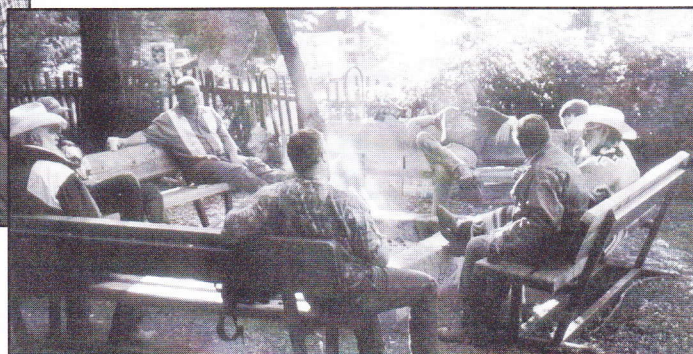
A great time was had by all who came camping at Jack Brook Horse Camp July 23-27. The weather was fabulous and warm, with no fog in sight, but the nights were just cool enough for a roaring campfire and some yummy roasted marshmallows and s'mores created (mostly) by Larry Rebarchik. Pete Spence showed up with his group of 17 friends from Page Mill Pastures, some of whom were first timers at Jack Brook. We even gained some new members—welcome !

A special thanks goes to Chef Gene Ericksen and Ann Farris, and to Larry Rebarchik who provided some much-needed assistance for Saturday night's wonderful BBQ dinner.



Our traditional raffle had some excellent prizes thanks to Sue Sheehan who rounded up donations from local businesses such as 4-C's Hay and Feed, Pastorino's Hay, Robert's of Woodside and Dean's Feed.

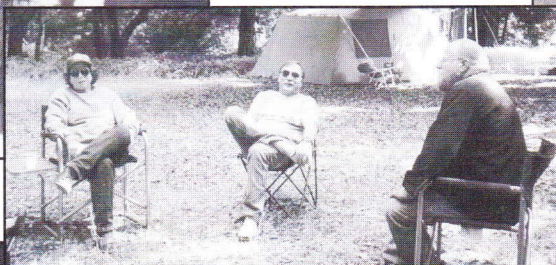
We're already looking forward to next year!



Ann Farris, Pete Spence
and Gene Ericksen



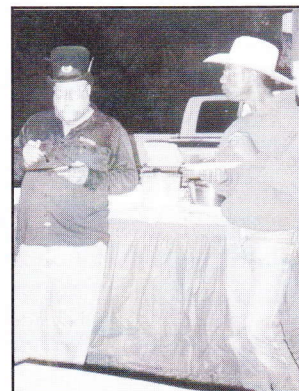
The Group from Page Mill Pastures



Larry Rebarchik
and Rick Payne



Chef Gene and Cliff



FIRE AT CAMP! WOULD YOU BE READY TO EVACUATE?

By Nancy Crowley McGrath

Indian summer can be such a wonderful time of year. The days are getting shorter and the mornings a little cooler but there is still plenty of warm weather and fogless days left for good riding and camping. Maybe too warm sometimes. With that last burst of summer always comes the increased risk of fire. The grass and brush is extremely dry and highly combustible.

I was at Jack Brook Horse Camp in Sam MacDonald Park on a typical Indian summer weekend in September. Performing one of my duties as Volunteer Horse Patrol, I was the Camp Host on a weekend that was so hot that when a breeze blew by it felt like someone had opened the oven door!

When I arrived I commented to my fellow campers about the High Fire Danger warning that had been posted. As there is only one road in and out of camp, would we be ready to move out fast if we had to? Little did I know I would have an answer before the weekend was over.

Sunday morning was hot, the hottest so far. My friends had gone on a ride while I choose to stay in camp. A few of the other campers were in camp planning on leaving in the early afternoon and some others had already gone out on their last ride of the weekend before heading home.

About 12:30 I heard the first call over the radio from a ranger up at Shaw Flat. There was no mistaking his words... "Fire at Shaw Flat Camp, out of emergency water, flames up redwood trees 30 feet high." The Park emergency system moved quickly into action. I heard the calls for fire engines and personnel to get the equipment to the site.

Almost immediately I was called by the ranger at the Memorial Base to prepare to evacuate the Horse Camp. The fire was several miles away but fire can move fast and we would have to be ready to go if it came our direction. I was very glad I had made the decision to stay in camp that morning.

While hearing the first round of sirens, I went and spoke to each group of campers and explained we weren't evacuated yet but it would be wise to pack up now and be ready. The riders that were out on trail couldn't be reached but their friends that had remained in camp volunteered to pack up their gear in addition to their own.

By then my friend Kathie and my husband Gary, who is also a VHP, were back from their ride. Several of the

groups were ready to go and left on the correct window.* By the time the ranger called again to alert us that we may be evacuated shortly, we had a plan in place to get rigs out no matter what time the clock read.

Gary headed out to the gate to stop any incoming traffic and radioed back to me when the coast was clear. I was back in camp getting rigs out when we knew the road was safe.

There were not any horses in camp besides ours and another whose owner was there with us anxiously awaiting any news. The rigs of the riders still out were packed so they could be ready to go upon their return. The CDF helicopters flew directly over us and we heard five different sirens head up the hill.

Thankfully, after a few uncertain hours, the fire was contained. We had come close to an emergency evacuation of camp but in the end we had not had to. It was a good learning experience and it got me thinking of what we should all consider when we camp with our horses and how to be prepared for an emergency.

Here are some suggestions:

- 1) Most important, remain calm and avoid panic. It only makes a trying situation harder.
- 2) Always have a halter and lead rope hanging on or near your horses corral or tie line.
- 3) Consider adding name tags to your horses halter.
- 4) Store photographs and copy of registration papers at home in case your horse is evacuated to a place where you will need to identify him to claim him.
- 5) Whenever possible, keep your truck and trailer connected and pointed towards the exit. Every second may count.
- 6) In the case of a fire evacuation, time and teamwork are of the utmost importance.

There is much more information on the web about fire safety and horses. I found many articles on how to make your barn fire safe as well as places to evacuate horses to. For more information on the Volunteer Horse Patrol, contact Rob Krensky at 650-368-8200.

**Editor's note: the "window" the author is talking about is the time span in which vehicles are allowed to exit/enter the Jack Brook Horse Camp on the narrow one-way road—enter on the hour, exit on the half hour, in order to avoid meeting on the road.*

FOURTH OF JULY

Color Guard



Noel Moody and Virginia Darrow



Gary McGrath and Rosie

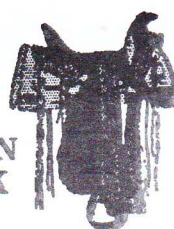


Kathi Dancer and kids with Maggie Constantino

CHEATUM'S
OLD WESTERN
SADDLES & TACK

BOUGHT • SOLD • REPAIRED

3403 Pacific Blvd.
San Mateo, CA 94403



Rob Cheatum
650 / 349-3891

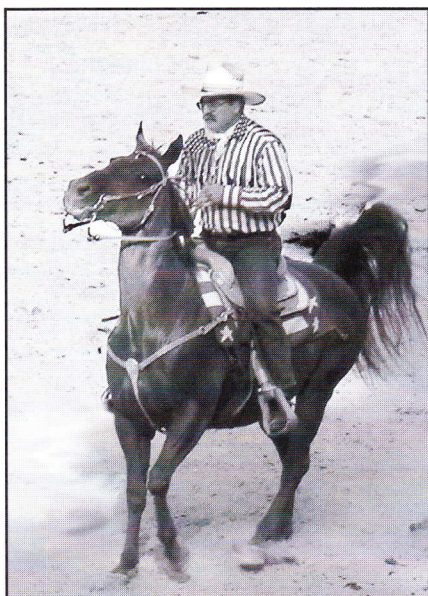


**Critter
Comforts**

Tanya Rebarchik
trebar@hamilton.com

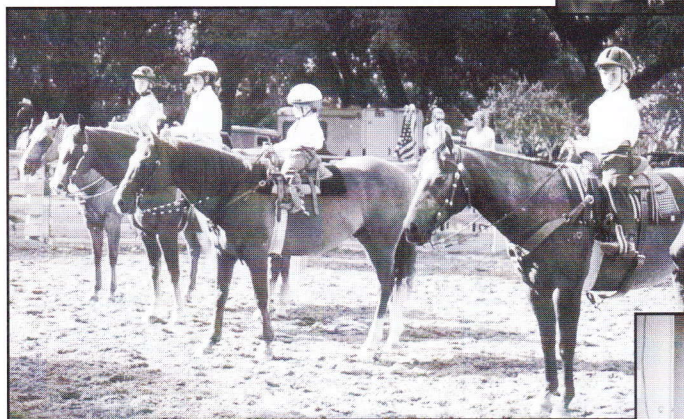
- Dog grooming
(pick-up & delivery)
- Horse Care
- Custom Pet Services

(650) 367-9773 - home
(650) 867-2987 - cell
(650) 364 1524 - fax



We especially want to thank the crew who helped to serve the dinner. It was a wonderful event and a great success.

