

# The San Mateo HORSEMAN



WINTER 2013

# Briarwood Equine Clinic

Gary E. Hanes, D.V.M

*The family doctor for your horse*

Wellness Care • Medicine • Dentistry

650.851.1569



2995 Woodside Road Suite 400

Woodside, CA 94062

briarwoodequine@gmail.com

www.briarwoodequine.com

## GREEN TRUCK DEBRIS BOX SERVICE, LLC

(650) 851-7673



PO Box 620196, Woodside, CA 94062



*Recycling and managing equestrian output, green yard trimmings and light debris*

**SERVING BARNs WITH A COUPLE HORSES IN PASTURE  
OR A COUPLE DOZEN HORSES IN STALLS**

### Service

*97.8% of boxes picked up the next business day*

*99.7% of boxes picked up within 2 business days or when requested*

*Recycling over 200,000 pounds of manure a month*

### Manure Management Planning

*Manure management plans for new or remodel barns*

### Privacy

*Minimal intrusion, consistent staff, discretion and confidentiality*

*Locally owned and operated*

**THE #2 HAULER IN THE BAY AREA**

SERVING THE WOODSIDE, PORTOLA VALLEY AND LOS ALTOS HILLS AREA SINCE 1989



## Inside

Colorguard Victories.....5	by Christine Friis
The 7 Stages of Aging on Horseback.....8	by Cindy Hale
Holiday Barn Party.....10	by Cheryl Basin
Play Day Extravaganza.....14	by Cheryl Basin and Nancy Kouchekey
Bits of History - Woodside.....18	by Sue Sheehan
All-Weather Trails in Wunderlich and Huddart Parks.....23	by Don Pugh
Gaits.....26	by Sue Sheehan
Bridles to Boots.....28	by Gretchen King
MRSOD.....31	by Carole



Magazine: Rosemarie Menager  
Mailing: Express Printing (408) 400-0223  
Advertising: Bee Brown  
Layout & Printing: Express Printing  
Club Photographer: Sue Winslow  
Cartoons: Chris Romano-Pucket

## COVER

Cheryl Basin, 2013 SMCHA Club President, and CeCe.

## 2011- 2012 PRESIDENT'S MESSAGE



I cherish this opportunity to write you once again and wish each of you success in all that you do. Happy and prosperous New Year to you all. It has been an honor to serve as your President in 2011 and 2012. I want to thank all of the dedicated board members that I have worked with who have embraced their positions with enthusiasm and reliance. Because of this they have made my job very rewarding and fun.

I look forward to supporting our new President Cheryl Basin. If you don't know her personally please take the time to do so. Cheryl has been a big part of this organization for years and brings so much to all of us. I hope to see you again soon on the trails or at the events.

With love and admiration for this organization, I will remain cordially yours...

*Nancy Kouchekey*

SMCHA President 2011-2012

## 2013 PRESIDENT'S MESSAGE



As Nancy transfers the President's gavel to me, I think of her many contributions to our club and realize I will be challenged to maintain the high standards that Nancy has set for communication, education, events, trail stewardship and many other aspects of our equestrian community.

I've loved horses all my life and started riding English at the Stanford Barn a very long time ago. Riding and keeping company with horses have given me many gifts, including awesome friends, a calming retreat and a lasting tie with my mom who was a long-time member of SMCHA until she passed away in 2000. She instilled in me not

only her love and respect for our four-legged friends, but our responsibility to embrace and secure their future.

There was a time gap where my association with horses was limited to an occasional vacation ride. Twenty-five years ago horses came back into my life and it was then I was introduced to SMCHA and began participating in rides and events.

I've been on the SMCHA Board of Directors for about ten years and have had lots of hands-on experience with events, horse shows, rides and meetings. I have been chairing the club's horse shows for the past five years and they have been a rewarding endeavor.

## San Mateo County Horsemen's Association 2013 Officers

**PRESIDENT**  
Cheryl Basin

**1ST VICE PRESIDENT**  
Sharon Butler

**2nd VICE PRESIDENT**  
Adeline Forrest

**SECRETARY**  
Terri Lobdell

**TREASURER**  
Rich Boyd

**SERGEANT-AT-ARMS &  
PARLIAMENTARIAN**  
Larry Pelzner

**REGISTRAR**  
Tanya Rebarchik

**HISTORIAN**  
Sue Sheehan

## 2013 Board of Directors

Deb Cutner Alvarado	Gretchen King
Cheryl Basin	Libby Kurtz
Bonnie Bertetta	Melanie Likins
Rich Boyd	Terri Lobdell
Bee Brown	Jenny Mize
Ginger Bushue	Larry Pelzner
Sharon Butler	Tanya Rebarchik
Sara Esquivel	Karen Rowley-
Maria Fonseca	Shawback
Adeline Forrest	Sue Sheehan
Chris Friis	Genia Silva
Amy Hublou	Barbara Stogner
Dan Johndrow	Elizabeth Sullivan
Beverley Kane	Annie Tyo
Sue Keddington	Robin Whalen

## Advertising & Subscription Rates

All remittances must be paid in advance.

Business Card (black & white):

\$25.00 per issue

\$80.00 per year (4 issues)

Camera Ready Ads (black & white):

1/4 page: \$50 per issue

\$160 per year

1/2 page: \$75 per issue

\$250 per year

Full Page: \$150 per issue

\$400 per year

### Subscriptions:

Subscriptions are available for \$25 per calendar year which includes membership in the San Mateo County Horsemen's Association. Please fill out and mail in Membership application on the back page of this magazine.

We invite you to grow with this magazine by promoting your service or product. Please send your ad and your check to San Mateo County Horsemen's Association.

**DEADLINE  
FOR ADS AND ARTICLES**  
for the Spring 2013 issue  
is March 15, 2013



**P.O. Box 620092  
Woodside, CA 94062-0092  
650-568-0145**

Visit our website at [www.smcha.org](http://www.smcha.org)

## The San Mateo HORSEMAN

WINTER 2013

The official publication of  
**San Mateo County  
Horsemen's Association**

Published quarterly

January (Winter)

April (Spring)

July (Summer)

October (Fall)



**MEMBERSHIP**  
**Join SMCHA**  
**Mail Application**  
**Today!**

(Application on back cover)

No paid political or religious advertisements will be accepted; all articles submitted are subject to editing; all articles or items reprinted from another source must be cited as to source and permission to reprint; items or articles submitted for publication that are not printed will not be returned to the author or persons submitting them. Editing will be reviewed by a review committee of the President and two board members.



*President's Message continued*

Noel Moody and Joan McLaren have been by my side, and I am grateful for their friendship, guidance and great ideas that created our successful shows.

I'm looking forward to working with our capable Board of Directors and General Membership to bring more good things to SMCHA in 2013. We have a terrific cast of Committee Chairs and we're always looking for more volunteers to make our club even better.

Thank you for the opportunity to serve as your President for 2013.

Happy Trails,

*Cheryl Basin*  
SMCHA President - 2013

## COLOR ADVERTISING

We now offer both color and black and white advertising. See below for pricing chart and ad sizing.

If you are submitting a camera ready ad please be sure it is either a PDF or a .jpg in CMYK format at 300 ppi.

**Full Page Ad: 8.5 x 11**

**.5 Page Ad: 8.5 x 5.5**

**.25 Page Ad: 3.5 x 4**

**Business Card: 3.5 x 2**

Pricing:	Black/White	Color
<b>Full Page</b>		
Per Issue (1x)	\$150	\$200
Per Year (4x)	\$400	\$600
<b>Half Page</b>		
Per Issue (1x)	\$75	\$100
Per Year (4x)	\$250	\$350
<b>Quarter Page</b>		
Per Issue (1x)	\$50	\$75
Per Year (4x)	\$160	\$260
<b>Business Card</b>		
Per Issue (1x)	\$25	\$40
Per Year (4x)	\$80	\$150

All inquiries regarding advertising and billing should be directed to Bee Brown at [beebrown01@gmail.com](mailto:beebrown01@gmail.com).

