

# The San Mateo HORSEMAN

Spring 2019







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## ON THE COVER

Everyone loves a parade! SMCHA Color Guard back in the saddle.



## MESSAGE FROM THE CO-PRESIDENTS



A short five months into our presidency has taught us so much and in turn, we have been working very hard to help keep SMCHA and our horse community alive and well. Looking into our club's history, we'd like to recognize all the past SMCHA Presidents, Board of Directors, and members who have worked so hard to build and sustain this wonderful club. These outstanding men and women have contributed their time, special talents, and hard work in order to build a fine group of like-minded horse people who are dedicated to trails, horsemanship, care, and training of our beloved horses. It is due to the dedication of these horsemen and horsewomen that we are all still able to enjoy the local equestrian community that we have today.

Our current SMCHA Board of Directors and membership are striving to protect the foundation of this organization, which was established in 1940, so the next generation of equestrians can enjoy our horse community as well. The continued success of SMCHA and our equine community not only depends on the dedication of our volunteers, but also the much-needed donations which allow us to continue to provide quality equestrian events for our community.

Let's all do our part so SMCHA can continue to foster the equestrian way.  
[www.smcha.org](http://www.smcha.org)

*Christine Friis and Jenny Mize*

## The San Mateo HORSEMAN

SPRING 2019

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Athos, the Horse  
(almost) has A New Column!

# JUST ASK ATHOS



*I'm not a young fella'. They peg me to be right around 26, the same age as my friend, Yohan, who took me in some 15 odd years ago. Besides a stiff leg (old running injury), a couple of pigeon fever scars and a scratched cornea, I'm doing pretty well for an old guy.*

*Over the years, I've learned a lot from my human and equine counterparts, and if you'd oblige, I'd like to share some of those insights with you, our valued readers. If you find my new quarterly column useful, feel free to take and share the advice. Should you have questions of your own, please shoot me an email ([athosthetrickpony@gmail.com](mailto:athosthetrickpony@gmail.com)), and I'll answer your question in our next publication.*

*Today's question is from Molly, who lives in Woodside, CA. Molly writes...*

***"Athos, why don't you act your age? For a senior, you sure are silly!"***

Molly, if I've learned anything over my lifetime, it's that maturity is overrated! Play, have fun and enjoy every day! Life is too short to wear a worried, tense face. In addition to an ulcer, you'll end up with a bunch of wrinkles!

No one is too old or too important to laugh and act crazy once in a while. As for me, I love to show off my tricks. My stunts aren't particularly useful, but I put smiles on my friends' faces! My antics include drinking water from a trough (upon command), knocking over chairs with my nose, squeaking a chew toy with my teeth, picking up hats from the ground, bowing, playing soccer and so much more.

My owner thinks she's taught me tricks, but honestly, I'm the one doing all the training. Look how high she lifts her feet when she asks me to do the Spanish Walk! All the horses in the pasture whinny when watching us perform! They think it's quite comedic to see how determined she is to put on a show! I enjoy the laughter, the silliness and the treats. Did I mention the treats?? Yum!

Now that summer is upon us, I sure am going to miss the mud puddles! There is no better feeling than to roll around on the freshly rain-soaked ground. Most humans just look at me and shake their heads with dismay and say, "Athos should have been born a pig!"

Molly, remember that what others think about you is not important. What really matters is that you love yourself, have good friends and live with good intentions. Live and let live! Life is too short to worry about a few stains.

Thanks so much for your question, Molly. I'm here for you, my friend! I hope you come to see me in my pasture at the Horse Park in Woodside. If you bring me a carrot, I'll promise to show you a few of my tricks.

Love,  
Athos





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Subscriptions are available for \$40 per calendar year which includes membership in the San Mateo County Horsemen's Association. Please fill out and mail in Membership application on the back page of this magazine.

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**DEADLINE FOR ADS AND ARTICLES  
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# The Parade Must Go On...

After a brief hiatus from presenting in parades and events in 2018, the SMCHA Color Guard Unit jumped back into the saddle and started this year off riding in the 2019 Woodside May Day Parade.

