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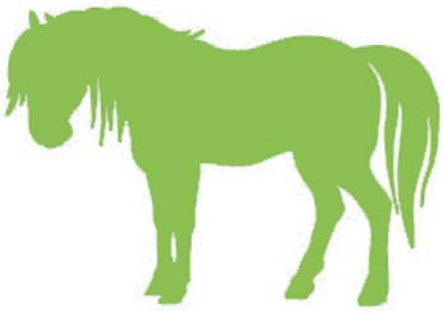

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COVER

President Nancy Kouchekey & Adline Forrest - Horsewoman of the Year 2011

PRESIDENT'S MESSAGE

Greetings members…It is hard to believe but it is already Spring! Our organization had a successful year in 2011 and if you did not attend our 2012 Installation Dinner you missed out on a lot of fun. It was an honor to name Adeline Forest as our Horse Person of the Year. Adeline is a dedicated member of our team and well deserving of this award.

Be sure to take time to read the well-written articles in this magazine. They are very informative and entertaining. The first General Meeting of 2012 was held at NCEFT and back by popular demand Bunco and Spaghetti feed was put on by Cheryl Basin our 1st VP. I am getting excited for our next events and your board members have a lot planned for you. They will continue with the traditional events; such as Horse Shows, Western Riding Clinic co-sponsored with the San Mateo County Mounted Patrol and English Riding Clinics. Some special clinics are on the calendar so stay tuned and check the website frequently, www.smcha.org.

The Spring Ride scheduled for Saturday, April 28, and chaired by Adeline Forest your 2nd VP is planned so come out and support the Ridge to Bridge Ride. This is a Ridge Trail ride that is important for equestrians to participate in! This ride is part of the Bay Area Ridge Trail, which is intended to be multi-use, but as many of you know, making a trail multi-use is expensive since the different users prefer different types of surfaces. If equestrians don't participate in rides like this, then the governing powers will likely choose to just pave their section of the currently expanding Bay Area Ridge Trail.... so please make the equestrian presence known.

Saturday, May 5, will be the annual May Day Parade in Woodside. Polish up your boots and saddles and join our award-winning Color Guard Unit for a ride in this historic parade.

Last year we put on a sold-out Sorting Clinic chaired by Maria Fonseca. This year we will have another Sorting Clinic on Saturday, May 12, but in addition for those who only want to sort, you will have an opportunity to come just for the afternoon. I urge you to get your reservation and payment in.

I will keep you posted on the various Clarkia Trail and the Jack Brook Horse Camp clean up days. Your participation is needed and much appreciated.

On a personal note, I became a grandmother for the second time on March 12; a lovely and healthy boy by my daughter and son-in-law, Letitia and Alen Heshmat. I know most of you know only my youngest son Andre but I have three children who are all very loving and supportive of me in my role as your President.

If you have any suggestions or comments with regard to events and or this magazine please feel free to email or call me. This is your organization and we like to hear from you. Remember …that everyone you meet deserves to be greeted with a smile.

Nancy Kouchekey

SMCHA President 2012

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The San Mateo HORSEMAN

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The official publication of
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Published quarterly
January (Winter)
April (Spring)
July (Summer)
October (Fall)

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Color Guard News

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KICK OFF GALA & INSTALLATION DINNER

Saturday, January 29, 2012

By: Bonnie Bertetta

All of us that hang out at barns with our horses and ranch pals look forward to one "night out" celebrating the annual installation of officers for SMCHA.

SMCHA Treasurer Rich Boyd, dressed in his finest western attire, was the Master of Ceremonies. All who came to honor our SMCHA "Horsewoman of the Year," Adeline Forrest, enjoyed meeting her handsome son, David and his fiancée Melody. In addition to Adeline's husband, Alan, her brother Jake Ainsworth was in attendance. It is always fun to meet the supportive families of our horse riding pals.

The social hour brought everyone together to renew friendships and catch up on horseback riding adventures. We were then treated to a delicious buffet dinner at the Emerald Hills Golf and Country Club.