## How can we help *your* business?

**Express**  
PRINTING & GRAPHICS, INC.

(408) 400-0223  
[www.expressprintingusa.com](http://www.expressprintingusa.com)



- Mobile Websites **NEW!**
- Business Websites **NEW!**
- Local Business Marketing
- Business Cards
- Full Color Printing
- Direct Mail Services
- Brochures & Flyers
- Postcards
- Newsletters & Booklets
- Letterhead
- Envelopes
- Custom Designs

**Printing • Mailing • Marketing • Websites**



**Giselle M. Turchet**

Manager / Owner

(650) 303-9940

[G.Turchet@comcast.net](mailto:G.Turchet@comcast.net)

## Equine Boarding Facility

**Pagemill Pasture**  
Deer Creek Rd., Palo Alto CA  
**Alpine Rock Ranch**  
Alpine Rd., Portola Valley CA



*Please Support Our Advertisers*

**FILICE LANSFORD / VELA CORPORATION**  
DEVELOPMENT CORPORATION

2644 SPRING STREET • REDWOOD CITY, CALIFORNIA 94063

COMMERCIAL BUILDINGS • WAREHOUSE FACILITIES • INDUSTRIAL SITES  
OFFICE & RETAIL SPACE • AVAILABLE OR WILL BUILD TO SUIT

"A Local Family Owned Business  
Serving the Community for over 50 years"

Al Filice • Denise Lansford  
Sarah Filice • Phil Lansford

Voice: (650) 368-1304 Fax: (650) 368-0756  
E-mail: [fldc-vela@earthlink.net](mailto:fldc-vela@earthlink.net)



### Welcome New Members

Danielle Hettler, Mountain View

Victor, Marina and Jacqueline Aenlle,  
Burlingame

Greg and Mariangela Sonstegard,  
Redwood City

David Rummler, Menlo Park

Sylvia Ruggiero, San Mateo

Patti Ploshay, Saratoga

Mary and Brian Brown and family,  
Burlingame

Virpi Portier, San Mateo

### FROM A HORSE'S VIEW

Do you ever wonder what your horse is actually thinking? How often have you ever wondered if you're on the same page or even talking the same language? Take a look at some of the definitions from the horses' dictionary and compare them to yours.

**Arena:** Place where humans can take the fun outta fwd motion.

**Bit:** Means by which a rider's every motion is transmitted to the sensitive tissue of the mouth.

**Bucking:** Counter-irritant.

**Cross-ties:** Gymnastic apparatus.

**Dressage:** Process by which some riders can eventually be taught to respect the bit.

**Farrier:** Disposable surrogate owner; useful for acting out aggression without compromising food supply.

**Fence:** Barrier that protects good grazing.

**Grain:** Sole virtue of domestication.

**Hitching rail:** Means by which to test one's strength.

**Horse trailer:** Mobile cave bear den.

**Hotwalker:** The lesser of 2 evils.

**Jump:** An opportunity for self-expression.

**Latch:** Type of puzzle.

**Longeing:** Procedure for keeping a prospective rider at bay.

**Owner:** Human assigned responsibility for one's feeding.

**Rider:** Owner overstepping its bounds.

**Trainer:** Owner with mob connections.

**Veterinarian:** Flightless albino vulture.



## Happy New Year!



## HARD WORK REALLY DOES PAY OFF!!

by: Christine Friis, Captain SMCHA Color Guard

Your SMCHA Color Guard Unit had a very exciting and rewarding year in 2012. The Unit presented at several Galas, horse events and quite a few parades. Donations to SMCHA were made in appreciation from several events along with the team raising money at their Color Guard Café.

The team ended the year with their season finale at the Grand National Rodeo on October 19 & 20 at the Cow Palace in San Francisco. Weekly practices throughout the season prepared us for this big-end-of-year competition with many hours of hard work. Nerves were shaken when two weeks prior to the GNR one of our seasoned horses came down with some intestinal issues and could not be ridden. As we contemplated the possibility of having to drop from the 2012 GNR competition, Patty Walsh (former team member for several years) graciously volunteered her horse, Cowboy. Patty actually lent us Cowboy for two weeks so he could train with us, get used to a new rider and learn the entire routine. Wow, thanks to Patty and Cowboy our team was able to prepare for the GNR competition! Cheryl Basin riding CeCe, Kristi Eifert riding Cowboy, Sara Esquivel riding Mitch, and me, Chris Friis, riding Casey, along with Ground Crew Manager Jen Mize, took the next 2 weeks to focus on perfecting our routine. Jennifer Ott also gave us some helpful equitation tips during our last practice.

Upon arrival Friday at the Cow Palace we were greeted by the San Francisco Police Department Color Guard Unit. A great group of guys (and now girls too) that we enjoy hanging out with and also have the utmost respect for. That afternoon we were fortunate to have some practice time in the arena to get ready for the competition the following day. It was chilly and windy but I don't think any of us really felt the



Colorguard at Cow Palace  
Kristi Eifert riding Cowboy, Sara Esquivel riding Mitch, Cheryl Basin Riding CeCe, and Chris Friis riding Casey



Colorguard in front of Cow Palace



### Classic Limousine Service

10247 Imperial Ave - Cupertino, CA 95014

Airport Service · Parties · Weddings

Sightseeing Tours · Birthdays · Dining

Special Occasions · Proms · Graduations

(408) 734-4444  
(800) 500-4544

Fax (408) 725-0201  
[www.myclassiclimo.com](http://www.myclassiclimo.com)



bitter cold as we were focused on what needed to be done. After practice, several members of the team suited up to participate in Friday night's GNR opening ceremonies with over 100 horses entering the arena for quite the exciting performance.

Saturday morning came early and we were blessed to have a wonderful ground crew show up first thing to help out. Jen Mize, Debbie Padilla, Kelley Hix and Nick Esquivel were great support getting the team ready. This ground crew team worked like a well-oiled machine making sure the horses were well groomed, the tack was perfect, the riders were suited and booted and even made sure we all actually had something to eat. Minutes before walking into the arena to compete, Kelley Hix even took us through a few minutes of meditation while on horseback to calm our nerves.

The competition went close to perfect with only a few minor faux pas and we received very high scores. Our team won First Place and was awarded a beautiful club trophy, individual blue ribbons and beautiful belt buckles. It was quite a win for us after what we struggled through the previous weeks. Hard work really does pay off but a huge "Thanks" goes out to Patty Walsh and her horse Cowboy.



1st place (again) for SMCHA Colorguard

Later that night we followed the SFPD Color Guard into the Grand Arena to participate in the opening ceremonies. It was an emotional moment waving to family and friends and hearing the loud cheers while passing by members of SMCHA sitting close by.

This amazing team thanks you all for the support throughout the year and we all look forward to represent SMCHA carrying the flags with honor in 2013.

**Still horsing around in  
Woodside....**

**But NOW hairstyling**

**in Menlo Park!**

Call 650-207-8846

You'll find me at

**Master Styling**

a family-friendly full-service salon

**1030 Curtis Street**

**Menlo Park**

(Across from Trader Joe's)

**Bree Vail**

650-326-6447 • [bree.vail@gmail.com](mailto:bree.vail@gmail.com)







## PASTORINO HAY & RANCH SUPPLY, INC.

"PERFORMANCE HORSE QUALITY"

Oat • Alfalfa • Grass/Alfalfa  
Timothy • Grass • Straw • Shavings

(650) 726-6155

921 MIRAMONTES ST.  
HALF MOON BAY, CA 94019

WAYNE & DANA PASTORINO



### Save the Date

SMCHA General Meeting  
Dinner & Bunco  
Thursday, February 21, 2013 - 6PM

Western Schooling Show  
Sunday, May 19  
Webb Ranch

English Schooling Show  
Sunday, August 4  
Webb Ranch

Western/English Open Show  
Sunday, August 25  
Horse Park at Woodside

To see more great pictures from our  
events, go to [www.smcha.org](http://www.smcha.org)  
and check out our Photo Gallery!



## THE 7 STAGES OF AGING ON HORSEBACK

by: Cindy Hale

About once a week, I trail ride with a good friend. We showed horses together for many years, & I'm really enjoying introducing her to the more laid back experience of trail riding. So when she called to cancel this week, I was surprised. Then she explained that she'd taken a tumble off her gelding while riding to the arena, & needed to take it easy for a few days. We were both disappointed, & together we lamented how our bods just don't withstand the insult of getting tossed from the saddle anymore.

"Let's face it," I told her, "we're getting older. When we fall off, we don't bounce." Indeed. Though we used to consider falling off just another aspect of horsemanship, nowadays we see it as something we'd really like to avoid. It has nothing to do with fear & everything to do with a loss of elasticity that occurs to human bods on the other side of 30. Yet because we're horse crazy women we continue to ride, leading the non-horsey folks around us to think we're suffering from some kind of dementia.



So that you can understand this concept better – or maybe prepare yourself – here's little chart that explains it all:

**Stage 1:** Fall off pony. Bounce. Laugh. Climb back on. Repeat.

**Stage 2:** Fall off horse. Run after horse, cussing. Climb back on by shimmying up horse's neck. Ride until sundown.

**Stage 3:** Fall off horse. Use sleeve of shirt to stanch bleeding. Have friend help you get back on horse. Take 2 Advil & apply ice packs when you get home. Ride next day.

**Stage 4:** Fall off horse. Refuse advice to call ambulance; drive self to urgent care clinic. Entertain nursing staff with tales of previous daredevil stunts on horseback. Back to riding before cast comes off.

**Stage 5:** Fall off horse. Temporarily forget names of horse & husband. Flirt shamelessly with paramedics when they arrive. Spend week in hospital while titanium pins are screwed in place. Start riding again before Dr. gives the official OK.

**Stage 6:** Fall off horse. Fail to see any humor when hunky paramedic says "You again?" Gain firsthand knowledge of advances in medical tech thanks to stint in ICU. Convince self that permanent limp isn't that noticeable. Promise husband you will give up riding. One week later purchase older, slower, shorter horse.