Our presentation of flags consisted of Kristi Eifert riding Fling carrying the American Flag, Caprice Tennefoss riding Mel carrying the California Flag, Kerstin Doerre riding Tuxie carrying the SMCHA Club Flag, and Cheryl Basin and her steady mount CeCe carrying the Honor and Remember Flag. The SMCHA members that joined us this year were Noel Moody and Bree Vail. A BIG thank you goes out to the San Carlos/Eaton Hills 4H youngsters, Noah Chevillet and Megan Campbell who carried the banner the entire parade and to the two exceptional side walkers, Allison Haazer and Jeannie Landini who also helped us get ready before the parade.



You don't just wake up one morning and say, "Let's ride in a Parade as a Color Guard Unit." Finding the right horses that can mentally handle the stress of riding in a parade or event is the first step. Then comes the training and many practices to get the horses in sync with each other. Training these horses entails not only walking and stopping in unison, but also accepting all the outside distractions that take place during a parade or event. It's never exactly perfect because you are riding a "thinking partner" who often has other ideas about the situation. With hard work and dedication, our members have put in the time to make every event safe for riders, horses and the community. Hats off to all the previous members of the SMCHA Color Guard Unit! Without you leading the way and setting such a high standard, we wouldn't be as successful as we are today.

It takes hours and hours to get parade horses clean, especially when they have white hair. You bathe them the day before and put sheets on them to protect from the dreaded green poop monster. When the hooves are dry, you sand them smooth and put hoof black on them. You desperately try to go to bed before midnight because you still have to pack the trailer with all the equipment: hay, water and food for us humans, too. You wake up before dawn to feed your horse only to discover that you need to give them another bath because the poop monster decided to sneak in their paddock late at night and make their white hair green again. Time is ticking away, and you now need to be at the parade prep area before the roads close. Arriving at the staging area at least 90 minutes early so you can get ready and be in the saddle before the parade starts is always a little stressful. One you are at the start of the parade, you breathe deeply, smile at your fellow riders and stride out with pride in your hearts, flags blowing in the wind.

There are risks involved in getting ready for a parade and we experienced one just hours before this parade. We all had three black and white horses at the wash rack, putting on our final touches - making their manes and tails silky smooth, sanding the hooves and applying hoof black so the feet shine in the sunlight. As Kristi was applying the hoof black on Tuxie's final foot, she proudly stated to everyone, "I did not even get a drop of hoof black on my hands!" JINX!! As she stood up and stepped back to admire her work, her boot heel caught on the edge of the mat and she fell backwards on her behind. She placed her hands out to her sides to help "soften" the blow, forgetting that she still had the open bottle of hoof black in her hands. Yep. You guessed it! The hoof black bottle hit the ground and all the contents spilled upward all over her hand, arm, shirt and face. Trying not to laugh at the fact that she now strongly resembled one of her painted black & white ponies, we graciously helped her up. Anyone who has used hoof black knows that if it gets on your clothes, you just throw them out, and if you get it on your hands it takes days before it come off. A word of warning - when you try and "clean" it off your skin, do not use a harsh chemical or it will leave you with a chemical burn on your skin. The rest of the parade went off without a glitch, but a good lesson was learned!!

Thank you Redtail Ranch and NCEFT for the practice space, and an additional HUGE thank you to Marty Raynor, NCEFT's Facilities Manager, for hosting the SMCHA Color Guard horses for their overnight stay prior to the parade.

*By Kristi Eifert & Caprice Tennefoss*



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# Calling All Youth!

## 4-H EQUINE PROJECT

Any 4-H member age 9 or older in San Mateo or San Francisco counties is welcome to join. This project is going to grow by adding a riding/showing team and an academic team (not mutually exclusive) to compete in Horse Bowl, Hippology, Horse Judging, and Public Presentations, if desired. Any leads on appropriate Western lesson/show horses would be appreciated! SMCHA is a proud supporter of 4-H.

For more info, please refer to [www.starhorsingaround.com](http://www.starhorsingaround.com) to contact a project leader.

For her 4H club's April newsletter, Clara Hause Stephenson wrote a "Member Report" about a project she participated in during the past month. This was Clara's first time submitting an article - she really wanted "Horse Project" to be represented because she wants other kids to know how great the project is.