Clown Mike Hertert



Junior Class



Nancy Brown



Bob Reid

Doug Moody and Sabina Andreini watch our judges



Instructor Nan Krieger and Scholarship winner Dr. Ray Kelly

WESTERN RIDING CLINIC & HORSE SHOW & DINNER, continued



Dinner Time!

Georgette and
Frank GoffOur
serving
crew led
by Eileen
Borzone
and Lisa
Dixon

Three cheers for the cooks—Cajun BBQ



Karen Shawback



Advanced Class winner, Zach Mustaine

SMCHA ENGLISH SCHOOLING SHOW

by Noel Moody & Kathie Goddard

What a year! The English Schooling certainly helped to make it a winner. Webb Ranch was sparkling with its new jumps painted in vibrant colors. Pam Russell-Daly laid out wonderful courses which featured low jump classes.

Forty six horses competed in the flat classes in the morning and in the jumping classes in the afternoon. Sable Myers judged and Cheryl Basin served as ring steward. All classes were large and everyone seemed to

be really enjoying themselves. The show was designed for local

riders of beginning and intermediate level. For some it was their first in the showing. They were all having such a good time that several parents kept returning to sign up for "just one more class."

Larry Pelzner did a great job as back gate person & made sure everyone was ready to show. Kathie Goddard, & Ann Kirby worked the desk. While Noel Moody made announcements. We would also like to thank Art Marshall and Marianna Daveggio for providing a wonderful lunch.

High Point winners were:

Adult: Alison Allrich on No More Goodbyes

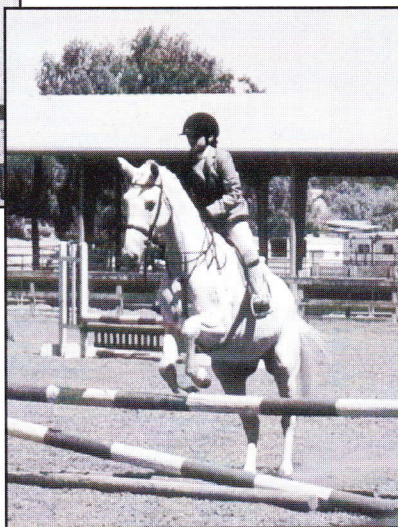
Junior: Meredith Allison on Snickerdoodle

Beginner: Kristi McBaine on Out 'n' About

Rusty Stirrup: Amanda Hedges on Reco



Up, up and away!



Cheryl Basin and Judge Sable Myers

High Point Winner Alison Allrich and her horse No More Goodbyes





PASTORINO HAY & RANCH SUPPLY, INC.

"PERFORMANCE HORSE QUALITY"

Oat • Alfalfa • Grass/Alfalfa
Timothy • Grass • Straw • Shavings

FREE DELIVERY (650) 726-6155

921 MIRAMONTES STREET
HALF MOON BAY, CA 94019

WAYNE & DANA PASTORINO



CUSTOM COVERS

by Cheryl

EQUESTRIAN LAUNDRY SERVICE

We offer complete cleaning, repair and alterations of blankets, sheets, coolers, pads, polos, leg wraps and trunk covers

In addition, we offer monogramming or embroidery for you to ID or personalize your items, new or used

Call for more information

PH/FAX (650) 726-9141

11850 San Mateo Road
Half Moon Bay, CA 94029



DEANS ANIMAL FEEDS

403 Quarry Road
San Carlos
800-675-1425

Purina Chows for all animals

Equine Senior
Equine Junior
Equine Adult (new)
Omolene
Horse Chow
Pure Pride

All-In-One
TDI 16
Oats
Barley
Bran
Shavings

Purina! Your Horse Deserves It

Open Monday to Friday
8:30 to 4:30

SMCHA Jackets
and T-shirts!

Jackets:	Adult	\$35
	Kids'	\$30
T-shirts:		\$15

Available by calling Ann Kirby,
650-851-9543

Visit our website:

WWW.SMCHA.ORG

Support Our Advertisers

OPEN WESTERN/ENGLISH SHOW A FABULOUS SUCCESS

by Noel Moody & Kathie Goddard

Trailers started arriving a little after 6:00 A.M.; they kept coming, and coming until every parking space at the mounted Patrol Grounds filled. The Open Western/English Horse Show was a huge success just like thirty years ago. The halter class had sixteen entries, Bigger than the Grand National. The Western Pleasure classes and the Trail Horse classes were large while the English Division was gigantic. The Reining Division averaged fourteen in each class. It was the largest show we have had for the last twelve years. One hundred and six horses competed. The show did not end until 8:30 P.M. at night. We even ran out of food twice and had to scurry down to Roberts to save the day.

Kathy Hansen judged the Trail Horse, Lead Line, Showmanship, and Halter Divisions in the lower arena. In the upper arena, Chris Bugenig judged the Reining, Western Pleasure, Western Equitation, and English Divisions. It was a fabulous show.

SMCHA again awarded Gist silver buckles to the winners of the "Never Won a Buckle" classes in Trail Horse, Reining, Western Pleasure, English Equitation, Western Equitation, Halter class and Showmanship. We thank the sponsors once more for making these classes possible.

Carol Goodstein of Springdown Equestrian Center was kind enough to loan us her jumps and design the courses. She

also brought them over along with a crew to set them up. Bill Ashton also brought two helpers to set things up. Mike Tuite loaned us the poles for the trail course. Donny Duncan watered the grounds and Dave Burlingame got the rings in shape. Off The Beaten Path provided the Digital Photography for the day.

Doug Moody and Delbert Tullos thought they were going riding that day. Doug and Delbert both ended up being our ring crew management for the day. Without these two, the jumps would have never left the arena. They never did get to ride, but instead spent in for the entire day making sure the arenas were ready. Thank you!

On the day of the show, Larry Pelzner worked the gate, Cheryl Basin served as Ring Steward, B. J. MacLellan, Liana Morris, Lynette Sonne, Ann Kirby & Kathie Goddard was in charge of the desk. Marianna Daveggio, Carol Graves, & Maria Fonseca-Cole announced. Art Marshall was chief chef while Aleta Reed, Bev Schumann, and Denise Sandell assisted. Noel Moody and Kathie Goddard managed the show. Deanna Tanner and her daughter, Michelle handed out ribbons.

Most of all, we thank our class and buckle sponsors, along with all our volunteers. They made the whole thing possible.

EQUESTRIAN TRAIL RIDERS ACTION COMMITTEE (ETRAC) UPDATE

By Ernst O. Meissner, Chairman, ETRAC

We are in the process of developing a list of key contacts in all the major governmental agencies that create, maintain, or control trails on public lands. A letter to introduce ETRAC and to explain our purpose will be sent to these individuals to establish relationships.

There are several trails issues with high priorities on the ETRAC projects list:

Reopening of Windy Ridge Trail into Phleger

San Mateo County's plans to build a bridge for equestrians across West Union Creek into Huddar Park. That will affect the Windy Ridge Trail, Crystal Springs Trail, and Flood Trail. More details on this later.

Skyline Trail extension on the East side of Skyline Boule-

vard from the Kings Mountain fire station to the north parking lot of Purisima Creek Redwoods Open Space Preserve. This is a long-term project, and I will post occasional updates.

The equestrian-horse survey for San Mateo County. Information is still coming in; results will be published when ready.