Introductions by President Nancy Kochekey and a recap of Adeline's life by her good friends Sue Sheehan and Joan McLaren opened the ceremonies. Adeline was the gracious honoree, thanking all who came to the event.

Former Past Presidents were introduced by Master of Ceremonies, Rich Boyd.

New SMCHA Board Members were introduced and the second term President , Nancy Kochekey and the 2012 Board of Directors were sworn into office.

Following the formal part of the evening we were treated to line dancing lessons. Music and dancing were enjoyed by all.

It was a wonderful evening celebrating the friendships that bind those of us in the horse world together. Thank you to all of those Gala Committee members who worked very diligently and made this a very special event.

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ADELINE FORREST - SMCHA'S 2011 HORESEWOMAN OF THE YEAR

Adeline Forrest was born loving horses!! She grew up in Orinda, where her family still had their home until a few years ago. Her Dad taught her to ride horses, and she continued to ride and take lessons at Buckeye Ranch in Lafayette. She was lucky enough to get her first horse at age 7 (Boots). It was really big, half Percheron and something else. She had a horse all through high school, but when she went off to college, was not able to have a horse. After college she taught school in Winters, Ca. for 9 years. She met Alan and they got married and moved to Half Moon Bay and bought a horse and a place in Tunitas Creek. She taught school at the junior high there for 8 years. In fact, some of our club members were her students. They lived in Tunitas Creek for 18 years. It was big enough to share the property with 2 horses, 4 dogs, a goat and several peacocks.

Eventually Adeline and Alan and son David moved to Woodside. She had been a member of SMCHA for a long time, but now had the opportunity to become a very active member. She has been on the Board for many years and held office as historian and 2nd vice president. She has single handedly done our booth at the San Mateo County Fair for the last 6 years and consistently won the blue ribbon for us. Adeline is a hard worker for the club. She always volunteers to help with everything! She has been the judge 's steward for every horse show for five years. That entails standing out in the hot sun all day and is very willing and able and never complains. She helps with all the activities (mostly behind the scenes) and always with a cheery smile. One of her favorite things to do is ground crew for SMCHA senior color guard and walk with them in parades.

In the community she is also an active volunteer. Spent many years on the Woodside Trails committee and is now on the steering committee for WHOA. She helps in many ways for the Day of the Horse, including making all the signs and putting them up for the trail ride. Along with Sue Sheehan she does the WHOA kiosk at Roberts Market in Woodside and Portola Valley once a month. It features horse groups and people and has a monthly calendar of all the horse activities in the area. She also volunteers as a docent for the Folger Barn Carriage Room that is open every Saturday.

She has two horses; Cisco and Angelina, whom she boards at Webb Ranch. Before moving to Webb, Adeline kept Cisco at the Whittelsey's in Woodside. She often mentioned how helpful Stu Whittelsey was by showing her the trails in the area and offering good advice with all related horse issues. She met many people in the Woodside community during the time she boarded there and has made some life long friends.

We are lucky to have Adeline in the SMCHA and the horse community as well. She is a true horse advocate and by being so involved in the community will help us preserve a place for horses to live on forever.

Congratulations, Adeline!