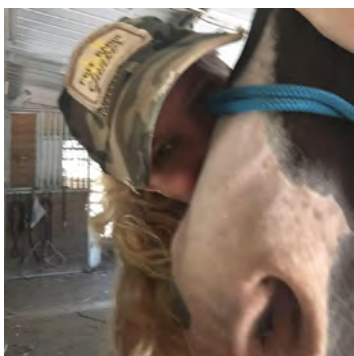
### Horse Project

*By Clara Hause Stephenson*

In this meeting, we discussed horse breeds and the different jobs horses have done throughout history. An interesting statistic that our project leader Jennifer told us was that 90% of equines (such as horses, donkeys, and mules) are working animals (farm work, pulling things and labor such as carrying loads on their backs). This indicates that only 10% of equines are recreational animals (riding, parades and horse shows).



We walked around Webb Ranch and learned about the many different breeds of horses. Some of the breeds we saw included Gypsy Vanners, Thoroughbreds, Quarter Horses, a Percheron, a Friesian, and an Appaloosa. It was really fun because I got to pet a lot of horses. I realized that there are so many variations of color: Smokey Bay, Liver Chestnut, Dusky Palominos, Flea-Bitten Grays, and more. My favorite horse that I met was a liver chestnut color. She was so soft and sweet. To practice our knowledge of horse colors, breeds, and conformation, we did an exercise about designing a perfect horse for ourselves. I imagined a silver buckskin Akhal-Teke horse. I learned a lot and it was a great meeting!



### Laurie Greenblat Steps Up As Treasurer

We welcome Laurie Greenblat back to SMCHA's Board of Directors! Laurie has had horses since she was ten and has been riding in Woodside for 30+ years! Having done everything from Team Penning to Mountain Search and Rescue (when it first began); she's also a Shack rider. Laurie has run her own barn for seven years and has been on and off the SMCHA board a couple times. Laurie is living the life – happily ever after – with her four horses, awesome dog, an African Grey Parrot, a herd of cats and a few random tortoises.





## Going Barefoot

### Seven Steps for Success

*By Shari Fisher*

I recently watched a movie, “The Brave Ones”, about the Granite Mountain Hot Shots and their heroic story. One piece of dialogue caught my attention. Eric March’s wife, Amanda, had to rush to get back home for she was teaching a group of interested people about the benefits of the barefoot horse the next day. This is a Hollywood movie! Has the barefoot horse gone main stream?

In today’s horse world, there is a diverse range of approaches to all aspects of horsemanship and horse care. It also creates the biggest challenges as we face all the passion and promise associated with those diverse approaches. Everyone has an opinion. You ask ten horse people the same question, you’ll get twenty different answers. Which way to train? Which way to feed? Should your horse live in or out? And when it comes to the hoof, barefoot or shod seems pivotal amongst diverse approaches today.

In the hoof-care world, we seem to have two extreme factions. Those that passionately believe every horse should be barefoot, and those that are adamantly convinced that all horses need shoes. We all tend to be critical of the other side. And at times, have religious-like convictions in favor or against what we observe in the horses around us. This is where we get into trouble. We all know the people and we all have our own thoughts, however, most of us can stop before unkind words come out of our mouths. Some people, on the other hand, get quite fervent in their postulations of their dislike for what they see.

As a hoof professional, I combat the sway of fanatical opinions by educating myself continuously, documenting my work and objectively observing the results of my choices for the horses I work on. Ironically, this has left me in neither camp. I love barefoot horses, but recommend applying shoes when necessary. Unfortunately, not every horse was bred to have healthy feet. I've learned by always looking out for the best interests of the horse to never say never. The minute I lose the ability to be open-minded, I believe I cannot serve the horse honestly.





## HERE IS A SIMPLE SEVEN STEP MODEL YOU CAN USE TO SUCCESSFULLY TRANSITION YOUR HORSE FROM SHOES TO BAREFOOT.

### 1. Find Your Barefoot Guidance

If you are new to barefoot, you will need to find a way of informing yourself, and getting some form of support or assistance if you need it. Many horse owners going barefoot decide to find a barefoot practitioner in their area for natural trimming and general barefoot advice.

### 2. Remove the Shoes

Unless you have the know-how and appropriate tools to do this yourself, you can ask your natural hoof-care professional, or your farrier, to remove the shoes. It is important that this is done carefully to limit any extra damage to the already weakened hoof wall. The nail clenches must be removed properly before pulling the shoe to allow them to come out easily.