If you have any trails-related concerns, questions, or information, please contact your equestrian organization (i.e. SMCHA) or contact ETRAC directly at 325-0479.

I hope you all had a great summer, and I hope to see many of you on the trails this fall.

NEW TRAIL: RIDING THE CAHILL AND FIFIELD RIDGES

By the Trail Nag, Adda Quinn

On August 21, 2003 the Fifield and Cahill Ridge Road, part of the Bay Area Ridge Trail, was open to limited public access in a ribbon cutting luncheon ceremony sponsored by the Bay Area Ridge Trail and the SF Water Department.



SF Supvr Tom Ammiano, Ridge Trail Director Holly van Houten, Mayor Willie Brown and PUC Chair Normandy cutting ribbon to open Fifield and Cahill Ridge Trail

Docent-led equestrian rides, bike rides and hikes are now available three days each week in the San Francisco Watershed thanks to the Bay Area Ridge Trail which fought for this access for over eight year. These tours will initially alternate user groups between the days (see schedule below for horses). 2-3 docents will accompany 17-18 riders for a maximum of 20 riders per day. The route is a hard packed dirt service road along the Cahill Ridge 4 miles up and back at the moment. This will be 2.5-3 hour ride with lunch stop. Many thanks to the 14 equestrians who have taken the training so far which will allow others this wonderful riding opportunity. This road will be a wonderful winter riding route for horses, of which we don't have enough!

Rick DeBenedetti of WTC, MPSMC and MSAR, Ernst Meissner of ETRAC, SMCHA and VHP, Rob Krensky of LV, VHP and MSAR, Lyndall Erb of LV, VHP and CHC, Jeanne Carley of VHP (our official photographer) and Adda Quinn of SMCHA. MROSD and CATAAC were at the opening day festivities.

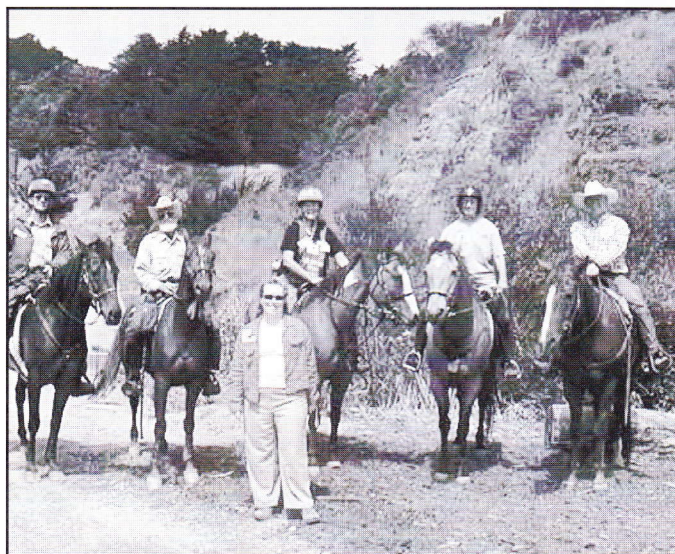
As soon as the Water Department completes work on the Fifield Ridge required by the California Department of Fish and Game, we will have access to the full 9.5 miles of road up to the Portola Gate. Once this occurs, a wonderful through-ride will be possible by dropping horses at the quarry, moving rigs to Pacifica, returning, then riding to the rigs over about 13 miles of rolling hills with fabulous views of the ocean and bay simultaneously. Crab sandwiches at Nick's anyone?

In order to ride in the Watershed riders must carry water for themselves, and clean both their boots and horses hooves with water or dilute Clorox and a wire brush prior to the ride out to prevent the spread of Sudden Oak Death fungus and weed seeds. A minimum of two docents are REQUIRED for each outing. If only two docents are available, in the event someone must turn back, the entire group must turn back. If there are three docents, the third may escort the person / horse with the problem back. So the point is that once you commit to these rides, it is a full commitment. No wussing out midstream to go get a manicure or take the car into the shop.

Initially, equestrian access will be as follows:

SEPTEMBER	2003	RIDE tours will be Wednesdays
OCTOBER	2003	RIDE tours will be Saturdays
NOVEMBER	2003	RIDE tours will be Sundays
DECEMBER	2003	RIDE tours will be Wednesdays

Go to the website www.sfwater.org then click on the butterfly which takes you to Fifield Cahill page—go to



the bottom, register yourself as a new user—enter a password and reserve the number of spots (up to 5) for the event. Only 3 docents will be acknowledged for each ride day. All other docents who might like to ride on days already subscribed to previously by docents must reserve a spot through the website like everyone else!

Enter at the quarry gate off of Highway 92 west bound about a mile from the bridge over the reservoir. (If you are coming from Half Moon Bay, pass the quarry on your left and continue to either the light at 35 or light at Canada, make turn, then make a U turn back to 92 west. This will allow you to enter the quarry by turning right.) After you pass the first watershed gate near the lake, continue up the hill until you see an emergency phone box. The gate to the quarry is just before that box. Just past the gate is a turnout for trucks to use. You might want to check it out before you bring a rig in. Docents must get there early to open this gate and lock it after everyone comes in and leaves. The quarry is huge so there will be no difficulty parking rigs, but you can't be sitting out on 92 waiting for gate to be opened, so specific instructions or meeting arrangements must be obtained from the docent prior to your arrival.

While 14 docents out of 40 may sound like a lot, with the busy schedules that everyone has these days, we

really need more docents. The training is fast and simple. Two hours in the office with a two hour field trip same day. Free first aid and CPR classes will be available at later dates for those interested. To apply go to http://sfwater.org/detail.cfm/MC_ID/4/MSC_ID/68/MTO_ID/121/C_ID/1569

Many thanks for considering this. You are not expected to do more than simply lead rides, so no special skills beyond equitation are needed. Like any new program, there are a lot of initial glitches that we will need to work through with Karen Rodriguez, the SF Water Department Coordinator for this access. Several issues have already been identified. SFWD will be meeting with horsemen about our special needs in the near future. We look forward to this positive interaction to make this the best program possible.

Articles on the event can be found at

SAN FRANCISCO CHRONICLE
<http://www.sfgate.com/cgi-bin/article.cgi?file=/chronicle/archive/2003/08/21/MN302356.DTL>

SAN JOSE MERCURY NEWS
<http://www.bayarea.com/mld/mercurynews/news/local/6582999.htm>

SAN MATEO COUNTY TIMES
www.sanmateocountytimes.com/Stories/0,1413,87%257E11268%257E1583064,00.html

SAN MATEO DAILY JOURNAL
www.smdailyjournal.com/article.cfm?issue=08-21-03&storyID=24621



The crowd of spectators listened to speeches opening the watershed



DIVERSIFIED CAPITAL
FUNDING

M J MILLER
Senior Loan Officer

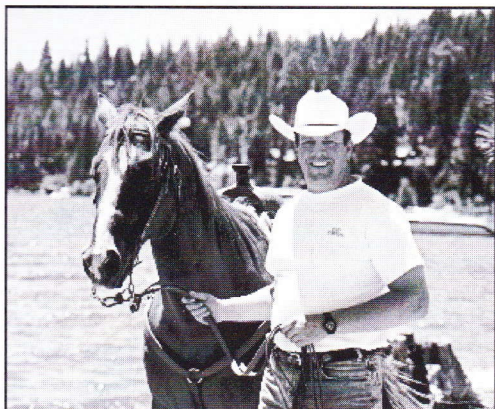
30 WHITNEY STREET
LOS ALTOS, CA 94022
BUS: (650) 917-6688 • BUS: (888) 785-3863
FAX: (650) 917-6685 • CELL: (650) 722-1180
E-MAIL: mjm@divcap.net

GRANITE CHIEF CONQUERED

By Scott
Kennedy

Today my horse and I conquered Granite Chief high atop and west of Squaw Valley. I had looked at that peak on the topo map for quite some time . . .

finally said, "I'm gonna take you!"



This one didn't come easy—several weeks ago we (my horse and I) attempted Granite Chief (alt. 9,006 ft.) via the Pacific Crest Trail, starting from Sugar Bowl atop Donner Summit. After 10 miles on horseback at high altitude and achieving Anderson Peak, Tinker's Knob, and the valley between Tinker's Knob and Granite Chief, my horse began stumbling and showing signs of fatigue sufficient enough to call it quits and turn back. We were within 1 mile of Granite Chief. Nevertheless we achieved a 19 mile round trip at over 8,500 ft.