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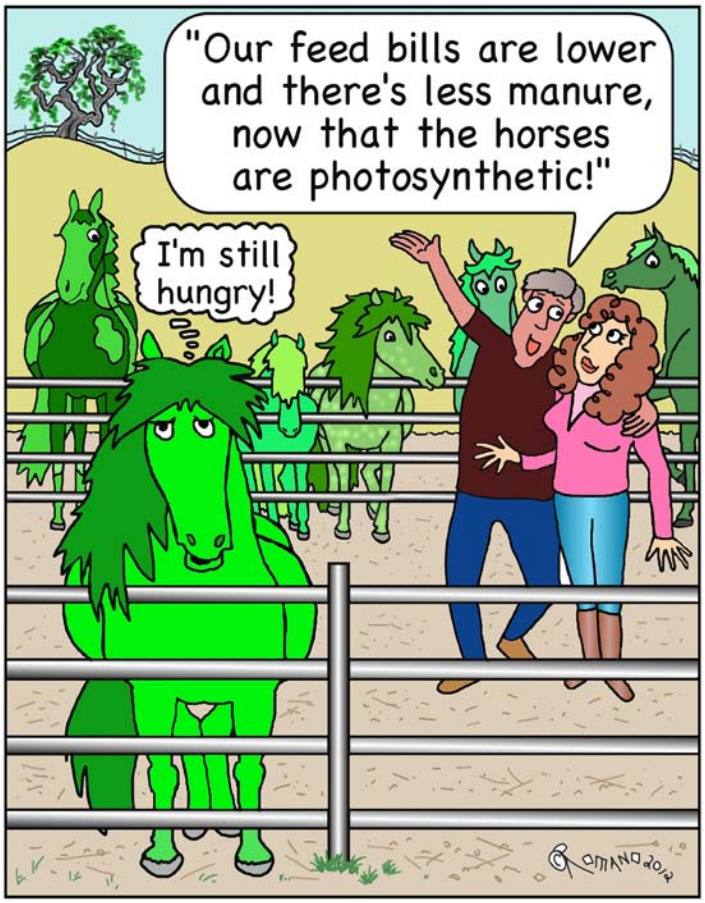

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GENERAL MEETING AND BUNCO NIGHT

February 25, 2012 @ NCEFT Facility, Woodside

By: Cheryl Basin

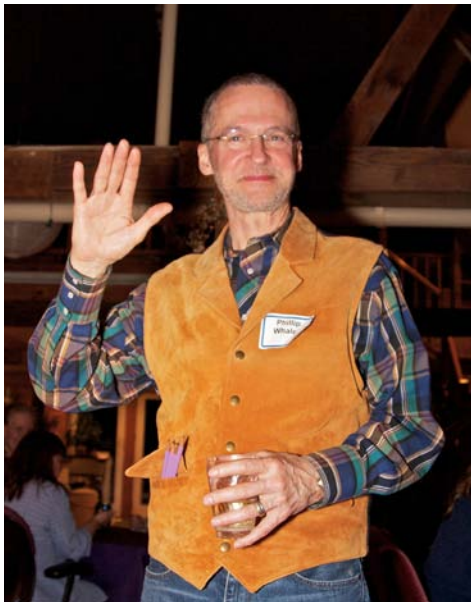
Our first General Meeting of 2012 was a successful and lively event with over 60 members and guests in attendance.

NCEFT's Executive Director, Gari Merendino, generously provided their meeting room above the barn. We had plenty of space to set up 14 bunco tables along with a buffet table for our dinner. Kristi Eifert was our on-site host and guided us to light switches, power outlets and a few supplies we forgot. It was the perfect venue. We couldn't have had this successful event without many assistants and we give a hearty "Thank You" to Adeline Forrest, Robin Whalen, Philip Whalen, Noelle Rodolari and her guest Mike, Annie and Mike Tyo, Sue Sheehan, Justin, Janine and Amber O'Neill, Clif Evans, Nancy and Andre Kouchekey.

Dinner included delicious appetizers prepared by Sue Sheehan and Robin Whalen, really garlicy garlic bread by Sharon Butler, lemon bars by Robin and her Myer Lemon Tree. Cheryl's two pastas and Caesar salad along with Adeline's spring green salad with apples and avocados were well received…it's always a good sign when there are no leftovers.

The room was filled with laughter and "wa-hoos" during the bunco game. Bunco is a game of dice where rolling three of a kind is a very good thing. Barbara Stogner is the bunco pro, so she provided the instruction and called the game. By winning five "buncos" Annie Tyo took home a $100 cash prize. Other cash winners were Pat McKenna and Al Hawes. Congratulations to the winners!

Everyone had a terrific evening and we look forward to hosting our next SMCHA event.