### 3. Start Barefoot Trimming

As soon as your horse's shoes are off, you can start helping his feet to recover with a natural trim. For the initial trims, you will want to be even more careful than usual about how much hoof you remove. The natural trim always respects the integrity of the hoof, but after removal of the shoes, you should leave a slightly greater height and width of hoof wall to give your horse more protection while the feet are recovering.

### 4. Equip Your Horse with Hoof Boots for Protection

In the natural hoof-care world, opinions differ as to whether hoof boots are necessary in the long term for barefoot horses, but most experts are now undivided as to the importance of providing protection for your horse's feet during the transition period when going barefoot.

### 5. Address Your Horse's Diet

The horse's diet is inextricably linked to the health of his feet. It is therefore impossible to ignore this aspect of going barefoot. The high sugar diet, common to many domesticated horses, produces toxins in the hind gut, which then (via the bloodstream) damage the sensitive laminae in the hooves. This causes pain and distortion of the hoof, in varying degrees, from mild to extremely severe cases of laminitis.

### 6. Provide the Best Lifestyle for Healthy Hooves

When you are going barefoot with your previously shod horse, initially his feet will probably lack internal structural strength. This strength is necessary for soundness, good movement, and healthy hoof function. It can only be rebuilt by stimulation and movement, and your horse's lifestyle has to provide enough of this. Unless you are an endurance rider, it is unlikely that the amount of time you work your horse will be enough to make a difference to hooves that have been weakened and distorted by shoes. Therefore, the more you can encourage your barefoot horse to move in his daily (and nightly!) life, the better.

### 7. Above All... Be Patient!

The damage that is done by shoeing can be profound, especially if the horse was shod at an early age, or for a period many years. It takes time for the hoof to recover from this - in some cases it will never return to complete health - but as with any living system, if supported in the right way, it has an amazing power of regeneration. Taking this holistic approach to going barefoot will accelerate your horse's recovery, but it still takes the commitment and patience to let health come from the inside out.

# Equine & Essential Oils

By Shelly Hayes

Let's talk about essential oils that support joints, tendons, and ligament health. I'd like to share a spray bottle recipe that includes Cypress, Siberian Fir, Frankincense, and Lemongrass. Essential oil constituents have the potential to affect every cell in the body within 20 minutes.

## Option 1: Joint/Tendon/Ligament Spray

In a 4oz glass spray bottle, add the following, in order:

20 drops doTERRA Cypress  
10 drops doTERRA Siberian Fir  
10 drops doTERRA Frankincense  
5 drops doTERRA Lemongrass  
Top off with Fractionated Coconut Oil

To use, shake well and spray directly over joints, tendons, ligaments, as needed for relief and support.

## Option 2: Ointment

If you prefer a skin ointment replace the carrier oil with solid coconut oil.

Mix the oils with a mixer for 5 minutes for a whipped ointment. Apply as noted above.

**Cypress is steam** - distilled from the branches. It's great for circulation and is a lymphatic decongestant.

**Siberian Fir** is steam distilled from the twig. After strenuous activity, it provides soothing comfort and helps minor skin irritations.

**Frankincense** is steam distilled from the tree resin. It promotes cellular health and DNA integrity for any lumps or bumps that your horse may have.

**Lemongrass** is steam distilled from the leaf. It helps bring inflammation down, reduce pain, and swelling.

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*If you are interested in knowing more, please email Shelly - [4shelly.hayes@gmail.com](mailto:4shelly.hayes@gmail.com)*





# San Mateo County Sheriff's Office Mounted Search and Rescue Unit Patrolling at Another Local Event

*By Debbie Padilla*  
Photo Credit to Bob Carlin



*From left to right: Karen Gregory, Walt Headley, Kelley Hix, Bob Rosenberg, Marcy Rosenberg, Larick Hill, Fawni Hill patrolling at the Dream Machines Event in Half Moon Bay.*

The horse community in San Mateo County is somewhat of a tight-niched group, as such there are members of the San Mateo County Horsemen's Association that also belong to other local groups. For example, some of our SMCHA members are also on the San Mateo County Sheriff's Office Mounted Search and Rescue Unit (SMCMSAR). MSAR, for short, is comprised of civilian horse and rider teams who volunteer their time and horses to assist with search and rescue operations. This group also patrols on foot and on horseback at community events, such as Dream Machines in Half Moon Bay, California.