**Stage 7:** Slip off horse. Relieved when artificial joints & implanted medical devices seem unaffected. Tell husband that scrapes & bruises are due to gardening accident. Pretend you don't see husband roll his eyes & mutter as he walks away. Give apple to horse.

Trust me. Despite a lack of bounce-ability, aging on horseback isn't so bad, as long as you know what lies ahead.



**FRIEND US ON  
FACEBOOK!**





## Portola Valley



Handsome custom quality-built 4800 sq ft home with 900 sq ft separate guest quarters nestled on 10 acres of land that was formerly the Schilling family summer home. A home you really need to see for yourself to appreciate.

### Main house features:

- 4 large bedrooms
- 4 bathrooms
- Living room with high ceilings, lots of windows to enjoy the forest view, stone fireplace with raised hearth and flanked with built-in shelving.
- Generous dining room large enough for any size gathering.
- Richly appointed library complete with fire place.
- Additional room ideal for a second office, playroom or a 5th bedroom.
- Screened in all-weather room features cozy fireplace and forest views.
- Spacious gourmet kitchen with all the counter space one could want, 6 burner gas cooktop
- Sunny breakfast room, large walk-in pantry, mudroom with extra storage cabinets/desk.



Additional details include clear grain douglas fir trim throughout, radiant heat, low carbon footprint, passive solar heat, photovoltaic panels, geothermal heating and cooling.

Surrounded by Thornwood open space on 3 sides assures complete privacy and protection from future development.

Potential Horse Property. Prestigious Portola Valley schools. 12 minutes to Hwy 280.

**Price available upon request.**

For more information or to schedule a private viewing, contact Barbara directly.

*"I'll Make Your Next Move a Galloping Success"*

**Barbara Stogner**

*Today Sotheby's International Realty*

**(650) 597-1802**

[Barbara@BarbaraStogner.com](mailto:Barbara@BarbaraStogner.com)





## HOLIDAY BARN PARTY

by: Cheryl Basin

NCEFT, National Center for Equine Facilitated Therapy, was the popular venue for our annual Holiday Barn Party on Sunday, December 16. This was a festive and lively gathering of over 100 members and guests.

Santa arrived via horse-drawn carriage driven by NCEFT's Bonnie MacCurdy. Jack, the beautiful Percheron, was the horsepower in front of the carriage. Following Santa's arrival, Jack and Bonnie provided carriage rides down Runnymede Road to the delight of everyone who took a ride. The drizzle didn't diminish the holiday spirit at all.

Our members and guests enjoyed a sumptuous buffet which was organized and prepped by an enthusiastic team of elves, including Liz Sullivan, Sue Sheehan, Sharon Butler, Adeline Forrest, Chris Friis, Jen Mize, Kristi Eifert, Robin Whalen, Tanya Rebarchik, Becky Witter and Cheryl Basin.

Thank you to our many contributors of tasty food including appetizers, salads, ham, chili, and desserts. Most generous gifts for the Toys for Tots and Second Harvest food drives were graciously received by the Woodside Fire Department and the Second Harvest Food Bank.

Sue Winslow was on hand with her camera and captured lots of fun photos of the day. SMCHA President Nancy Kouchecky announced Mike Raynor as our 2012 Horseman of the Year, an acknowledgement for his tireless efforts on behalf of SMCHA and the equine community including trail endeavors, horse shows and our popular Play Day. Thank you and congratulations, Mike.

Speaking of the Play Day, Nancy presented Lori McIntosh with the First Place Buckle award for Overall High Point. Congratulations, Lori. Thank you, Kip Witter, for donning your colorful Santa Claus duds and entertaining all the children, young and old...you're the best. Special thanks to Gari Merendino, Executive Director, for graciously opening the NCEFT facility for our Holiday Barn Party. SMCHA sincerely appreciates your generosity.

*Santa, a horse and carriage, and a buffet made for a memorable holiday barn party!*



*Holiday Party Wagon Ride*



*Board members prepare a feast*



*Santa, Adeline, Carriage driver Bonnie, and Jack the Percheron*





*Gretchen in Vintage Holiday Wear*



*I wanna drive!*



*Holiday Revelers*



*Holly & Scott get a good Report from Santa*



*Santa makes an entrance*





*Santa and Sue admire the cart horse*



*More riders on the wagon*



*Santa is popular with the ladies*



*Raynor displays playday buckle*



*Santa delights a couple fans*

*Thank you NCERT!*



## HAY ♦ FEED ♦ TACK ♦ GROOMING

### WHY PAY MORE?



We carry a great selection of hay, grain shavings  
and other quality livestock products



**(408) 289-8626**

**GANADOFEED.COM**

**WE DELIVER** to the  
Bay Area, Including:  
Pleasanton, San Ramon,  
Livermore, Woodside,  
Portola Valley, La Honda,  
Menlo Park & Salinas





## SMCHA 4TH ANNUAL PLAY DAY EXTRAVAGANZA

by: Cheryl Basin and Nancy Kouchekey

Saturday October 27, 2012

Mike Raynor once again planned a fun and fast-moving Play Day with the help of SMCHA President Nancy Kouchekey, Board members Larry Pelzner, Elizabeth Sullivan, Genia Silva, Annie Tyo and Cheryl Basin. We were all delighted with the perfect fall day. A special thank you Annie for the yummy goodie bags and Halloween decorations.

This is the first time SMCHA has held an event at Pagemill Pastures and this is indeed a first-class venue. Our thanks to Giselle Turchet for hosting this year's Play Day.

The day started with a parade of costumes. Many turned out to ride, watch and enjoy the 23 riders participating in 9 classes, which included a Trail/Cowboy Challenge, Keyhole race, Clover Leaf Barrels, Big Tee, Water Cup Race, Pony Express Race, Bandana Race, Mug Shuffle and the Flag Race. There was some stiff competition. We all had a blast from beginning to end.

A huge thank you to Mike, Greg, Clif and Andre for setting up the courses. These were challenging but fun for horse and rider. Some of the obstacles tested the sensory of the horse. This day is not only to have fun but will also give you and your horse the experience to learn how to handle various obstacles.

Many ribbons were presented for each class. Our High Point Buckle Winner for the day goes to Lori McIntosh. Congratulations, Lori.

A healthy, tasty lunch was provided with the helping hands of Nancy and Andre Kouchekey and their friend Raeshelle Larsen for all the participants and the gallery.

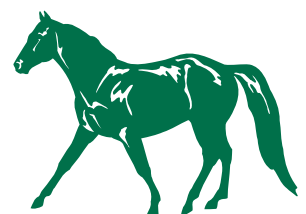
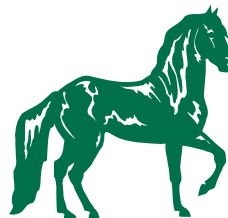
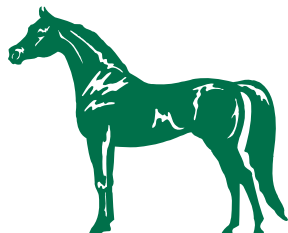
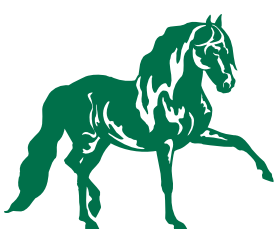
We look forward to seeing more of you next year. You won't want to miss out on the fun.



Larry and Nancy hand out the awards



Play Day jumping







Play Day event



Displaying their awards



Play Day



Plaid and Polka Dot

"Riding a horse isn't a gentle hobby, to be picked up and laid down like a game of Solitaire. It's a grand passion. It seizes a person whole and once it's done so, s/he will have to accept that his/her life will be radically changed."

— Ralph Waldo Emerson



Rope Play





Mike Raynor



Looking Good



Annie Tyo tries the ramp



Doubling on Poles



ROBIN HILL WHALEN  
INTERIOR / EXTERIOR DESIGN

HOLLYHOCK DESIGNS

22 PRESTON ROAD

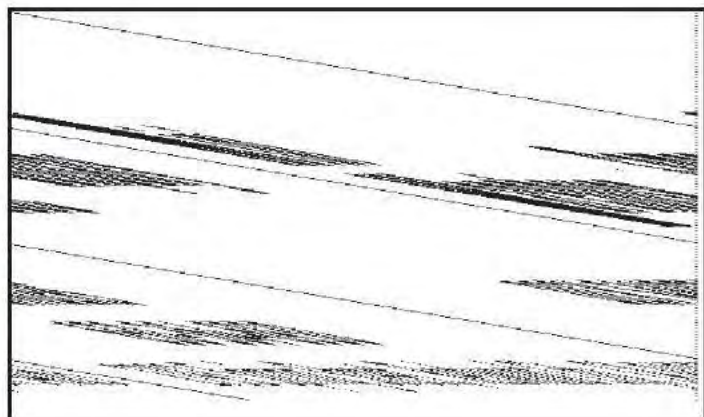
WOODSIDE, CA 94062

ROBIN@HOLLYHOCK.COM

TEL 650•851-9363

TEL 650•851-2411

FAX 650•851-2411







## Spring Down

EQUESTRIAN CENTER

725 Portola Road  
Portola Valley, CA 94028  
650-851-1114  
[www.springdown.com](http://www.springdown.com)

**TWENTY EIGHT YEARS • SAME LOCATION • SERVING THE COMMUNITY**

Over 50 show quality school horses for every level rider—first time through advanced. Two lighted arenas, one covered, the other outdoor. Our outdoor arena is the **ONLY** one of its kind in the area. It has state of the art, waterproof, dust-free footing. Rain or shine, night and day, **WE CAN RIDE!**

We offer a great staff of professional instructors available 7 days a week to accommodate your schedule.