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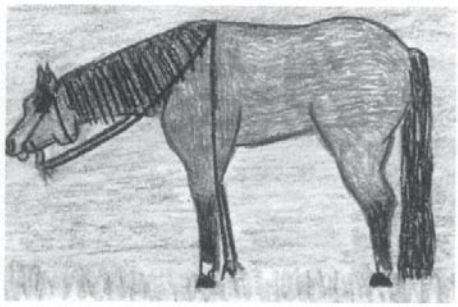
Condolences to:

Bill Ashton and Maté

Maté lost his battle with Colic on March 26th , 2012. Ex-race horse, polo pony , pleasure horse and friend. He will be missed.



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THE RATTLER BITE

by Chris Romano 2011

Rattle snakes rarely bite horses, but a rattlesnake bit Fudgy, our Icelandic pony, right above his left nostril. It was during the first warm spell in early April. We didn't see it happen, but heard his whinny around noon. It was odd to hear him whinny, so I checked him all over, saw nothing. He did tilt his head at me. When I checked his rump for ticks, he backed up against me and we walked quickly backwards about 15'. It was odd, but I couldn't see or find anything. What Fudgy might have been saying is "Hey lady, look at this spot on my nose. I got bit by something. I couldn't back up fast enough!"

My husband and I went out for an appointment. When we came back, 3 hours later, he saw Fudgy's head was swollen. He called me over, pointing to a big gap between Fudgy's teeth and distended upper and lower lips. I saw the swelling and started to cry and keen; I thought our pony would die. Was this tetanus, a break from a kick? Slowly, it dawned on me, this may be a rattle snake bite. We live next to SFWD land and Edgewood Park, prime rattler habitat, and we see one or two a year. The horses have never been bothered, but perhaps this bite was from a baby rattler?

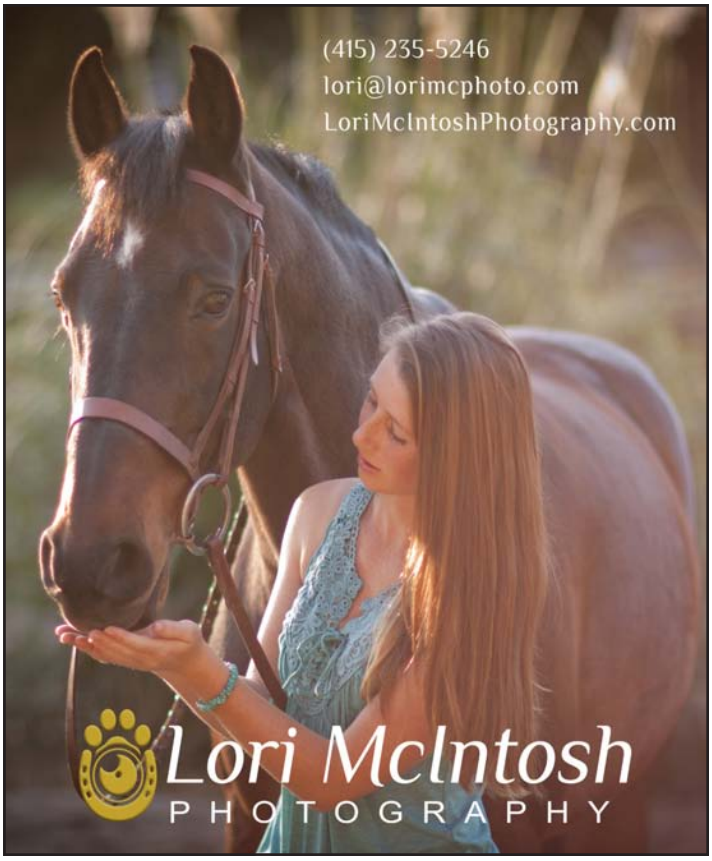
We are so very fortunate to have some wonderful veterinarians in our area. In less than an hour Dr. Wohlford pulled up. His normal friendly warm smile disappeared when he looked at the pony. Fudgy's face was too swollen for a halter, so we looped a lead line over his neck, so the doctor could treat him. Fudgy's breath was strangled and raspy. The doctor showed us the bite site, right above the nostril, where a drop of blood tinged serum oozed. Dr. Wohlford gave the pony initial injections of cortisone and tetanus and Dexamethazon for shock and antibiotics Penicillin and Gentamicin. Bacteria from the snake's fangs, not venom, was the big danger. Face and nasal swelling could completely constrict airflow. After an initial dose of cortisone, non steroidal Banamine was administered to reduce swelling. Giving too much anti-inflammatory medications can suppress autoimmune response; it's a balancing act.