There are several mandatory courses required before you are able to participate on a search or ride in events. Courses are divided into two basic sections: Equine Certification and Personal Training. Participants learn and participate in mounted activities such as formation riding, basic crowd control, sensory training, proper riding techniques, search skills for evidence and lost persons as well as grid searches on horseback. If you are interested in learning more about the San Mateo County Sheriff's Office Mounted Search and Rescue Unit please visit our website at [www.smcmsar.org](http://www.smcmsar.org).



*Bob and Marcy Rosenberg*



*Karen Gregory*

bd

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# MESOTHERAPY

By Kelly Zeytoonian DVM, CERP



Have you ever had a sore-backed horse and felt that you've tried everything to provide pain relief? There are many causes for a sore-backed horse and just as many therapies to address the issue. Causes of pain can include poor saddle fit, conformational issues, arthritic changes, vitamin deficiencies, etc. Treatment options may include rest, anti-inflammatories, muscle relaxers, massage therapy, chiropractic evaluation, acupuncture, and more.

A less well-known therapy — Mesotherapy — that originated in France is becoming more popular today.

Mesotherapy is a therapeutic modality used to address chronic back and neck pain. Treatment consists of multiple intradermal injections that are used to stimulate the nerve fibers within the middle layer of the skin.

## **What can mesotherapy be used for?**

Mesotherapy is used to address chronic musculoskeletal pain of the neck and back. The therapy is performed in regions where palpable sensitivity is detected. When the skin is stimulated, there is an inhibitory effect on the conduction of pain in both the superficial and deep structures in that region.

## **How does mesotherapy relieve pain?**

Pain relief is based on the gate control theory of pain. A simplified explanation of this theory follows: A non-harmful stimulus (commonly saline and a numbing agent) is used to “overwhelm” nerve fibers in the skin. The nerve fibers “turn off” and stop sending signals to the central nervous system. Through this process, the sense of pain is not transmitted from the injection site to the brain — stopping the pain-spasm cycle.

## **What does the mesotherapy treatment entail?**

Treatment entails strategically-placed intradermal injections spaced approximately 1cm using a very fine and short needle. A small amount of solution is injected at each site to stimulate the skin. Small bumps are formed with each injection (these bumps subside within 1-2 days).

## **How does it feel?**

The size of the needles is similar to that of an acupuncture needle and the injection is similar to what is felt during tuberculosis or skin allergy testing. Depending on the size and location of the region being treated — and your horse's response to injection — sedation may be used.

## **How soon can we expect results?**

A benefit of this therapy is a quick response to treatment. Improvement will generally be appreciated within a few days.

Mesotherapy is a relatively non-invasive approach to back and neck pain relief and may be an ideal option for your horse. We always recommend a thorough musculoskeletal exam with your veterinarian to determine the best treatment options for each individual case. For additional questions, please contact Starwood Equine ([info@starwoodequine.com](mailto:info@starwoodequine.com)).



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# Knowledge is Power!

By Jenny Mize

Peninsula Equine Medical Center and SMCHA partnered together to provide an educational evening of equine first aid. Dr. Jackie Dietrich kept an audience of equine lovers intrigued with a wonderful selection of different equine first aid topics. Knowing when to call the vet in an emergency can often be a challenging situation for many horse owners. Dr. Dietrich provided a few key situations or injuries that might warrant a call to your veterinarian.

An important aspect to horse ownership, which many people might overlook, is knowing your individual horse's normal baseline values. Dr. Dietrich explained the importance of knowing how to take your horse's temperature, pulse, and respiratory rate (TPR). If a horse owner is able to know these values during a normal situation, this can help both the owner and the veterinarian know how urgent an emergency situation might be.

Topics such as swollen eyes, sudden lameness, and signs of colic were a few of the many topics discussed and Dr. Dietrich gave horse owners the proper steps on what to do for each individual situation. The most important aspect during any equine emergency is keeping both the owner and the veterinarian safe. These situations are both scary and stressful for horse owners and being able to understand the situation can provide some comfort in a stressful situation.

Thank you to Dr. Dietrich and Peninsula Equine Medical Center for helping SMCHA provide an educational night such as this in order to help horse owners and enthusiasts in our community become more knowledgeable about equine first aid.