### **LESSONS**

English, Hunter, Jumper, Dressage and Western

### **CAMPS/CLUBS**

Spring, Summer, Holiday Camp FOR ALL AGES

### **MOMMY & ME CLASS**

Dads can come too!

### **DRILL TEAM**

Dance to the music with your horse!

### **OPEN HORSE SHOWS**

Fun, family-friendly, and affordable!

### **GIRL SCOUTS**

Earn your merit badge here

### **BOARDING/TRAINING**

**Introductory Offer**  
**4 lessons for \$200**





## **BITS OF HISTORY - WOODSIDE**

*by: Sue Sheehan*

In a previous issue of the SMCHA magazine I wrote about how the Club began and it's time to tell the story again. Many of the following notes are excerpts from Images of America – Woodside.

It is interesting that in 1939, San Mateo County Officials arranged to have the first "FLORAL SHOW AND FANDANGO" to be held at the new Bay Meadows Club House in Hillsdale. A parade was to be held in conjunction with the show starting in the City of Burlingame. L.C. Smith was asked by San Mateo County to organize a group of horsemen to ride in the parade and to display as many different representative types of horse-drawn vehicles as possible. Mr. Smith, as he later stated, anticipated a rather small showing, but he under estimated his ability to organize as well as the horse lovers who couldn't wait to show off their old family carriages, buggies and wagons.

Horsemen from the southern end of the county (Pescadero) to the extreme north (Colma) were contacted and an

estimated 300 horses were in the line of march the day of the parade. This large showing of horses was truly a credit to Mr. Smith and an inspiration to him to try to find a way of keeping these horse lovers together instead of "being scattered to the four winds." That evening at the Fiesta Dance, L.C. Smith discussed his ideas with Don Facciolle of the Lazy Day Ranch in Portola. It was Mr. Facciolle's suggestion to start an association of horses similar to the one that had already been organized in Santa Clara.

One might say that the San Mateo County Horsemen's Association was born that evening. However it wasn't until the following year that the Association began officially with the election of officers. The first meeting was held in the City Hall of San Mateo with a membership roster of 20 to 25. The town of Woodside became the official home of SMCHA.

The Woodside residents have always had a love affair with horses. As large estates were established, the role of the horse evolved from utility to pleasure and sport. Daniel Jackling built his stables near Mountain Home Road in 1925. James Folger II built the elaborate Folger Stable a part of his Hazelwood Estate. The Tudor Revival stable at Runnymede Farm was built in 1931 for Alma Spreckels

**Alan Steel and Supply Co.**

**505 E. Bayshore Blvd.**

**(at Whipple Avenue)**

**Redwood City, CA 94063**

**(650) 369-2526**



Rosekrans, granddaughter of sugar king Claus Spreckels. The community's passion for horses led to the creation of both private and public trail systems throughout the town.

Woodside was not always a "Horse" town. In the 1830's the area became home to many English-speaking settlers on the San Francisco Peninsula. Their appearance marked the beginning of the lumbering economy, which assisted San Francisco with its increasing timber needs. Many of the trails we ride on today were built as trail/roads to bring the redwood trees down the hills. By 1852 regular stagecoach service ran to and from San Francisco, and many settlers were attracted to this area. Dr. Robert Tripp and Mathias Parkhurst were credited with naming this settlement Woodside. This area grew in importance because it was located between the saw mills and the port in Redwood City, where logs were brought to the docks for transportation to various San Francisco Bay locations. The lumbering industry flourished in the thickly wooded lower hillsides until the trees were depleted. Loggers passed through the settlement of Woodside on the way to the new sawmills often with a stop at Whiskey Hill, where they found water for their horses and whiskey for themselves.

By the 1880's the luxuriant strands of redwoods in this valley had been logged. However, the good soil and climate remained and people began to seek other uses, such as vineyards and other agriculture, for the fertile land. The lumbering industry gave rise to supporting industries, such as blacksmith shops, where "smithies" created wagon parts and horseshoes. As the early pioneer families passed on and their landholdings were subdivided, large tracts of land became available. Many successful San Francisco and San Francisco Peninsula families built their country estates in the Woodside area. As we headed into the 20th century the area experienced an increase in residential and commercial development. The steady encroachment of suburban development alarmed local residents. They did not want their rural, quiet town to become a giant commercial city. So, they started to talk about boundaries and efforts to incorporate Woodside as a town. It became incorporated in 1956. Many generous donors in Woodside have contributed land that is now preserved as open space and county parks.

The role of the horse was beginning to change in Woodside as more and more families started acquiring horses for pleasure. Horse clubs were organized and racing became a popular sport. Polo and horse showing became active. Horse and carriages evolved from a means of transportation to a competitive event. In 1922 Myra Duncan and her sister, Marjorie Josselyn, were avid equestrians who helped form

## Raudi's Story

An Icelandic Mare's  
first five years of  
Life in Alaska



By Alys Culhane

Illustrations by  
Christina Romano

Raudi's Story, by Alys Culhane, is now available on [Smashwords](#) and [Amazon](#). [Smashwords](#) has the most options and formats.

This is a heartwarming tale, written from the point of view of a filly growing up in Alaska's Matanuska Valley. This somewhat willful horse is purchased by a middleaged rider. Raudi eventually becomes a reliable riding horse. The book is full of vivid characters and illustrations that all animal lovers will enjoy.

## Accounting Offices of LAWRENCE E. PELZNER AND ASSOCIATES



*Lawrence E. Pelzner*

840 Hinkley Road • Suite 120  
Burlingame • CA • 94010-1505  
**650.691.TAXX**  
**650.697.8299**  
Fax 650.697.5080





(415) 235-5246  
lori@lorimcphoto.com  
LoriMcIntoshPhotography.com

 **Lori McIntosh**  
PHOTOGRAPHY

the Woodside Trail Club. The sisters lived in Woodside their entire lives. It is these women, among others whom we can credit for our wonderful easements/trails through private property.

The Mounted Patrol of San Mateo County, originally created to watch for enemy submarines off the coast during World War II, evolved to help with search and rescue operations after the war. The Mounted Patrol acquired their own property in Woodside where they hold many horse events such as the 4th of July Junior Rodeo, the SMCHA western riding clinic, horseshows, sorting and cutting plus many horse related events. There is property that was given to the Junior Riders to encourage children to learn about horses. It is also used for vaulting groups and pony club.

The Woodside Horse Park conducts polo, dressage, carriage driving, three day eventing, world class horse shows and other equestrian sports. It is also where BOK handicapped riding program is located. Woodside is also home to the National Center for Equine Facilitated Therapy and many private barns and boarding stables. In 2004 a few people from various organizations got together and formed Woodside area Horse Owners Association (WHOA), which promotes horse events such as Day of the Horse. The group also donates time and money to keep horses a part of Woodside forever.



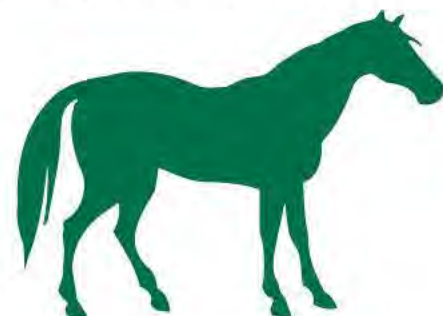

**Larry Wohlford, DVM**  
Equine Medicine & Surgery  
Equine Acupuncture

(650) 851-1214

2995 Woodside Rd., Suite 400—#372, Woodside, California 94062

The SMCHA has played a big part in keeping Woodside "horsey" by having a large voice when it comes to saving rustic trails, barns, boarding stables and overall rural character of the area. As long as clubs such as San Mateo County Horsemen's Association, Mounted Patrol plus others continue to build hitch racks and maintain our beautiful trails around Woodside it should remain "HORSEY" forever. A caption on a map of Woodside reads, "A picturesque rural area, rich in history and legend, where extensive estates with landscaped formal gardens adjoin a wooded area as wild as when white man first looked upon it!"

Much of the above information and facts were taken from the book, "Images of America – Woodside."