This Sunday morning we tried again. We trailered to the Squaw Valley Fire Station, base altitude of 6,200 ft. We found the Granite Chief Trail just to the right of the Squaw Valley Fire Station and began our ascent at 8:30 am.

The Trail was very tough for a horse, notwithstanding humans. I was surprised we made it. Aside from the 2,700 ft. vertical ascent , the trail included a lot of granite slab with high narrow steps - it made me very concerned that any slip on the granite slab would mean a fall of my horse and a fatal disaster. As we ascended to the top over the massive granite slabs, I not only kept my feet on the edge of the saddle's stirrups ready for a quick dismount, but also kept thinking of how I would jump off in an instant, and the deal with the aftermath of my horse's slipping and falling down the steep crevasses of the granite wilderness.

As we achieved more altitude, my horse would stop more often on the trail without notice—I would let him take his time to catch his breath for I know the air was thin and wanted to avoid his hyperventilation an fatigue.

At 10:30 am we reached the intersection of the Granite Chief Trail and the Pacific Crest Trail. A couple of hikers were there at the intersection resting. They said they

started from Donner Pass at 6:45 am. When I came upon them I joked that I had

come this far in hopes of meeting several female hikers in search of a male - they said they too had the same fantasy, but only to meet me . . .

We departed—they down the Granite Chief Trail, and I onward to Granite Chief and the ultimate top overlooking all of Squaw Valley. The air was thin and my horse would again stop every minute or so just to catch his breath. After another 30 minutes we were at 8,400 ft. and right next to Granite Chief. Mission accomplished. There was a

trail off to the left to the top of Squaw Valley summit and we took that route. My horse could now only walk ten steps and then pause for a rest. He was exhausted. We



also started to encounter winds gusting at 30-40 mph. I got off my horse and walked in front of him up the remaining 300 ft.



We finally reached the top of the highest Squaw Valley ski lifts overlooking everything at 8,700 ft. I took panorama photography shots of the 360 degree view. The wind was blowing so hard I lost my hat in the wind several times and finally had to take it off and hold it close to me. A couple more trail hikers were nearby at the summit and waved.

Eagles or hawks flew from nearby trees. We could have gone higher yet.

My horse and I then began a 1 1/2 hour descent down the ski trails to the base camp of Squaw Valley, then back to the truck and horse trailer next to the fire station.

This summer we have achieved several Donner Summit high country objectives - Castle Peak, Anderson Peak, Tinker's Knob, Mt. Judah Loop , and now Granite Chief. We're not done . . . there's still more . . .

NANCY VAN ZWOL

By Noel Moody



SMCHA was saddened by the passing of Nancy Van Zwol August 6, 2003 after a lengthy battle with ovarian cancer. Nancy was a long time SMCHA member who served numerous years on the board. She was in charge of the English Show for many years. When she no longer ran the show she offered

her expertise to Noel Moody and the horse show committee. It was because of Nancy the English

Show has offered classes and judges that attract so many local riders. She also loaned SMCHA her jumps and through her we were able to have Pam Russell-Daly as our course designer.

At her Shoestring Farm located at Portola Pastures in Menlo Park, Nancy started many riders and horses on their equestrian careers. She had a gift to make students enthusiastic and to love horses so that they looked forward to tomorrow's ride. She could also bring horses around that others had given up on with her kindness and softness. She was truly an outstanding instructor and trainer. However, it is herself that we will miss the most.

POLLY SWINERTON

Mrs. W.A. Swinerton, known to most as Polly, passed away Monday at her Woodside home. She was involved for many years in all the local horse organizations and judged many local shows as well as being the founder of the Woodside Pony show that was an institution through the seventies and eighties. Mrs. Swinerton raised Welsh Ponies and is almost single-handedly responsible for the popularity of fine ponies for children in this area.



JEAN BROOK DUNNING

Jean Brook Dunning passed away August 19, 2003. She was the widow of Jack Brook for whom the horse camp is named. She later married Richard A. Dunning and lived in Penryn, California. Jean was an avid horsewoman and an accomplished musician. She sang with the West Bay Opera, the Peninsula Singers, and toured Europe twice with the Canada Choir. She was also choir director of her church. Jean also organized and directed the Auburn Lake Trails singing group known as the Wiffen Bells. She taught voice and piano and served as President of the Placer County Chapter, Music Teachers Association of California.

Jean is survived by three children, sixteen grandchildren, and four great grandchildren as well as her husband, Richard A. Dunning.

THE LIBRARY HORSE, BOOK REVIEW

by C. Romano

There are many informational books in the San Mateo Library System devoted to your horse's health and your riding skills. Horse Nutrition - a practical guide, by Harold F. Hintz Ph.D.. (ISBN 0-668-05416-6, 1983, Arco Publishing) is in the Woodside Library, but can be requested at your local SMC branch.

If you ever wondered about loco weed or the vitamins, minerals and proteins in different grasses, this is the book for you. Dr. Hintz carefully explains the following: the history of feeding the horse, the digestive system, nutrients, feeds, feeding programs, and metabolic problems.

Selenium poisoning is a concern for any of us who may venture away from the coast, in to western high desert country. Dr. Hintz gives a detailed map of where soils high in selenium may be found, with the associate plants like loco weed. He mentions that Custer's last stand might not have occurred if Reno's stock had not gotten into locoweed, making for sore footed mules and horses, thus slow going for his men trying to rendezvous with Custer.

He mentions one humorous study that was conducted on ponies "We have feed pelleted diets containing 25 percent computer paper or ground corrugated paper boxes to horses...they contained a high level of digestible cellulose. Of course, not just any old paper can be fed. Newspaper has a lot of ink...glossy magazines contain a high level of clay. We fed Playboy magazines to ponies but found that the magazine was 30 percent dirt and indigestible!"

Another humorous passage is when he discusses alcohol and horses. (SMCHA and the author are not recommending boozing it up with your hoss.) Apparently, in Roman times wine was given to horses to fatten them up and in the 1800's a pint of whiskey or brandy was given before a race. "I am not aware of any controlled studies on the benefits of alcoholic beverages for horses, but four six-packs of Black Horse ale or one quart of White Horse Whiskey could

theoretically provide about one quarter of the energy required to maintain a horse." He adds "...in studies at Cornell and Rutgers, horses appeared to oxidize or remove alcohol from the blood stream at a slower rate than man. So, watch your horse carefully when he noses around your liquor cabinet, and don't play him slow-tempo country

music. A report in the Journal of Studies on Alcohol indicated that people tend to drink more when listening to slow-tempo country music, and why should horses be any different?"

See next issue for more . . .

TOP TEN EXERCISES FOR BECOMING A BETTER EQUESTRIAN

(from the internet)

10. Drop a heavy steel object on your foot. Don't pick it up right away. Shout, "Get off! Move! Get off!"
9. Leap out of a moving vehicle & practice 'relaxing into the fall'. Roll lithely into a ball & spring to your feet. Shout "I'm ok!" & smile.
8. Learn to grab your checkbook & write out a \$200 check without expression.
7. Jog a long distance carrying a halter & a carrot. Go ahead, tell the neighbors what you're doing. They may as well know now.
6. Affix a pair of reins to a moving freight train & practice pulling it to a halt. Smile & wave as if you're having fun.
5. Hone your fibbing (diplomacy) skills: "I'm really glad your lucky performance & multimillion dollar horse won the class. I am just thankful that my hard work & actual ability won me second place."
4. Practice dialing your chiropractor's number with both arms paralyzed to the shoulder & one foot anchoring the lead rope of a frisky horse.
3. Borrow the Army's slogan: 'Be All That You Can Be'; bitten, thrown, kicked, slimed, trampled, frozen...
2. Lie face down in a puddle of mud in your most expensive riding clothes & repeat to yourself, "This is a learning experience, this is a..."
1. MARRY MONEY!