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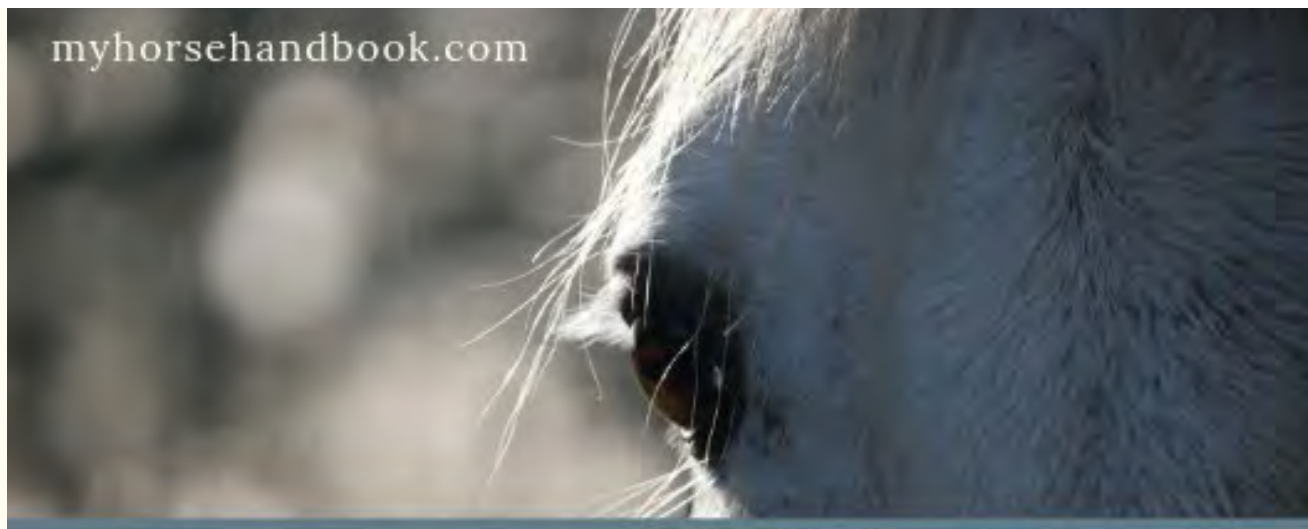
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Dawn Williams, ASID  
and puppy Layla, 08/18



My thanks to Leslie Dorrance, Conservation Grazing Program Manager, Santa Lucia Preserve, for bringing over her two special friends for the photoshoot.

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# Ranch Horse Versatility Show

Webb Ranch, May 5, 2019

*By Cheryl Basin*



As the Ranch Horse Versatility discipline is quite popular right now, our annual May Western Show was again geared toward the Ranch Horse.

Webb Ranch has done some impressive improvements to the show arena, so footing was excellent.

We were very fortunate to have Sarah Clifford as our judge. She is a well known trainer and competitor at the highest levels across the country. The classes for this show include the type of riding that may be used on a working cattle ranch. Trail obstacles included a bridge, serpentine around cones, side-passing to open and close a gate, log drag, and riding at various speeds to demonstrate the versatility of horse and rider. Reining was also a big hit and performed very well by these enthusiastic riders. Kathy Torres was our show chair and she provided guidance for selecting classes and she designed a challenging set of patterns for all divisions.

Congratulations to our five **High Point Buckle Winners**:

High-Point Category	Rider	Horse
Walk-Trot	Bonnie MacCurdy	Jack Pot
Youth	Alissa Reed	Piney
Novice	Virginia Lavia	Who Digs Otoe
Amateur	Jennifer Hardin	Sanjo Light
Open	Taimane Faiaipall	Too Much of a Chic



Our High-Point Buckles, Prizes, Gift Certificates, 1st-5th Place Ribbons and Morning Refreshments were provided by our generous sponsors. We couldn't put on such a wonderful show without these dedicated contributors. **THANK YOU!**

- |                        |                           |
|------------------------|---------------------------|
| • Sharon Butler        | • Ellie Ferrari           |
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| • Fawni & Larrick Hill | • Sharon Himebrook        |
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Our amazing and loyal volunteers always do a fabulous job and this show was no exception. They all showed up early to make sure all details are attended to. **BIG THANKS** go to:

- Kathy Torres, Show Chair
- Aleta Reed, Announcer
- Karen Rowley Shawback, Show Office
- Larry Pelzner, Gate
- Janis Friedenberg Grube, Runner & Prize Presenter
- Sharon Butler, Morning refreshments, Runner, Prize Presenter
- Deb Vasquez & Emily Vasquez, Runners, Prize Presenters,
- Bonnie Bertetta, 2018 SMCHA Chair
- Mari & Greg Sonstegard and son Jack, pattern set-up, Runners, Prize Presenters
- Carin Cartt, Runner & Prize Presenter
- Martha Greene, Photographer.