Dr. Wohlford said he would come any time that night if Fudgy's breathing was much worse. He didn't want me to hesitate in calling, he might have to perform a tracheotomy. Fudgy made it through the night, and seemed to appreciate our frequent check ins. When the doctor arrived next morning Fudgy's whole face was swollen tight, with eyes completely shut. His head looked like a hippo's head. His breathing was still labored, but he could drink water. There were little blood tinged serum drips coming from the the bite side tear duct and nostril. His lips were stiff like an open parrot's beak. Swelling could cause his facial skin to crack open, so lotion was applied. I made a gruel out of water and pellets for the diuretic medication packets, but he really couldn't eat. Fudgy's tongue was working, but he couldn't get the mush down. We switched to mouth syringe application for oral medication, which seemed, to Fudgy, like adding insult to injury. He gave me that stoic martyred pony look.

Every day Gizmo horse and Fudgy pony have visits from neighborhood families. How concerned and upset they were to see Fudgy's swollen face! Friends and family members called for updates. Their loving concern was greatly appreciated. The children ask if Fudgy, is ok, even now.

For three days Dr. Wohlford came twice a day. It was essential to keep infection down by giving strong antibiotic injections twice a day. By the third day the pony's breathing was much better and his movements were perky and he was able to graze a little. After a couple more days, I could give him his oral medications in gruel rather than by mouth syringe. It was a week before he could struggle to crunch small bits of carrots. The swelling slowly diminished over several weeks. We can't thank Dr. Wohlford enough for helping Fudgy to heal. We really appreciated the doctor's careful reliable care; he knows how much our horse and pony mean to us.

In closing, recent studies show no appreciable difference between horses given anti-venom and horses not given anti-venom treatments. So, antibiotics are the main treatment. As a precaution the reader might want to keep a breathing tube in their med kit. That way, if your horse is bitten and is having trouble breathing, you can make sure one nasal airway remains open while you wait for your vet to arrive. Ask your vet what tube to use and how it's to be inserted, so you can hold it in place until help arrives. Finally, don't try to medicate your horse yourself, call your vet!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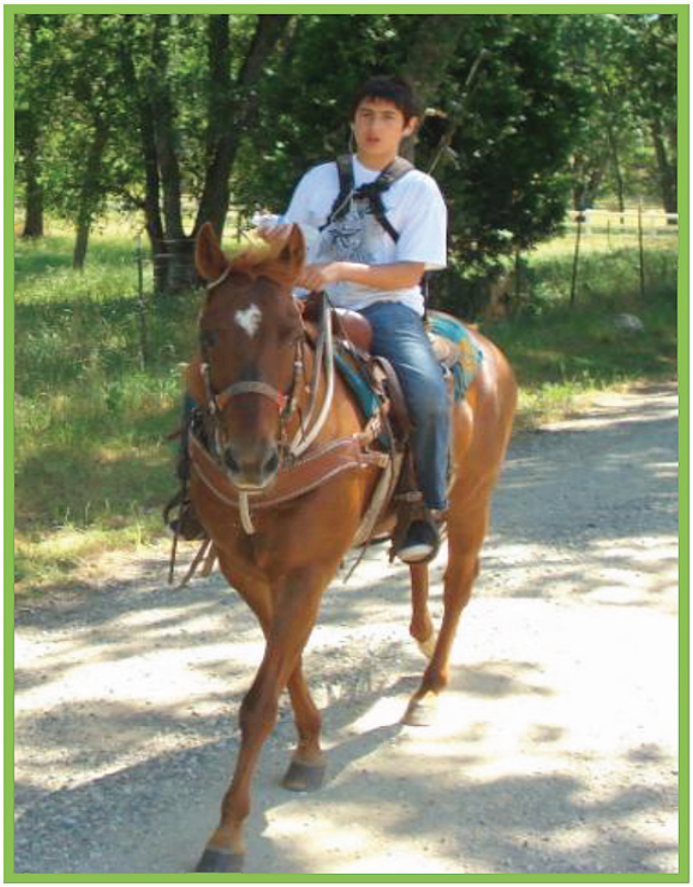