CAROL GRAVES
Realtor



CASHIN COMPANY

Office (650) 403-1266
Cell (650) 888-5032
E-mail: cgraves@cashin.com
1412 Chapin Ave.
Burlingame, CA 94010

RIDING DISCIPLINES EXPLAINED

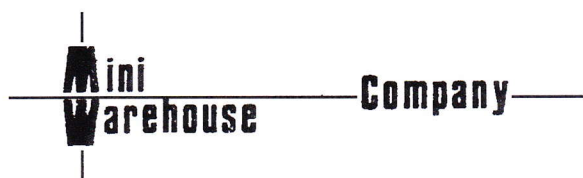
The backyard rider: Usually found wearing shorts and sports bra in summer, and flannel nightgown, muck boots and down jacket in winter. Drives a Ford Tempo filled with saddle blankets and dog hair. Most have deformed toes on one or the other foot from being stepped on in thin Keds sneakers. Pulls a two-horse bumper-pull trailer stored behind the barn, used for hay storage. Her horse, Snookums, sports a hand-cut (with scissors) bridle path; duct tape holds a shoe on until the farrier gets by next month. Overheard frequently: "It's too hot/cold/wet/dry to ride."

The endurance rider: Wears Lycra tights in wild neon colors. The shinier the better, so the EMT's can find her body when her horse dumps her down a ravine. Wears hiking shoes of some sort, and T-shirts she got for paying \$75 to complete another torturous ride. Her horse, Al Kamar Shazaam, used to be called "you bastard" until he found an owner as hyper as he. Can spook at a blowing leaf, spin a 360 and not lose his big trot rhythm or give an inch to the horse behind him. Has learned to eat, drink, pee and drop to his resting pulse rate on command; he has compiled 3,450 AERC miles— with his rider compiling 3,445— the missing five miles are the ones when he raced down the trail without his rider after performing his

trademark 360. Over-heard frequently: "Anyone have Advil?" "Anyone got some food? I think last year's Twinkies finally went bad." "For this pain I spend money?" "Shazaam, you bastard— it's just a leaf [thud]!"

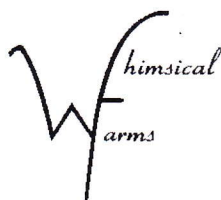
The natural horsemanship devotee looks like a throwback from a Texas ranch, despite the fact that he lives in the suburbs of New Jersey. Rope coiled loosely in hand in case he needs to herd any of those kids on roller-blades away from his F-350 dually in the WalMart parking lot. Cowboy hat strategically placed, and just dirty enough to look cool. Levi's are well worn. "Lightning" is, of course, this natural horsemanship guy's horse. Rescued from a bad home where he was never imprinted or broke in the natural horsemanship way, he specialized in running down his owners at feeding time, knocking children off his back on low-hanging branches, and baring his teeth to look mean. The hospitalization tally for his previous handlers was 12, until he was sent to Round Pen Randy; after ten minutes in said pen, he is now a totally well-broke horse, bowing to the crowd, and can put on his own splint boots (with R.P. Randy's trademark logo embossed on them). R.P.R. says, of all this, "Well, shucks ma'am,

continued



DICK SANDERS
650-364-6930

2793 Spring Street, Redwood City, CA 94063



- Lay-ups
- Turnouts
- Retirements

LISA DIXON

9050 Bradshaw Road • Elk Grove, CA 95624

916.714.2522 • 650.326.3455

fax: 916.714.2572

E-mail: equestqh2@excite.com

★ Miss Teri Dance Studio ★

FREE Trial Class

Year Round On-Going Enrollment

★ Ballet / Tap / Jazz / Hip Hop
Classical Ballet

★ Preschool
Start at 3 years

★ New Classes

Pointe, Master Classes, Boys Tap, Cheer & Pom

★ Birthday Party Dance Classes

All Ages

★ Private Dance Instruction

Individuals, Groups, etc.

★ Discounts - Bonus Classes

★ Viewing Room



STAFF

Peter Volz

Margaret Karl

Erin Wyatt

Larissa Firmino

Kimberly Christian

Charles Torres

Tina LeBlanc

Kirov Ballet

San Francisco Ballet

NBA Dance Team Arizona Suns

Royal Academy London

Musical Theatre New York

Guest Teacher

Principal, San Francisco Ballet

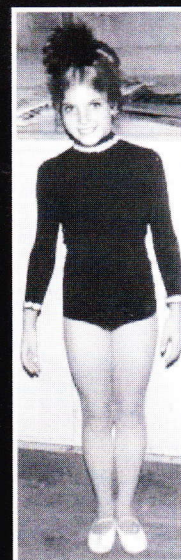


2 Locations

38 South B Street, Suite 205 • San Mateo

1463 Beach Park Boulevard • Foster City

(650) 342-3514



Miss Teri
1970

Riding Disciplines, continued

tweren't nuthin'!" "It's simple horsemanship." "With this special twirly flickitatin' rope (\$17.95 plus tax), you'll be round-pennin' like me in no time!"

The dressage queen is freshly coiffed and dressed. Diamond stud earrings are elegant and stately, and not so large that they blind the judge during her passage-piaffe movements. \$30 dollar denim jumper is worn over \$300 full-seat white breeches and custom Koenigs. Her horse, Fleistergeidelsprundheim ("Fleistergeidel" for short) is a 17.3-hand warmblood who was bred to make Grand Prix in a European nation where his sellers are still laughing hysterically when they talk about 'zat crazy American.' Despite being runty, his new owner fell in love with his lofty gaits, proud carriage and tremendous athleticism. Never mind that this talent was not revealed until he was chased by a rabid fox, and has not been repeated since.

The hunter/jumper competitor is in a wide-striped polo shirt and beige breeches. The polo is so folks will know they're a jumper rider until they put on their shirt and stock tie. Baseball cap is mandatory after a ride, in order to exhibit free advertising for that trainer's stable for which they've forked over a mere grand or so per month. Her horse, Neverbeenraced, is a prime example of American Thoroughbred. The coat is deep bay, no markings, a textbook TB head (no jowl), and no unusual conformational characteristics other than crooked legs. Perfect, just perfect. The gelding has learned to count strides all

by himself, and asks in midair which lead his mistress would like to land on today.

The Eventer is always hunched over. Bent forward under the load, it's from carrying three saddles, three bridles, three bits, and all related color-coordinated gear to every three-day event on the East Coast, or it could possibly be a defensive stance for protecting his/her wallet, which is, of course, nearly empty after buying three saddles, three bridles, three bits and all that color-coordinated gear. Looked down on by the H/J set as "people who just run their horses at fences" and by the dressage queens as "not pure dressage riders," eventers are smugly convinced that they are in fact the only people in the world who CAN ride, since the H/J's don't jump real fences and the dressage queens don't ride real horses. One popular horse, Fastnhighasican, is a Thoroughbred track reject who had never won (or placed) in a single race. Perfect eventer! He has two speeds: gallop and stop'n'dump, which are used at his discretion for all three phases of eventing. His favorite stunt is performed at cross-country water obstacles where his rider invariably stands up slimed in waist-deep in murky pond water and threatens to sell him to Fleistergeidel's owner. Called "Hi-ass" for short, Fastnhighasican delights in another hilarious speed variation, the imfreeandyoucantcatchmegallop, a real crowd-pleaser. It brings down the house when he stops and licks the Crisco off his legs before continuing on to the merciless telephone-pole jump just ahead

Mid-Peninsula Electric*Electrical Contractor*

LIC 309080

ROBERT W. KRENSKY

700 GLENCRAG WAY WOODSIDE, CA 94062

368-8200

30 year SMCHA Member

Accounting Offices of
LAWRENCE E. PELZNER
AND ASSOCIATES

LAWRENCE E. PELZNER

840 HINCKLEY ROAD SUITE 120
BURLINGAME, CA 94010-1505
BUS: 650-697-TAXX
OR 697-8299
FAX: 650-697-5080

**OATS***O'Brien Animal Transportation Service***Horse Transportation**

Local, National, International

Featuring Rear-Facing Gooseneck Trailers, Air Conditioning,

Heated,

Solid Rubber Floors, Box Stalls

Rear-Facing provides safer, healthier travel**650-348-0547**www.animaltransportation.com**SPRING DOWN EQUESTRIAN CENTER**