**10% Discount**  
S.M.Horseman  
members

**Motor Homes  
Boat Trailer  
Horse Trailer  
Parts - Accessories - Service**

**V&V BROS RVS and TRAILERS**  
www.vvvstrailers.com

1020-A Hansen Way, Redwood City CA 94063  
650-556-1096 / vvvvtrailer@att.net





**SMCHA 2013 Membership Drive**  
February 1 - March 15, 2013

How would you like to be wearing a  
Beautiful SMCHA Silver Belt Buckle --  
Here's your chance

- ~ Recruit new members between February 1 and March 15.
- ~ Have the new member fill out membership form and submit with dues to SMCHA, P.O.Box 620092, Woodside, CA 94062.
- ~ Be sure to include a "referred by" note on the application form in order to get credit for the new membership.
- ~ To be eligible for the buckle, you must have at least 15 points. The member referring the most points above 15 earns the buckle.
- ~ Applications and payment must be received by Friday, March 15.

Junior member (\$15): 1 point

Single member (\$25): 1 point

Couple (\$40): 2 points

Family (\$45): 3 points  
(with one or more children under 18)

Working together to increase our membership means more fun, more equestrian enthusiasts and more voices to insure the future of our horses...

Membership Drive 2/1 - 3/15/13

Referred by: \_\_\_\_\_

**SAN MATEO  
COUNTY HORSEMEN'S  
ASSOCIATION**

**Membership Application**



	Annual Dues	
____ JUNIOR MEMBERS (17 OR UNDER)	\$15.00	<input type="checkbox"/> New <input type="checkbox"/> Renewal
____ SENIOR MEMBERS (18 OR OLDER)	\$25.00	
____ MR./MRS. MEMBERS	\$40.00	
____ FAMILY MEMBERSHIP**	\$45.00	

[Parent(s) and unlimited number of children 17 or under]

I would like to contribute to the following events or functions (see listing at right) in the following amounts:

B \$\_\_\_\_ E \$\_\_\_\_ H \$\_\_\_\_ L \$\_\_\_\_  
C \$\_\_\_\_ F \$\_\_\_\_ I \$\_\_\_\_ M \$\_\_\_\_  
D \$\_\_\_\_ G \$\_\_\_\_ J \$\_\_\_\_ Other \$\_\_\_\_

I would like to help with the following events/functions:

- |  |   |
|--|---|
| <input type="checkbox"/> Board of Directors      | <input type="checkbox"/> H Junior Members     |
| <input type="checkbox"/> B Trails                | <input type="checkbox"/> I Playday            |
| <input type="checkbox"/> C Western Riding Clinic | <input type="checkbox"/> J Hospitality        |
| <input type="checkbox"/> D English Shows         | <input type="checkbox"/> K Membership         |
| <input type="checkbox"/> E Western Shows         | <input type="checkbox"/> L Junior Color Guard |
| <input type="checkbox"/> F Magazine              | <input type="checkbox"/> M Senior Color Guard |
| <input type="checkbox"/> G Trail Rides           | <input type="checkbox"/> Other _____          |

\*\*Please list names and ages of children:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TOTAL CONTRIBUTIONS \_\_\_\_\_ TOTAL AMOUNT ENCLOSED \_\_\_\_\_

Annual dues are for January 1 through December 31 of each year. Your cancelled check is your receipt.

Join after October 1 and your membership is paid through the following year.

Do you want to be included in our Membership Directory? (Must be received by Jan. 31) \_\_\_\_ Yes \_\_\_\_ No

NAME(S) \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ EMAIL \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

**PLEASE MAKE CHECKS PAYABLE TO SMCHA. PLEASE DO NOT SEND CASH. MAIL APPLICATION TO:**  
**SMCHA • P.O. BOX 620092, WOODSIDE, CA 94062**





# CALIFORNIA RIDING ACADEMY

ENGLISH • WESTERN • DRIVING

CALIFORNIA RIDING ACADEMY offers Professional Riding Instruction to both children & adults, beginning through advanced in English or Western disciplines. In addition to being a U. S. Pony Club Certified Riding Center, we offer the best Summer Horsemanship Camps in the Bay Area: Camp Jumps For Joy! is ever-popular and should be booked early with our convenient Online Registration and Payment designed specifically for busy Silicon Valley parents.



- Beginning through Advanced Riding Lessons
- Children AND adults
- English or Western Disciplines
- Private, Semi-Private & Group Options
- Open 7-days a week incl. evenings and weekends
- Full Care Board and Training
- U. S. Pony Club Certified
- Camp Jumps For Joy! Horsemanship Camps
- Carriage Driving Clinics
- Home of My Jumps For Joy! Kids' backyard jumps

*Camp Jumps For Joy!*



Have your own horse? Enjoy our 150' x 300' fully lighted and covered arena, our 5/8 mile conditioning track and additional 8 arenas. We offer Full-Care Boarding and Training in many disciplines. We attend both Schooling and Rated Horse Shows. Call 650-740-2261 for information.



Come join or re-join the world of horses. At CALIFORNIA RIDING ACADEMY, we encourage all students, whether beginning or advanced, to develop their personal horsemanship skills. With the combined experience of more than 125 years, our team of horse professionals is well qualified to take your riding to the next level. Be sure to check-out our Website, but don't wait, call to schedule a visit! We are conveniently located in Menlo Park.

**CALIFORNIA RIDING ACADEMY**  
100 Ansel Lane Barn #2, Menlo Park, CA  
650-740-2261 Cell • 650-854-1037 Barn  
CALIFORNIARIDINGACADEMY.COM



## ALL-WEATHER TRAILS IN WUNDERLICH AND HUDDART PARKS: THE DREAMS HAVE COME TRUE

by: Don Pugh

The dream of local equestrians to ride the single-track trails of Wunderlich and Huddart Parks in the winter came true with the completion of Phase II of the All Weather Trails project in Wunderlich Park in November 2012.

It began in July 2008, when Dave Moore, Superintendent of San Mateo County Parks, asked how we could improve things for equestrians in the Parks, and Adda Quinn suggested all weather trails in Huddart would be wonderful. Today we have 5 1/2 miles of All Weather Trails in Huddart Park. Phase I was completed in November 2008 and improved the Dean, middle and upper Crystal Springs Trails. In November 2009, Phase II improved Lower Crystal Springs and Chinquapin. One bridge was replaced, and another had major repairs.

Huddart Park improvements were so well received that there was an outcry for doing the same in Wunderlich Park. In May 2011, Phase 1 improved the lower Bear Gulch trail and the lower Alambique trail. In November 2012, Phase 2 extended the Bear Gulch trail to the Meadows and then on to the Alambique Trail. This Phase will be compacted over the winter and opened to equestrians in the spring of 2013. These projects added over 3 miles of All Weather Trails to Wunderlich Park.

This has been a wonderful example of how citizens, contractors and the government can work together to achieve common goals. The equestrian community donated over \$122,000 to pay for these projects. The Parks Department contributed over \$61,000 of in-kind contributions of truck hauling and the base rock. Ron Gonzales hauled over 5,500,000 pounds of base rock down narrow, dirt roads. The crew from Yakima Construction made 2,800 trips in specially built buggies hauling all that base rock down the single track trails, and leveled and compacted it.

I want to thank everyone in the equestrian community that donated to this project. Without their generosity, these projects would not have been possible. The management of the Parks Department and Park Rangers were instrumental in working closely with the contractor to complete the projects on time and on budget.

What better way to escape momentarily from the pressure of our daily lives than riding under a crisp winter sky, hearing the creeks bubble, and breathing the fresh mountain air? Well now you can do it, so get out and ride this winter.

*CHAPS – The Community Horse Advocacy Program for San Mateo County and the Mounted Patrol Foundation, a 501(c)(3) organization, led the fund-raising efforts.*

Thank you for your support. If there are any questions call Don Pugh at 650-851-8343 or email [don@CHAPSMC.org](mailto:don@CHAPSMC.org) More information can be found at [www.CHAPSMC.org](http://www.CHAPSMC.org) [www.MountedPatrolFoundation.org](http://www.MountedPatrolFoundation.org)



One of the four piles of base rock. The buggy can haul 2,000 pounds down the trail.

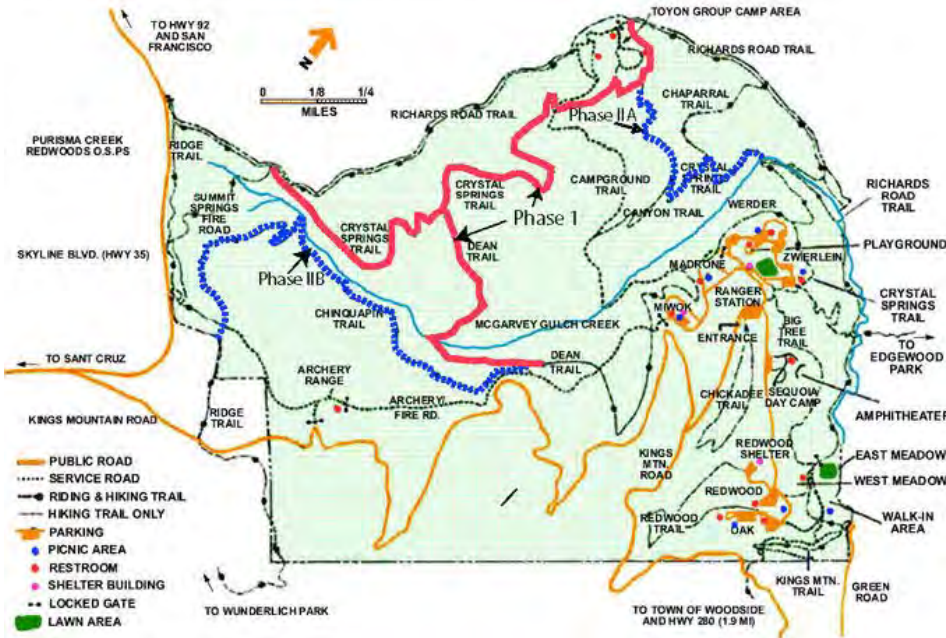


The buggy comes down the trail with a load, past the compactor.