FREE HORSE TO GOOD HOME

Sami is an extra horse that is not getting the attention she deserves. This saddens me as she is an awesome horse. I would like to give her to the right family or individual free. I am more interested in finding her a good home than selling her for a profit.

Sami is a registered, sorrel, quarter horse mare, 23 years young. She has great ground manners and would be a good 1st horse for a young rider or a family looking to get started with horses. I have used her for trail riding and team penning for many years.

Please call Holly @ 415-412-2806 if you are interested.

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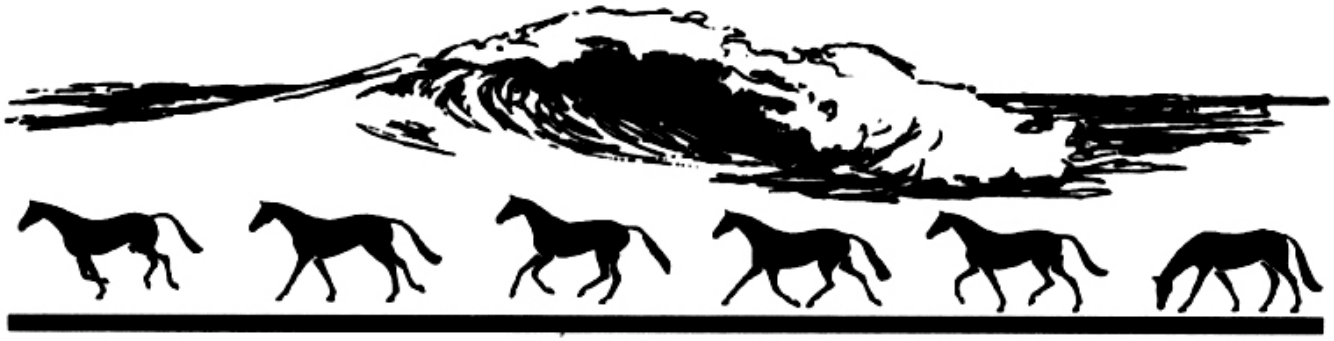

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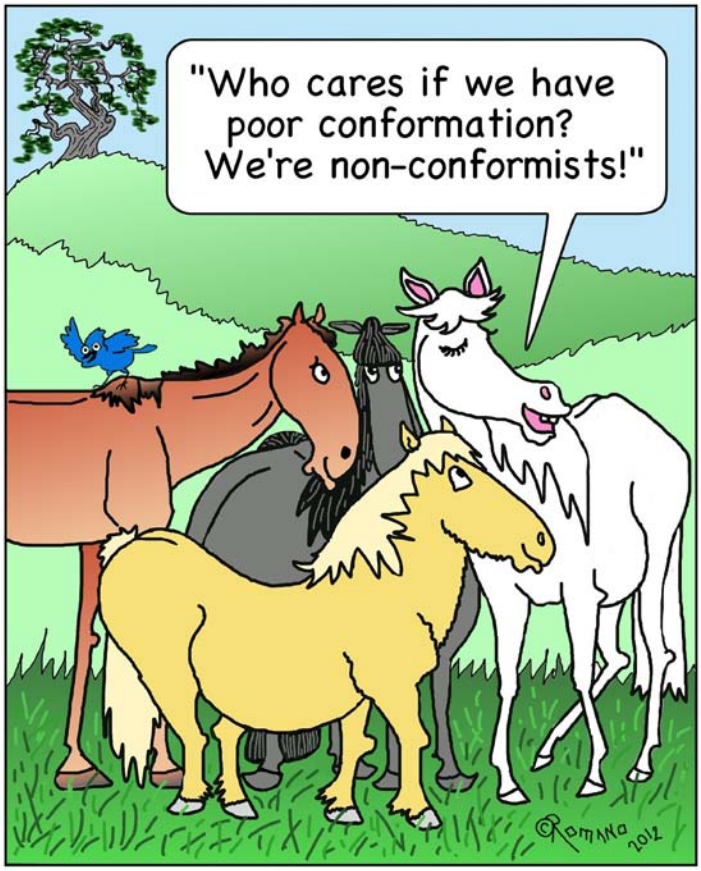