BOARDING, LESSONS, TRAINING, AND SALES

TELEPHONE (650) 851-1114

FAX (650) 851-3585

www.springdown.com

FOUR ENGLISH SCHOOLING SHOWS PER YEAR
CAMPS, BIRTHDAY PARTIES

725 PORTOLA ROAD, PORTOLA VALLEY, CALIFORNIA 94028-7205

2003 WUS TEVIS JOURNAL

By Adda Quinn

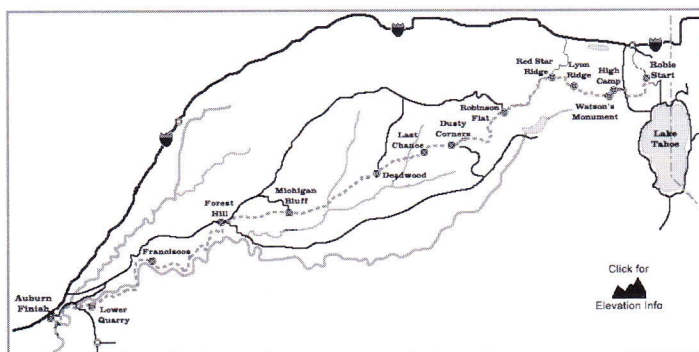
Being ladies "of a certain age", most of us had already concluded that we would never be able to ride in the Tevis Cup race (1 horse, 1 rider, 1 day, 100 miles).¹

But being avid trail riders, we were keenly interested in riding the route that the July 12, 2003 Tevis Cup race was run on the Western States Trail. But we were also wusses, and not about to do it in one day! So early in the year we began feeling out our friends as to whom might be interested in doing a "Wus Tevis" ride, as we began to call it affectionately. Some people said immediately: Nope! too hard, too long, too many logistics. Others said an enthusiastic yes, but life interfered with medical problems (horse colic, etc.). There were a variety of impediments right up to the first ride day. Kate, at Squaw Valley Stables where some of us were going to stay the night prior to the ride, called the day before to say they had strangles there, and not to come. So, the stalwart final six that met at Robie Horse Camp west of the Sawtooth Mountain behind the town of Truckee on Monday July 14 were the Wus Tevis Riders of 2003.

- Casey James, age 60, riding a 7 year old Missouri Fox Trotter named Starfire. She was the central organizer/enabler who knew everyone who made the trip. Casey is NATRC and rides out of Gardnerville, NV.
- Marion Arnold, age 57, riding an 8 year old Arab with only one year of real trail experience named Bubba. She was our guide and is local to the area. See further information below.
- Lili Hakanson, age 52, riding a 5 year old Missouri Fox Trotter named Sundance Kid (aka Sunny) the youngest horse to start. Lili rides out of Saratoga CA. She organizes gaited horse clinics and rides NATRC.
- Dana Baldwin, age 45, riding a 20 year old Paso Fino named Premero, NATRC, AERC LD and wannabe Tevis Cup competitor. Our youngest rider on the oldest horse. Dana rides out of Shingle Springs where she is a 4H leader.
- Pat Dallam, age 57, riding a 13 year old Arab/Kiger Mustang mix named Tawny GPSed our route. Pat is a natural history docent for Coe State Park and is a San Mateo County (CA) Mounted Search And Rescue member who hoped this ride did not become a training exercise!
- Adda Quinn, age 58, riding a 12 year old Missouri Fox Trotter named 20th Century Fox (aka Cocoa), co-founder of EnviroHorse², natural history docent for the Mid-Peninsula Regional Open Space District and San Mateo County (CA) Volunteer Horse Patrol member.

Husbands Mike Harper, Don James, Bruce Baldwin and George Sublett provided logistics which made this ride possible. Friends Jody Gebhart and Marty Brookman provided organization and trailhead checking in addition. Hugs and kisses to you all!

Those of you familiar with endurance riding will immediately recognize the name Marion Arnold, granddaughter of Wendall Robie, and 1969 Tevis Cup winner in her own right. Casey, Lili and Dana had met Marion through NATRC previously. Casey called her when we started planning this trip to see if she might be interested in leading us. Marion had a stroke in 2000 and suffers from balance problems which make riding extremely difficult. We were very pleased when she decided to join us and actually gave us a mission for the ride: to pull yellow marker ribbons from the Tevis Cup ride route. Some of us had initial concerns that riding with Marion would mean a fast pace which we were uncomfortable with conceptually because of the difficult terrain. But pulling the ribbons was a slow and occasionally arduous job so we ended up with about a 3 mph pace, which was just fine for wusses. Marion said that she preferred the term "Leisurely" Tevis Ride to "Wus" Tevis Ride, a mind shift which we were later to embrace.



The 2003 Tevis Cup and Wus Tevis Ride Route <http://www.foothill.net/tevis/trail/WSTRAIL.HTM>

We met at Robie Horse Camp Monday night July 14 for introductions and a fabulous potluck dinner. To do this ride, you must get permission to pass through private property in Squaw Valley, but if you are fewer than 8 and are not camping, you do not need a wilderness permit for the Granite Chief Wilderness portion. The ride started Tuesday morning at 5:30 AM. Right off the bat we climbed up to the Watson monument in the Emigrant Pass saddle at 8750'. With the late spring rains, the wildflowers were prolific throughout the trip and streams were

continued

Tevis Journal, continued

rushing. Marmots and ground squirrels were visible and busy. Butterflies were everywhere. Views down into Squaw Valley and Lake Tahoe were lovely in the cool morning air. Heat was not really a factor most of the first two days due to the elevation of the terrain.

Being essentially anal retentive, compulsive people, most of us over-packed the first day. The longer we rode, the less we attempted to carry. I eliminated an entire cantele pack after the first day when I realized that I was going to survive the trip without its contents. Many of us had studied the take-along lists on the Tevis web site and had confused ideas about what others deemed essential. Read them, then go with what you would normally take for a twenty mile ride, but do take extra drinking water for you and a baggie of dry food to wet later for your horse to boost its energy.

The first day was very slow due to pulling race ribbons. It took an extra hour from Robie Horse Camp to the Highway 89 bridge underpass, and several extra hours in Squaw and the Granite Chief Wilderness. The Wilderness area was of particular importance because even one rag-tag end of ribbon could result in a \$500 fine for the Western States Trail Foundation. Since the extreme runners also use the same route and helped to flag the trail initially, many of the ribbons were so low to the ground that they could only be pulled by dismounting. One was so high in a small pine tree that the only way we could get it off was to bend the tree over. Those who flag the trail next year need better standards for ribbon placement!

The Granite Chief Wilderness is a spectacular, pristine area, but the trail is not easy. At one point my

horse, Cocoa, slipped off of a steep slab of granite and fell over a five foot cliff, fortunately ending on his feet with me still in the saddle after some pretty scary seconds holding on. Marion, who has never been a fan of gaied horses, said she was impressed with how calmly Cocoa

handled the situation. Water literally runs down many sections of the granite making it even more slick for iron shoes. We dismounted and walked many downhill segments due to the stony impediments. But then we ARE wusses, and can do things like that!

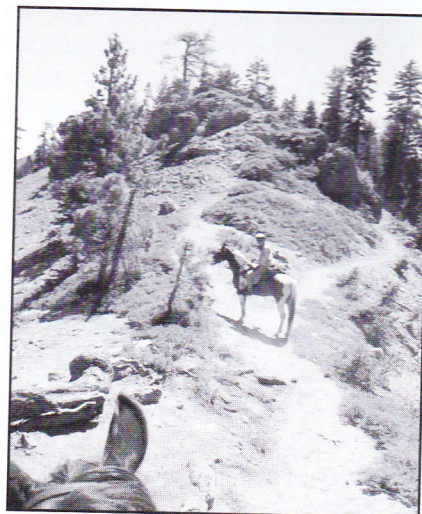
Our route took us down the Red Star Ridge.⁴ As soon as you catch a glimpse of French Meadows reservoir to the south, look for a wide gently sloping hill full of willows on your left. There is a nice pond just off the road to the left which is the last water for horses until Robinson Flat. We took a lunch stop at Wubena Pass about 2:30 PM, where most of our time was spent feeding the horses wetted pellet food to give them energy for the rest of the trip which included Cougar Rock and the Elephant Trunk--land forms that conjured terror to most of us. From then on, Marion decided that we would only pull yellow ribbons that we could reach on horseback, as the going was too slow and tedious. Good decision!