## ALL WEATHER TRAILS IN HUDDART PARK

### Huddart County Park



**Phase 1** – Completed in Nov 2008

Dean Trail to Crystal Springs

Crystal Springs Trail from Toyon Campground to Richards Road near Skyline

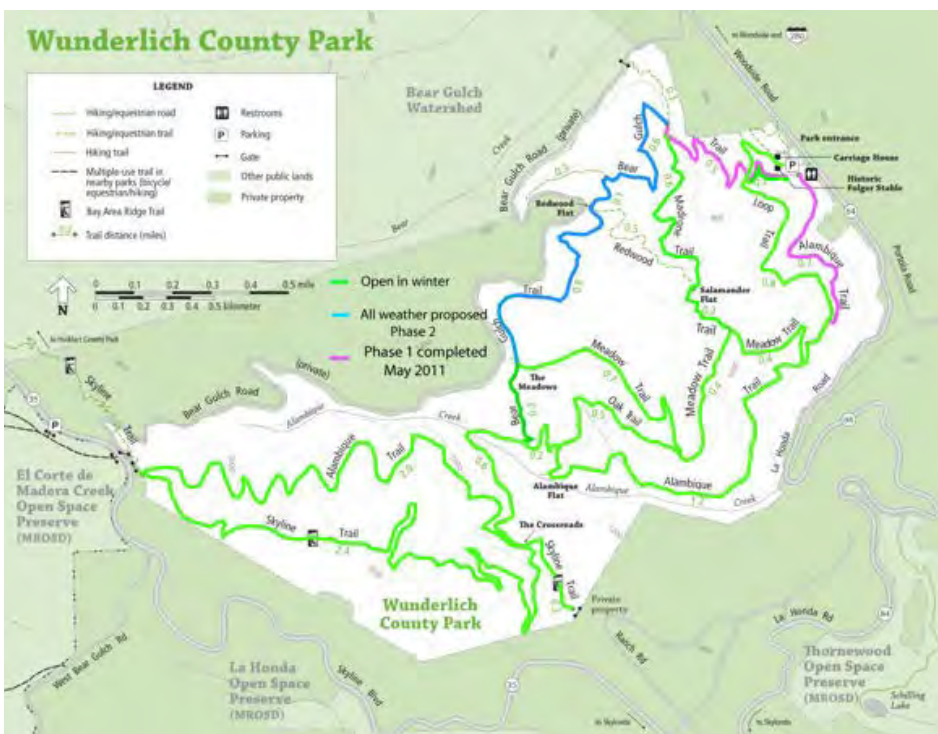
**Phase 2 II A & B** – Completed in Nov 2009

Chinquapin from Dean to the Ridge Trail near Skyline

Lower Crystal Springs from Richards Road to Toyon Campground

Bridge Repairs on Chinquapin and Crystal Springs

## ALL WEATHER TRAILS IN WUNDERLICH PARK



**Phase I** – Completed May 2011

**Bear Gulch Trail**

Barn to Loop Trail to Madrone

**Alambique Trail**

Barn to Loop Trail

**Phase II** – Completed November 2012

**Bear Gulch Trail**

Madrone to Redwood Flat to Meadows

Meadows to Alambique





# Comfort Family, Friends and Home

## INTERIOR DESIGN

*Fine Furnishings  
and Accessories*

*Kitchen and Bath  
Design*

*Liaison with Architects,  
Contractors and Craftsmen*



Rocco & Dawn



# D

## DAWN WILLIAMS DESIGN

Dawn Williams, ASID, Woodside, California  
650-851-1128

dawnwilliamsdesign.com  
dawnwilliamsdes@yahoo.com



## GAITS

by: Sue Sheehan

### The Boink

One-beat gait with suspension, often exhibited by horses ridden into a field of white-tailed deer.

### The Lateral Swoop

A sudden sideways leap with shoulder horizontal to the ground, leaving the rider hovering briefly over where the saddle used to be before descending to the ground. Can be precipitated by a tractor starting up outside the arena, snow sliding off the arena roof, a large rock that magically turns into a bear or a green plastic garbage bag. Mine was a PIG!

### The Whirling Dervish

Advanced version of the Lateral Swoop in which the horse spins like a top, frequently launching the hapless rider a long distance by centrifugal force. Specialty of certain Arabians, often caused by viewing a 4-wheeler approaching on the trail ahead.

### The Yahooey

One of the natural Airs Above the Ground, a highly suspended movement exhibited when turned out or during the first canter in an open field. A variation is the Jet-Assisted Buck & Fart, in which the horse achieves maximum height and momentum aided by the loud expulsion of exhaust gas. Occurs on cold, windy days when the wind goes up the horse's tail and blows his brains out his ears.

### The Omigod

Sudden backwards movement accompanied by loud, rolling snorts, ears stiffly forward and eyes bugging out, exhibited by a horse that has spotted a monster (invisible to the human eye) advancing on him from the front. Can be precipitated in visible form by riding up to a large blue tarp, which the wind then moves slightly.

### The Hot Wheels

Speed gait in which all four legs rotate at high speed, often leaving rubber strips on the ground. Frequently exhibited by runaway ponies, rushing jumpers and horses returning to the barn.

### The Shark Circling the Rowboat

Characteristic movement of lesson horse in ever-decreasing

concentric circles around the instructor, until the horse is in the center standing on the instructor's left foot and further progress is impossible. (Old school horses tell new school horses how to do this.)

### The Sloth

Typical gait of school horse who has perfected the art of laziness. No perceptible forward movement, in spite of encouraging kicks, clucks, flapping reins, ineffective crop swats, shouts and jumping up and down. (Note: the Sloth can be transformed into Hot Wheels by the sight of the instructor advancing with lunge whip in hand.)

### The Flapper

Movement in which the horse shakes like a wet dog, totally terrifying the beginner rider. Horse then grins an evil grin and eats grass.

### The Wallow

Rotational movement performed on the ground, especially in mud, sand or water, usually defiling the purity of a perfectly clean saddle regardless of screams. Always performed when the instructor is at the other end of the trail ride or not looking.

### The Upsie Daisy

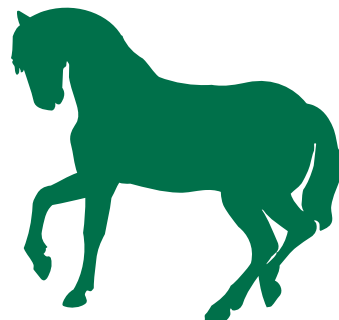
Immediately follows the Wallow, and always occurs before the arrival of the instructor.

### The Snail and the Rocket

The two walking gaits of experienced trail horses on the trail. Going out, the walk is so snail-like, time perceptibly slows. Coming back, trotting horses can barely keep up with the rocket walk. Essentially, horses perfectly understand physical law; the speed of the walk is directly proportional to the direction on the trail.

### The Bobber

Gait which old experienced lesson or trail horses proceed with child or beginner on back. Walk a few feet, stop, horse pulls reins through hands of beginning rider and eats grass. Repeat 50 times.





# Medicine, Surgery & Dentistry



Digital X-ray  
Ultrasound  
Endoscopy  
Shock Wave  
IRAP  
Acupuncture  
Chiropractic  
Rehabilitation

123 Belmont Avenue, Redwood City  
(650) 851-2300  
[www.BayhillEquine.com](http://www.BayhillEquine.com)



Conveniently located in Woodside  
Veterinarian owned & operated

## Our Services

**AquaPacer underwater treadmill system**

**Eurociser**

**Shock wave therapy**

**Digital x-ray**

**Digital ultrasound**

**Game Ready cold/compression system**

**Acupuncture & Chiropractic service**

**IRAP**

**Stem Cell & Platelet Rich Plasma**

**Satellite lay-up facility**

**Trailing available**



**Stay**  
in the  
**Game**

650-851-2393  
[www.EquiSportRehab.com](http://www.EquiSportRehab.com)



## BRIDLES TO BOOTS

by: Gretchen King

I've found that riders in every discipline have their own preferred equipment and clothing, and that their preferences are sometimes fashionable, usually utilitarian, and always interesting. Welcome to the first in an occasional series where we feature an SMCHA member and call out the makers of their clothes, gear, and review their overall equestrian "style."