Check out [www.smcha.org](http://www.smcha.org) to see Martha's action packed photos.





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# Spring Trail Ride in Butano State Park!

*By Adeline Forrest*



On April 27, 2019, we had a wonderful time riding in Butano Park, which is across the street from Gina Silva's ranch in Pescadero. We staged there and enjoyed the warm coffee, delicious fruit and Panera's round tart. What a special place!

My friend Hildy and I spent the night of the 26th in our trailers so that we would be ready for people at 9:00 am. Gina graciously let us keep our horses in her barn. Our friend, Pat McAndrews, came from Almaden on Friday night too, so we all headed to Duarte's Tavern for dinner: artichokes, abalone, and olallieberry pie.

We ended up with nine riders in all so we broke up into two groups consisting of Arabian and Morgan riders (The traditional group had only quarter horses). Noel Moody rode Gina's horse, Red and Rick DeBenedetti rode too, hoping to get his horse back in shape for a big ride the following week. We all rode in the park, a lovely climb that eventually ends up at an airstrip that was used during World War II. We were very impressed by the few mountain bikers who were very polite and cordial. Everyone had a wonderful time. What a fun outing!





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## Woodside Loses a Champion: Carroll Ann Hodges Dies

*By Maggie Mah*

Woodside resident and former Town Council member Carroll Ann Hodges died at her home Saturday evening, March 2, after a long illness. She was 82.

A native of Austin, Texas, Hodges earned a doctorate in geology from Stanford in 1966. Her distinguished career as a research geologist at the US Geological Survey in Menlo Park included the study of extra-terrestrial formations on the moon and on Mars.

Hodges was elected to Woodside's Town Council in 1997, and served three terms as District 6 representative. Prior to that, she served on the Planning Commission, the Zoning Code Review Committee, and the Geologic Hazards Committee.

She helped found the Open Space Committee (now Environment: Open Space, Conservation & Sustainability Committee), and remained a member until recently.

Hodges was also a member of the Woodside Village Band.

A lifelong equestrian, Hodges was a passionate supporter of the equestrian lifestyle. She and her horse, Midnight Cavalier, could be seen almost daily on Woodside's trails. She was a founding member of WHOA! and was honored with the group's Hall of Fame Award in 2017.

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EQUESTRIAN CULTURE  
*magazine*

photo by Rather Be Riding Photography





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Bay Area Equestrian Network - [bayequest.com](http://bayequest.com)

BLM Wild Horses & Burros - California - [wildhorseandburro.blm.gov](http://wildhorseandburro.blm.gov)

California Dressage Society - [california-dressage.org](http://california-dressage.org)

California State Horsemen's Association (CSHA) - [californiastatehorsemen.com](http://californiastatehorsemen.com)

CSHA Region 6 - [csharegion6.org](http://csharegion6.org)

Horse Park at Woodside - [horsepark.org](http://horsepark.org)

Horsensei - [horsensei.com](http://horsensei.com)

Into the Light Horse Rescue and Sanctuary - [intothelighthorserescueandsanctuaryinc.org](http://intothelighthorserescueandsanctuaryinc.org)

Jasper Ridge Farm - [jasperridgefarm.org](http://jasperridgefarm.org)

Los Altos Hills Horsemen's Association - [lahha.org](http://lahha.org)

Los Viajeros Riding Club - [losviajeros.org](http://losviajeros.org)

Mounted Patrol of San Mateo County - [mpsmc.org](http://mpsmc.org)

National Center for Equine Facilitated Therapy (NCEFT) - [nceft.org](http://nceft.org)

San Mateo County Horsemen's Association - [smcha.org](http://smcha.org)

San Mateo County Sheriff's Mounted Search & Rescue - [smcmsar.org](http://smcmsar.org)