Most of us had seen the video of horses climbing Cougar Rock and it didn't look so bad. We could do it. But seeing it in person brought out the wus in us. No one was interested in trying the climb since the horses had been on the road nearly ten hours. The by-pass road to the right was perfect. Further up the ridge Marion stopped to tell us how we were to take the Elephant's Trunk and scared us to death. When we got there, the old trail that she had been describing had been rerouted (thank god!) and the new alternate was steep, but perfectly doable. The old trail was literally straight up the face with disaggregated soil as tread and we were very glad to have avoided it.

We clogged into Robinson Flat about 6 PM that evening after 12 hours and 36 miles on the trail. Hubbies and rigs awaited us, but we were too tired to socialize or eat much. Didn't even feel like drinking a glass of wine. That's tired! Took fists full of ibuprofen and went to bed early. Lili

decided her youngster had had enough and elected to leave with Dana, who had planned to ride only the first

Casey James on Starfire, Lili Hakanson on Sunny, and Dana Baldwin on Premero (l-r) Hiway 89 at Squaw



Pat Dallam and Tawny on Cougar Rock

day due to the age of her mare. Both went home happy, but tired. I was having concerns whether I could do another day like that.

We had excellent signage posted by the Western States Trail Foundation. Their signs read "WS", further reinforcing our concept that this was, indeed, the Wus Trail. We also had the ubiquitous yellow ribbons from the race. However, we did NOT have horse scat which we had expected to mark the trail. This was quite surprising. The coprophilic coyotes up there were doing a wonderful cleanup job! Even with the horses on tie lines at night, these stealthy scavengers would come in for a midnight raid. Manure we KNEW was there when we went to bed was gone by daybreak. And NO SCAT was on the trails one day after a race where a some one hundred horses had passed by.

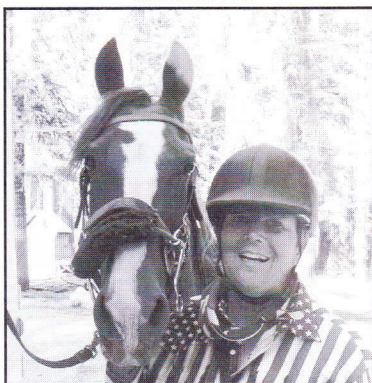
6:30 AM four of us were back in the saddle, ibuprofen reinforced. The going was much easier the next twenty-five miles, despite the dreaded canyon crossings. The initial route was gentle, downhill-sloping, soft red soil trails though cool forests. Stories about Wendall and Marion are legendary. Marion treated us to some of them as we rode.

We passed an old cabin. An earlier Tevis competitor had lost a horseshoe. He stopped at this cabin where he found an old discarded mule shoe and some roofing nails. With a rock, he pounded the shoe on backwards until he could get to a farrier.

In one Tevis Cup race Marion rode her sister's pony without a cinch on the saddle because her sister had given the horse a girth sore prior to the event. Marion had to do a running vault up over the horse's butt to mount. Since the race has 19,000 feet of "up" and 22,000 feet of "down", this is no small feat.⁵

In another Tevis Cup race Marion had what she called a "49 Mile Stallion." The horse simply quit on her and she was on foot for the last 51 miles, but she still got the buckle! She did everything she could possibly think of to get the stud moving, including twisting some sensitive parts to no avail.

Cliff jumper Cocoa and Adda Quinn at Robinson Flat



She had us in literally tears of laughter with the following story. Marion wanted to ride a horse that her granddad did not think was safe for a 12 year old, but she rode it anyway. That day, Wendall was also riding with a man from Marin County who had a Thoroughbred just off the track and they decided to have a horse race uphill. Marion's horse got out of control and was in a full run. Rather than lose face with her granddad, as she overtook both racing men on their horses, she began whipping her out-of-control steed and screaming GO! to feign the appearance of keen competition. Once out of their sight, she still had no control over the animal. To stop, they ended up running full speed into the side of their horse trailer. The horse fell over and knocked her off. She jumped up quickly, unsaddled and was casually grooming the beast by the time grandpa came into view. Wendall never said anything about it to her, but the next week he began ponying her horse to trail break it for her.

Marion has broken nearly every bone in her body from dare-devil riding as a youth and is suffering now as a consequence. We were initially intimidated about the prospect of riding with her. But there is not a nicer person to meet. Anything we wanted to do was fine. She insisted that we all take turns leading the ride (because Wendall always lead and she resented it). She was very open and forthright. While we knew each other and our capabilities through someone else in the group, she knew none of us, and yet was willing to take us on a long and difficult ride. Still gutsy! After this experience, we would ride with Marion anywhere. She took good care of her Wus Riders and we felt safe on the trail with her.

Heading down the ridges you go through legendary places with names like Dusty Corners. At Last Chance the trail continues straight ahead, but be sure to take a brief stop at the springs and meadow just off the intersecting road to your left (then a quick right turn). On the Deadwood Ridge, be sure to stop at the cemetery with its canyon view to see where Dru Barner's ashes were scattered.

The nastiest part of the second day was the canyon of the north fork of the middle fork (yes, that's right) of the American River. Two miles and 2000 feet straight down and up. And I do mean straight, even if there were switchbacks--they are the steepest that I have ever done. I dropped my camera on one of them and had to inconvenience the other three riders to stop on a 30% grade while I dismounted to retrieve it. As if the terrain wasn't

Tevis Journal, continued

enough, they torture you with putting a swinging bridge over the river so you get to bounce simultaneously up, down and sideways while crossing it!!! I have never seen Cocoa's eyes so wide!

In comparison, the El Dorado Canyon following was a piece of cake with its gentle three mile lateral descent. Most of us dismounted and walked down both canyons to give our horses a break, and because we are wusses. Here follows another tale from Marion:

There is a spring along the east side of the El Dorado Canyon trail that Marion called "Kaput" Springs because a horse named Kaput went over the cliff when it backed away from the water too fast. Kaput was owned by a town local who had no money and mooched off of everyone. Poor old Kaput should have been shot down there because he was badly injured. But it so happened that there was a photographer from Sports Illustrated at the spot who took pictures of Kaput's plight and Wendall did not want to give people the wrong impression about the Tevis race. So he called in a helicopter to rescue Kaput at his own expense. Kaput made the front page of the next issue of the magazine.



Pat Dallam on Tawny, Casey James on Starfire and Marion Arnold on Bubba at Deadwood Cemetery

After a long steep hot climb up to Michigan Bluff, we met a local homeowner, Gary Hall, who gave us cold drinks and let us water and hose off our very sweaty horses. Talk about Western hospitality! Thank you Gary! Another 25 miles and 9 hours on the trail. We got in at 4:00 PM. Spent the next two hours driving up and back to Robinson Flat to bring my rig down. My special thanks to Casey and Don for help with logistics the last two days!

By the end of the second day of watching the Fox Trotters perform over this difficult terrain, all three trotter owners were very gratified to have Marion tell us that she had to reevaluate her previous disdain for this breed. The MFTrotters she had seen at horse shows had no back end development critical for hill trail riding. She was very complimentary of Sunny, Starfire and Cocoa.

We camped at Foresthill that night after Marion left us to go home. Pat and Mike had ridden the next trail segment

down to Drivers Flat in May during the Fun Ride. So they opted instead to ride from Drivers Flat south



Bubba, Marion Arnold and Pat Dallam (l-r) in Michigan Bluff at Gary Hall's house of western hospitality

to Poverty Bar and back. We all took our rigs down to Drivers Flat the next morning after dropping two tacked horses at the Foresthill Trailhead. Don brought me back to the trailhead where Casey and I got a 7:30AM start on the 19 mile trail segment which we finished by 1:00 PM thanks to our speedy Fox Trotters. The views of this branch of the American River are awesome. Ruck-a-Chucky rapids! So too are the sheer drop-offs from the trail you have to ride on! This section is where horses have died as the racers must trot it in the dark. It was scary in broad daylight. But the major factor for us by then was the heat. It was over 100 degrees by 11:00 AM. When we got to Auburn it was 104, which would have likely put that canyon at 110 degrees for our 1.8 mile ride up out of it.