This issue features SMCHA Board member Elizabeth "Liz" Sullivan, riding Mikey, a Mustang/Belgian gelding owned by Rich Boyd. In this photo, Elizabeth was showing Mikey in the Ranch Horse class at a Webb Ranch Schooling show this past summer. Both are sporting a Vaquero (anglesized as "buckaroo" look). Note Liz's flat hat doesn't have the high crown cowboy hats do, and her "leggin's" are called chinks, not chaps; they buckle behind the thigh.

Mikey is wearing a bosalito (little hackamore) with a thin "git down" rope made of twisted mane hair under his bridle. Buckaroos will never lead a horse by the bridle reins when they are afoot, and in fact that practice will result in disqualification at a buckaroo/vaquero show. The bosalito also plays a significant role in the historic Californio tradition of colt starting; it is also used as part of the two-rein training program, when the horse learns to carry the spade and wears the bosalito under the bridle as part of the "two rein" stage.

For suggestions about future equestrians to highlight, please send an email to [hightechbuckarette@me.com](mailto:hightechbuckarette@me.com)



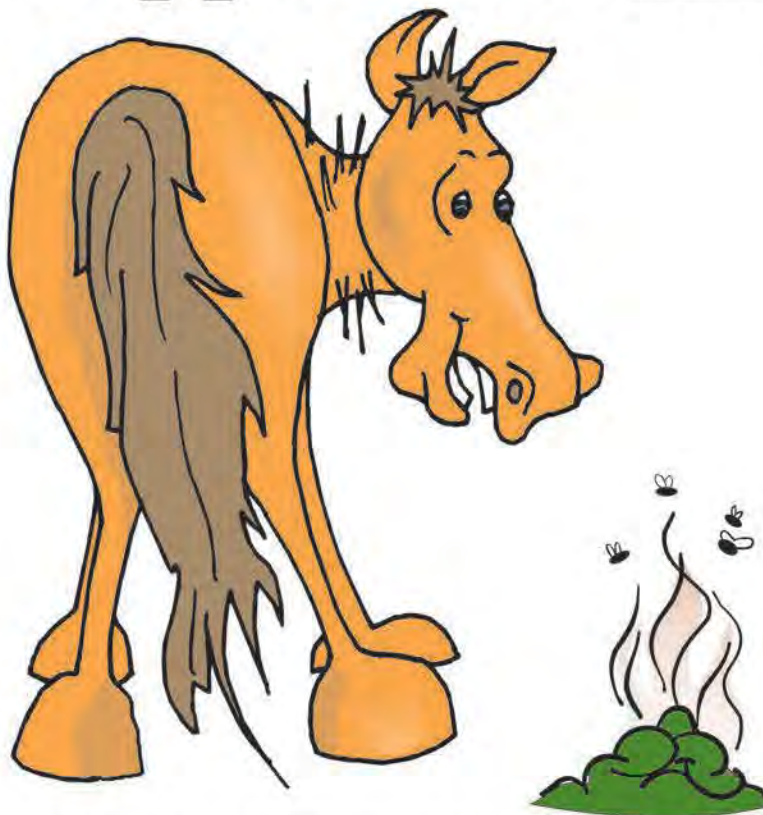
Liz Sullivan

Liz has a rawhide riata tied to her saddle in case she spies a maverick out on the range. Those rawhide riatas, usually 45 – 65' long, will set you back a piece of change so think twice before you rope with them! If you have never seen a grown man cry, you will if one snaps on a tight dally with a bawling calf on the other end. Liz worked with Don Dodge when she was a girl and has a special kinship for the historic traditions of cow working and horse training. Her horsemanship mentors (in addition to Don Dodge) are Gwynn Turnbull-Weaver and Dave Weaver as well as Richard Caldwell. Special thanks to Rich Boyd for the loan of Mikey and gear.

Liz's Item	Vendor	Website
Hat	Flat Hat Trading	<a href="http://www.flathattrading.com">http://www.flathattrading.com</a>
Wildrag (scarf)	Ricotti Saddlery	<a href="http://www.ricottisaddle.com">http://www.ricottisaddle.com</a>
Scarf Slide	Prairie Karen	<a href="https://prairiekaren.com">https://prairiekaren.com</a>
Classic White Shirt	Roper	any Western wear store
Belt	Justin	<a href="http://www.justinboots.com/">http://www.justinboots.com/</a>
Buckle	Diablo Silver vintage	Collectible, not available; current store at <a href="http://www.diablosilver.com">http://www.diablosilver.com</a>
Jeans	Wrangler 20X Jackson Lower Rise	<a href="http://www.wrangler.com/">http://www.wrangler.com/</a>
Chinks	Carlos Macias/Lost Buckaroo	<a href="http://www.lostbuckaroo.com">http://www.lostbuckaroo.com</a>
Spur Straps	Bryan Kunic/Tully Hole Saddlery	<a href="http://www.extendinc.com/tullyhole/">http://www.extendinc.com/tullyhole/</a>
Spurs	Toklat	<a href="http://www.toklat.com">http://www.toklat.com</a>
Boots	Twisted X	<a href="http://www.twistedxboots.com">http://www.twistedxboots.com</a>
Mikey's Item	Vendor	Website
Bosalito	Made by Dave Weaver	<a href="http://www.thecalifornios.com/">http://www.thecalifornios.com/</a>
"Git" down	Sarah Hagel at Hagel's Cowboy Gear	<a href="http://www.mecates.com">http://www.mecates.com</a>
Headstall	Collection of Dave Weaver	<a href="http://www.thecalifornios.com/">http://www.thecalifornios.com/</a>
Reins	Steve Guitron Custom Rawhide Braiding	<a href="http://www.customrawhide.com">http://www.customrawhide.com</a>
Saddle Blanket	Yucca Flats #98	<a href="http://www.yuccaflatsinc.com">http://www.yuccaflatsinc.com</a>
Saddle & Breast Collar	Billy Cook	Select saddle shops
Stirrups	Capriola's	<a href="http://www.capriolas.com">http://www.capriolas.com</a>
Riata	Collection of Rich Boyd; vintage from Rancho Escondido on Catalina Island in the 30's and 40's	N/A



## Where does YOUR Joint Supplement end up?



Large molecules of CHONDROITIN SULFATE found in other joint supplements are difficult for the body to absorb. **MORE THAN 70% usually ends up in the manure!**

**Gluquestrian™** contains human grade Glucosamine Sulfate 2KCl\* and Cardinal MSM. Up to 98% of the Glucosamine Sulfate in **Gluquestrian™** is available to the joints within 30 minutes.\*\*

**Get Gluquestrian™  
For Total Joint Health™**



\*Glucosamine HCl (found in other joint supplements) is not actively used by the joints without a Sulfate molecule.

\*\*Extremely effective within 6-8 weeks when used daily. Helps prevent joint wear and tear due to aging, overuse, injuries, arthritis and EVEN NAVICULAR. Beneficial to performance horses and companion animals of all ages.

*Ask About Our Highly Effective Human and Canine Formulas!*

Call for more information  
or for a reseller near you!

**1-800-628-0997**



Visit our website at

**www.mdschoice.com**

*Nearly 1,000 pages of information!*

Developed and Formulated By: Dr. J. Eric Martin, D.V.M., Dr. David F. Davenport, D.V.M., M.S., C.N.S. and Dr. Michael R. Bishop, M.D., PhD.

To learn more about joint supplements, click on **www.equinearthritis.com**



## COME BOARD AT RANCHO VIEJO!

For the first time in years, RV has openings. So if you want to board your horse in beautiful Portola Valley, consider us.

We have both english and western in the barn.

RV is a laid-back environment for the horse owner who likes comradery.



FOR MORE INFO, LOOK  
AT [WWW.RVSTABLES.COM](http://WWW.RVSTABLES.COM)

AND/OR CALL  
**ED OR DONNA COHN**  
**650-854-9109**

We have:

- Four arenas, including covered, three with lights. Watered and dragged almost daily
- Turnouts, wash racks, several tackrooms
- Miles of pasture and trail riding
- Lessons and training
- Lessons with cattle



## PENINSULA EQUINE MEDICAL CENTER

Equine Medicine & Surgery Group Practice

Digital Radiography – Ultrasound – Nuclear Scintigraphy  
Video Endoscopy – Advanced Lameness Evaluations  
Pre-Purchase Examinations – Regenerative Medicine  
Shock Wave Therapy – On-Site Labwork  
Online Pharmacy – Elective & Emergency Surgeries

100 Ansel Lane, Menlo Park, California 94028

**Phone:** (650) 854-3162 **Fax:** (650) 854-3658

Gilroy Gates: 7777 Frazier Lake Road, Gilroy, CA 95023

Phone: (408) 762-5626

[www.peneq.com](http://www.peneq.com)

[info@peneq.com](mailto:info@peneq.com)



## MRSOD

by: Carole

Are you aware of MROSD (Midpeninsula Regional Open Space District)? Go to [mrosd.org](http://mrosd.org).