San Mateo County Parks Volunteer Horse Patrol - [smcvhp.org](http://smcvhp.org)

Santa Clara County Horsemen's Association - [sccha.org](http://sccha.org)

Santa Cruz County Horsemen's Association - [sccha.wildapricot.org](http://sccha.wildapricot.org)

The BOK Ranch - [bokranch.org](http://bokranch.org)

The Square Peg Foundation - [squarepegfoundation.org](http://squarepegfoundation.org)

Woodside-area Horse Owners' Association (WHOA) - [whoa94062.org](http://whoa94062.org)







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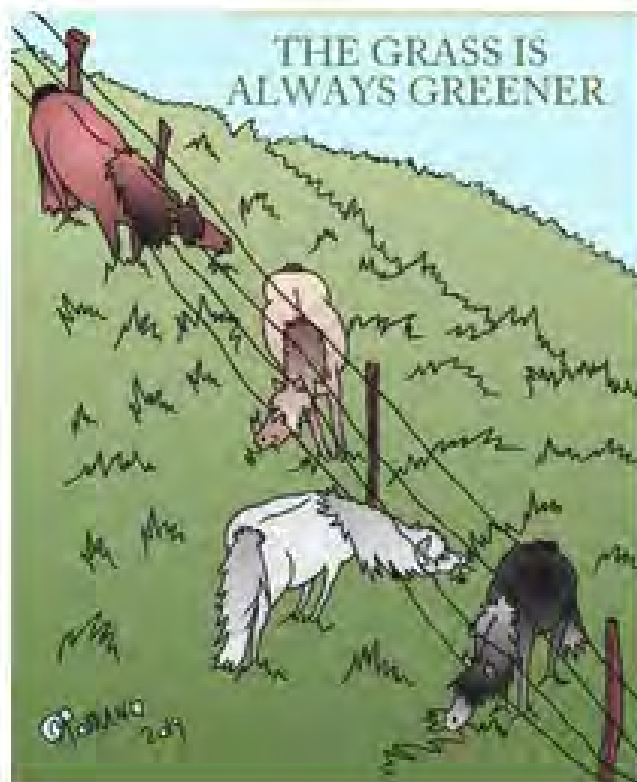
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# CARTOONS

by Chris Romano



# SMCHA 2019 CALENDAR OF EVENTS

## JUNE

8-16 San Mateo County Fair  
8 Clarkia Trail Work Day  
13 Board Meeting  
16 Tack Sale @ Horse Park  
16 Obstacle Challenge @ Horse Park  
22 Bingo at Independence Hall in Woodside  
30 Obstacle Clinic @ Webb  
TBA Summer Ride

## JULY

3 Rodeo Dinner & Dance @ Mounted Patrol  
4 Redwood City Parade  
4 Half Moon Bay Parade  
4 Junior Rodeo @ Mounted Patrol  
11 Board Meeting  
20-28 Reining By the Bay  
24-29 Jack Brook Horse Camp

## AUGUST

3 Ranch Horse Versatility Clinic w/ cows @ WHP  
4 Ranch Horse Versatility Show w/ cows @ WHP  
6-11 Menlo Charity Horse Show @ Circus Club  
8 Board Meeting  
TBA Presidents' Ride

## SEPTEMBER

7 Obstacle Clinic @ Webb  
12 Board Meeting  
13 General Meeting & Movie Night @ Webb  
15 Fall Riding Clinic @ MP  
21 Horses & Heroes Gala – NCEFT's Benefit Event  
22 Fall Riding Clinic @ MP  
29 Fall Riding Clinic @ MP  
TBA Clarkia Trail Work Day

## OCTOBER

6 Fall Riding Clinic @ MP  
10 Board Meeting  
12 Day of the Horse  
12 SM County Horse Show @ Cow Palace  
11,12 Grand National Rodeo @ Cow Palace  
18,19 Grand National Rodeo @ Cow Palace  
27 Play Day & Halloween Extravaganza

## NOVEMBER

14 Board Meeting  
16 General Meeting

## DECEMBER

8 Holiday Barn Party

## JANUARY, 2020

9 Board Meeting  
25 Installation & Gala

NOTES:

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VISIT [WWW.SMCHA.ORG](http://WWW.SMCHA.ORG) FOR UPDATES



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