We decided not to do the final leg from Drivers Flat to Auburn at this time. While the Tevis Cup warrants lowering the American River water volume from the dam above to enable racers to cross it safely, the Wus Riders didn't have quite the same cache. We will do that final leg sometime this fall when the river is down.

So would we do it again? Probably. But logistics are really an issue, especially if you want to sleep in your own rig at night. And Marion was right to object to our term "Wus" for this ride. This trail is not for wusses. There are many people and horses that could not do it, even in stages. But for those of you with seasoned, well-conditioned horses, this ride is a 10! I consider it one of my personal life achievements. It was tempting to wus out every night. But by morning things always looked better. Because of Marion Arnold, superb horses, wonderful friends, our great husbands, and ibuprofen, we made it

continued

through and will always cherish the experience. Try it. You'll like it.

Happy Trails from the Wus Tevis Riders of 2003!

1 <http://www.foothill.net/tevis/abouttheride> The ride was first organized by **Wendell Robie**, an Auburn businessman and devoted rider of the Sierra high country. Many people in the '50s doubted that any modern-day horse could cover the rugged trail from Lake Tahoe to Auburn in a single day. Wendell and a few of his friends proved them wrong in August of 1955. He continued to hold the ride annually thereafter and organized the Western States Trail Foundation to preserve the 100 mile trail and the Ride.

2 www.californiastatehorsemen.com/envirohorse.htm to provide science to keep horses on trails

3 <http://www.foothill.net/tevis/trail/WSTRAIL.HTM>

4 <http://www.foothill.net/tevis/CHECKPT.HTM> Much of this historic route passes along narrow mountain trails through remote and rugged wilderness territory. Participants who are unfamiliar with this area should use caution when planning training rides with their mounts, especially in the high country and the route out of Foresthill to Francisco's. MUCH OF THIS TERRITORY IS ACCESSIBLE ONLY ON FOOT, ON HORSEBACK, OR BY HELICOPTER. The mountains, although beautiful, are relentless in their challenge and unforgiving to the ill-prepared. (Note: Several of us purchased back country heli-lift insurance before we left on the trip. AQ)

5 <http://www.foothill.net/tevis/FAQ.htm>



Welcome New Members

Wilbur Azevedo

Jeanie Bartson

Richard J. Brook

Patricia M. Connor

Frances & Theodore Geballe

Lisa Kazanjian

Dennis & Elizabeth McManus &
Family

Cecelia Medina

M.J. Miller

Ann Olstad

Christine & Tim Southgate & Family

Larry Wohlford

Carol Yocum

B&D TACK

**We at B&D TACK believe that the West hasn't died,
it's just moved to 2021 Broadway in Redwood City.**

**The soul of the WEST is in YOU and we are here to
serve all your western needs. Whether you're a real
cowboy, or just need to fulfill a fantasy, we can
supply you with the equipment and apparel that it**



**takes to put you in the
saddle. Or at a Garth
Brooks Concert, a Rodeo,
a Hoe-down, or just a
Good Old Fashioned
Western Bar-B-Que.**

**B&D Tack
650-368-9191
2021 Broadway
Redwood City, CA 94063**



4-C's HAY &

HALF MOON BAY, CA

Authorized dealer for
America's Choice Shavings

FEED

5 % discount to
SMCHA members !

Free Delivery

**Grass Hay • Alfalfa
Oat Hay • Straw • Shavings**

Year-round Grass/Alfalfa supply

John Cozzolino • 650-726-6918 • www.4cshayfeed.com

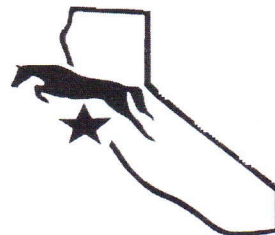
Peninsula Equine

STAR Equine Medical Center

Russ Peterson, DVM, MS

Elaine Carpenter, DVM, MS

Lisa Atckison, DVM



*A complete sports medicine & surgical facility offering
progressive veterinary services in the following areas:*

Arthroscopic Surgery * Thermography * Surgery-Elective & Emergency
Radiology * 24-Hour Intensive Care * Therapy * Ultrasonography
Lameness Evaluation * Onsite Blood Work Lab * Nuclear Scintigraphy
Nutrition * Laser Surgery & Therapy * Reproduction / AI
Physical Therapy & Comprehensive Rehabilitation Consultation
Pre-Purchase Evaluations

Peninsula Equine is conveniently located at the Portola Valley Training Center
100 Ansel Lane * Menlo Park * Ca * 94028

(650) 854-3162

Peninsula Equine



***STAR* Equine Medical Center**



2003 Calendar

TENTATIVE

October

- 6 LV Ride
- 9 Board Meeting
- 12 SMCHA President's Ride
- TBA Cow Palace Opening Nite

November

- 2 LV Progressive Ride
- 13 Board Meeting
- 26 General Mtg.-Elections

December

- 5 Board Dinner
- TBA Christmas Party

January

- 10 Installation Dinner

SMCHA events in **BOLD**

LV, SF, Mtd. Patrol in *Italics*

LV = Los Viajeros • SF = San Francisco Horsemen

PLEASE CHECK WEBSITE FOR CHANGES AND UPDATES

www.smcha.org



Black Oak Ranch

Mare & Foal Care / Retirement Horses
Lay Ups / Pasture Available

209-668-2516

Blackoakranch@charter.net
Offering 35 Years Experience

McLaren Photonic Therapy Treatment
Applied Neurophysiology

DeeDee Levine

Pain Treatment for Humans & Horses

650-208-1663

reitmann@alum.mit.edu

Consultation - Treatment - Training

Always

Better

Service

Payne & Soelberg

A B S

Auto Body

Rick Payne
650-364-4448

Specializing in:

Collision repairs

Insurance claims

Frame repair

Welding

Suspension



Cadillac



HUMMER

RICK CORSO
Vice President

PUTNAM CADILLAC CHEVROLET

198 California Dr.
Burlingame, CA 94010

www.putnamgm.com

(650) 342-9500

THE SAN MATEO HORSEMAN
P.O. BOX 620092
WOODSIDE, CA 94062

(650) 568-1045
www.smcha.org

PRSR STD
U.S. POSTAGE
PAID
Redwood City, CA
Permit No. 12

ADDRESS SERVICE REQUESTED

Published by

SAN MATEO COUNTY HORSEMEN'S ASSOCIATION

A Non-Profit Organization

Member of California State Horsemen's Association

President: Virginia Magliano-Darrow

Volume 62, No.3 Fall 2003

**SAN MATEO
COUNTY
HORSEMEN'S
ASSOCIATION**

Membership Application



	Annual Dues
___ JUNIOR MEMBERS (17 OR UNDER)	\$15.00
___ SENIOR MEMBERS (18 OR OLDER)	\$25.00
___ MR./MRS. MEMBERS	\$40.00
___ FAMILY MEMBERSHIP	\$45.00

(married or single parent and unlimited number of children 17 or under)

TOTAL AMOUNT ENCLOSED _____

Annual dues are for January 1 through December 31 of each year

Do you want to be included in our Membership Directory? ___ Yes ___ No

I would like to help with the following events/functions:

- | | |
|--|--|
| <input type="checkbox"/> A Board of Directors | <input type="checkbox"/> H Trail Rides |
| <input type="checkbox"/> B Trails | <input type="checkbox"/> I Junior Members |
| <input type="checkbox"/> C Western Riding Clinic | <input type="checkbox"/> J English Riding Clinic |
| <input type="checkbox"/> D English Shows | <input type="checkbox"/> K Playday |
| <input type="checkbox"/> E Western Shows | <input type="checkbox"/> L Hospitality |
| <input type="checkbox"/> F Programs | <input type="checkbox"/> M Membership |
| <input type="checkbox"/> G Magazine | <input type="checkbox"/> N Publicity |
| <input type="checkbox"/> Other _____ | |

NAME _____ TELEPHONE _____

ADDRESS _____ EMAIL _____

CITY _____ STATE _____ ZIP CODE _____

PLEASE MAKE CHECKS PAYABLE TO **SMCHA**. PLEASE DO NOT SEND CASH. MAIL APPLICATION TO:

SMCHA
P.O. BOX 620092
WOODSIDE, CA 94062