Mid-Pen, as many people call it, has been buying properties through the years. They have many Open Space Preserves though out San Mateo County that you can ride in.

Of the District's 26 preserves, ranging from 55 to nearly 17,000 acres, 24 are open to the public free of charge, 365 days a year from dawn until one-half hour after sunset. Use the Preserve Finder to find which is closest to you.

GPS Data: District preserve data, including preserve boundaries, trail data, and ward boundaries, are now also available for download. For ward maps and information, please see the Board of Directors page.

There are many areas that are under utilized. They have just finished on the Master Plan for LaHonda Creek/ Driscoll Ranch. It still will be a number of years before we can ride in there. We have had to have a permit for the 16 hr Class to ride on the Driscoll Ranch property.

As you can see you can make maps of many of the areas. They encourage the public to attend their meeting... in fact some of us in ETRAC have been following their projects... One of the new ones is Mindego Ranch. Faye and Emmet Brophy and Bob Rosenberg are volunteers for MROSD and are like VHP for County Parks.

Preserve Page	Map	Drive	🔥	🐎	🚲	🏃	♿	P	🚰
<a href="#">Bear Creek Redwoods</a>	PDF	*							
<a href="#">Coal Creek</a>	PDF								
<a href="#">El Corte de Madera Creek</a>	PDF								
<a href="#">El Sereno</a>	PDF	**							
<a href="#">Foothills</a>	PDF	**							
<a href="#">Fremont Older</a>	PDF								
<a href="#">La Honda Creek</a>	PDF	*							
<a href="#">Long Ridge</a>	PDF								
<a href="#">Los Trancos</a>	PDF								
<a href="#">Miramontes Ridge</a>	*	*							
<a href="#">Monte Bello</a>	PDF								
<a href="#">Picchetti Ranch</a>	PDF								
<a href="#">Pulgas Ridge</a>	PDF								
<a href="#">Purissima Creek</a>	PDF	**							
<a href="#">Redwoods</a>	PDF	**							
<a href="#">Rancho San Antonio</a>	PDF								
<a href="#">Ravenswood</a>	PDF								
<a href="#">Russian Ridge</a>	PDF								
<a href="#">St. Joseph's Hill</a>	PDF	**							
<a href="#">Saratoga Gap</a>	PDF								
<a href="#">Sierra Azul</a>	PDF								
<a href="#">Skyline Ridge</a>	PDF								
<a href="#">Stevens Creek</a>	PDF	**							
<a href="#">Shoreline Nature</a>	PDF	**							
<a href="#">Teague Hill</a>	PDF	**							
<a href="#">Thornewood</a>	PDF								
<a href="#">Tunitas Creek</a>	***	***							
<a href="#">Windy Hill</a>	PDF	**							

● The activity may not be designated on all trails within a preserve-- always refer to the preserve page and map for more details, including the specific trails where this activity is permitted.

\* Limited public access. Please refer to the Preserve page for more information.

\*\* Please refer to the Preserve page for directions.

\*\*\* No public access at this time. Please call for more information.





# REBECCA HOLLAND Studio



REBECCA HOLLAND Horses and Barns 2013  
www.RebeccaHolland.com



I am happy to offer my new calendar for 2013, featuring my favorite subject, HORSES and BARNs. Each painting has a story that goes with it and may be about a person, place or horse you know well. You can order a calendar for \$20. including shipping, from my website, mail a check to 2800 Lobitos Creek Road, CA. 94019, or call me and come by and pick one up. - Happy Trails! Rebecca

**Original Oils, Giclée prints on canvas, Commissions**  
www.RebeccaHolland.com • 650-726-6009

# Start Horsing Around

Jennifer Ott

650.619.8257

jottcameron@yahoo.com

www.starthorsingaround.com

Horsemanship Classes . Lessons . Beginner through Advanced  
Training for Pleasure Riding & Showing . "Parent & Me"  
Specializing in Western Events



## 2013 Calendar of Events

Subject to change - please check website for updates

### January

10 Board Meeting  
26 Kick-Off Gala & Installation Dinner

### February

14 Board Meeting  
21 General Meeting

### March

14 Board Meeting

### April

11 Board Meeting  
20 Jack Brook Clean-up Day  
21 Spring Ride

### May

4 Woodside May Day Parade  
9 Board Meeting  
16 Western Riding Clinic – Mounted Patrol  
19 Western Schooling Show – Webb Ranch  
23 Western Riding Clinic – Mounted Patrol  
27 Hillsborough Parade – Color Guard  
30 Western Riding Clinic – Mounted Patrol

### June

6 Western Riding Clinic – Mounted Patrol  
12 Board Meeting (note: Wednesday NCEFT)  
13 Western Riding Clinic - Mounted Patrol  
20 Western Riding Clinic – Mounted Patrol  
7-15 San Mateo County Fair  
27 Western Riding Clinic – Mounted Patrol  
29 Mounted Patrol Clean-up Day  
TBD Clarkia Trail Clean-up (Summer)

### July

3 Mounted Patrol: Rodeo Dinner & Dance  
4 Color Guard @ RWC Parade  
4 Half Moon Bay Parade  
4 Mounted Patrol: Junior Rodeo  
11 Board Meeting

### July cont.

TBD Reining by the Bay - Horse Park  
15 English Riding Clinic – Springdown  
22 English Riding Clinic - Springdown  
24-29 Jack Brook Horse Camp  
29 English Riding Clinic - Springdown

### August

4 English Schooling Show - Webb Ranch  
5 English Riding Clinic - Springdown  
8 Board Meeting  
10-11 Chick Ride  
12 English Riding Clinic - Springdown  
19 English Riding Clinic - Springdown  
25 Open English/Western Show – Horse Park

### September

12 Board Meeting  
TBD Clarkia Trail Clean-up Day (Fall)  
19 General Meeting  
29 Presidents' Ride

### October

10 Board Meeting  
12 Woodside Day of the Horse  
18,19,25,26 Grand National Rodeo  
19 Horsemen's Night/Bus to GNR  
26 Play Day & Halloween Extravaganza

### November

14 Board Meeting  
16 General Meeting - Elections & Bingo Night

### December

6 Board of Directors Dinner  
15 Holiday Barn Party

### January 2014

9 Board Meeting  
25 Kick-Off Gala & Installation Dinner



THE SAN MATEO HORSEMAN  
P.O. BOX 620092  
WOODSIDE, CA 94062

(650) 568-1045  
www.smcha.org

ADDRESS SERVICE REQUESTED

Published by  
SAN MATEO COUNTY HORSEMEN'S ASSOCIATION  
A Non-Profit Organization

President Cheryl Basin  
Winter 2013

PRSR STD  
U.S. POSTAGE  
**PAID**  
Redwood City, CA  
Permit No. 12

**SAN MATEO  
COUNTY HORSEMEN'S  
ASSOCIATION**

**Membership Application**



	<b>Annual Dues</b>	
____ JUNIOR MEMBERS (17 OR UNDER)	\$15.00	<input type="checkbox"/> New <input type="checkbox"/> Renewal
____ SENIOR MEMBERS (18 OR OLDER)	\$25.00	
____ MR./MRS. MEMBERS	\$40.00	
____ FAMILY MEMBERSHIP**	\$45.00	

[Parent(s) and unlimited number of children 17 or under]

I would like to contribute to the following events or functions (see listing at right) in the following amounts:

B \$ ____	E \$ ____	H \$ ____	L \$ ____
C \$ ____	F \$ ____	I \$ ____	M \$ ____
D \$ ____	G \$ ____	J \$ ____	Other \$ ____

I would like to help with the following events/functions:

- |  |   |
|--|---|
| <input type="checkbox"/> Board of Directors      | <input type="checkbox"/> H Junior Members     |
| <input type="checkbox"/> B Trails                | <input type="checkbox"/> I Playday            |
| <input type="checkbox"/> C Western Riding Clinic | <input type="checkbox"/> J Hospitality        |
| <input type="checkbox"/> D English Shows         | <input type="checkbox"/> K Membership         |
| <input type="checkbox"/> E Western Shows         | <input type="checkbox"/> L Junior Color Guard |
| <input type="checkbox"/> F Magazine              | <input type="checkbox"/> M Senior Color Guard |
| <input type="checkbox"/> G Trail Rides           | <input type="checkbox"/> Other _____          |

\*\*Please list names and ages of children:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TOTAL CONTRIBUTIONS \_\_\_\_\_ TOTAL AMOUNT ENCLOSED \_\_\_\_\_

Annual dues are for January 1 through December 31 of each year. Your cancelled check is your receipt.

Join after October 1 and your membership is paid through the following year.

Do you want to be included in our Membership Directory? (Must be received by Jan. 31) \_\_\_\_ Yes \_\_\_\_ No

NAME(S) \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ EMAIL \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

**PLEASE MAKE CHECKS PAYABLE TO SMCHA. PLEASE DO NOT SEND CASH. MAIL APPLICATION TO:  
SMCHA • P.O. BOX 620092, WOODSIDE, CA 94062**