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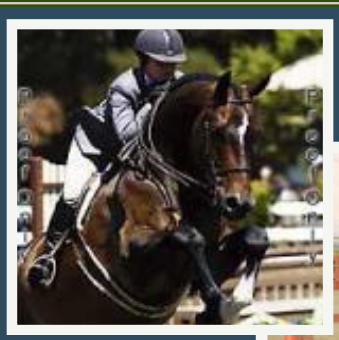

NEW!

Head Wrangler, Sam Bivins

Trail Riding Club

Why ride alone when horses are naturally social?!

Join our new head wrangler, Sam Bivins, on rides exploring the trail system in Huddart & Wunderlich Parks. We have rides going out twice a week which explore different parts of the parks.

Trailer-ins welcome and lesson horses available.

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SMCHA CATTLE SORTING CLINIC

Do a clinic in the morning and stay to sort in the afternoon!
with

Joan Mc Laren and Rich Braun

May 12, 2012 – Saturday 10AM-4:30PM

This is an interaction of the horse and rider with cattle. The student rider and horse will learn how to work and perform together in unison, building confidence in each other as a team on how to track cattle.
Not for green horses.

$100 per person
clinic and sorting also includes lunch

***$60.00 per person**
sorting only at least 4 goes!

Driscoll Ranch
5460 Hwy 84, La Honda 94020 (650) 747-9704

NOTE: All riders are required to arrive at 9AM in order to warm up your horse completely for 1 hour. Horses should be relaxed before they come to class.

Contact: Maria Fonseca 650-851-7770

Reservations must be made by May 1st.
Remember - a reservation made is a reservation paid...
**** Sorting not to start before 1:00pm***

WESTERN RIDING CLINIC

AT THE MOUNTED PATROL GROUNDS
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SIX (6) THURSDAY EVENING CLASSES **PLUS**
A FINAL LAST SESSION AND DINNER ON SATURDAY, JUNE 23

MAY 17, 24, 31 -- JUNE 7, 14, 21 & 23

6:45 p.m. to 8:00 p.m.

Mounted Patrol Grounds, 521 Kings Mountain Road, Woodside, CA 94062

ENTIRE COST OF "CLINIC PACKAGE"
(INCLUDING DINNER ON JUNE 23TH)
$150.00 OR -- $25.00 PER CLINIC CLASS

SMCHA MEMBERSHIP **REQUIRED**
JOIN AT THE CLINIC IF YOU ARE NOT ALREADY A MEMBER!
ALL RIDERS MUST FURNISH THEIR OWN HORSE
BOOTS AND HELMETS ARE **REQUIRED** BY **ALL JUNIOR** PARTICIPANTS
BOOTS FOR ALL SENIOR PARTICIPANTS

PROFESSIONAL INSTRUCTORS – Jason Attard, Joan McLaren & Noel Moody

For More Information Please Contact
Karen Rowley Shawback at (650) 851-2314 OR 510-491-1134
Maria Fonseca at (650) 851-7770

** This Event is Co-Sponsored By **
The San Mateo County Horsemen's Association and
The Mounted Patrol of San Mateo County

www.smcha.org
(650) 568-1045

SAVE THE DATE!!!

CALLING ALL CLUB MEMBERS!

Come ride with us on May 5th at the Woodside May Day Parade!

This is a fun and informal local parade, we just want YOU! Come as you normally ride, be it English or Western.
White shirts/tops are requested, boots with heels are a must!!
SMCHA logo jackets are always welcome!

For more information please contact Chris at 650 704-2996 or SMCHAColorguard@gmail.com

SAVE THE DATES

2012 SMCHA Horse Shows

www.smcha.org

Western Schooling Show - Sunday, May 13

English Schooling Show - Sunday, August 5
Webb Ranch, Portola Valley

SMCHA Open English/Western Show-Sunday, August 26
Eight "Never-Won-A-Buckle" Classes
Horse Park, Woodside

For more information or if you'd like to help with these shows, please contact Cheryl Basin: 650-364-3020 or email c-cheryl@sbcglobal.net

SMCHA ENGLISH RIDING CLINIC

All levels of riders can participate

Where: **SPRING DOWN EQUESTRIAN CENTER**
725 Portola Rd, Portola Valley 650-851-1114

Instructor: **Carol Goodstein**

When: **Monday Evenings**
July 16,23,30
August 6,13,20

Cost: **$180 for all six sessions**
(Or $35per individual session)

Contact: Christine Raposo cell 650-222-1666
sweetdreamer666@gmail.com

All participants MUST be a member of SMCHA
If needed membership forms will be available at the first session.

Carol will provide Spring Down horses for $40.00 per session. This is in addition to the clinic fee. She will address each rider at his or her ability level.

Reservations for lesson horses must be made in advance and by the Friday prior to the clinic date to ensure a horse has been reserved.

Approved helmets are required for participation in this riding clinic. Spring Down has English saddles, helmets and boots available for borrowing at no additional charge if needed.

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2012 Calendar of Events

Subject to change - please check website for updates

April
12 Board Meeting
21 Jack Brook Clean-up Day
28 or 29 SMCHA Spring Ride: TBA

May
5 Woodside May Day Parade
10 Board Meeting
12 SMCHA Cow Sorting Clinic(Driscoll)
13 Western Schooling Show (Webb Ranch)
17 Western Riding Clinic (Mounted Patrol Grounds)
24 Western Riding Clinic (Mounted Patrol Grounds)
31 Western Riding Clinic(Mounted Patrol Grounds)

June
1-3 Woodside Gaited Horse Show (Horsepark)
13 Board Meeting (note: Wednesday NCEFT)
7 Western Riding Clinic (Mounted Patrol Grounds)
8-10 Horse Expo – Sacramento
9-17 San Mateo County Fair
14 Western Riding Clinic (Mounted Patrol Grounds)
21 Western Riding Clinic (Mounted Patrol Grounds)
23 Western Riding Clinic Demo & BBQ (MPG)
TBA: Clarkia Trail Clean-Up Day (Summer)

July
3 Mounted Patrol: Rodeo Dinner & Dance
4 Fourth of July Parade – Redwood City & HMB
4 Mounted Patrol: Junior Rodeo
12 Board Meeting
16 English Riding Clinic (Springdown Equestrian Center)
18*22 Reining by the Bay (Horse Park at Woodside)

July -continued
23 English Riding Clinic (Springdown Equestrian Center)
25-29 Jack Brook Horse Camp
30 English Riding Clinic (Springdown Equestrian Center)

August
5 English Schooling Show (Webb Ranch)
6 English Riding Clinic (Springdown Equestrian Center)
9 Board Meeting
11-12 Chick Ride
13 English Riding Clinic (Springdown Equestrian Center)
20 English Riding Clinic (Springdown Equestrian Center)
26 Open English/Western Show (The Horse Park at Woodside)

September
13 Board Meeting
20 General Meeting
30 Presidents' Ride
TBA: Clarkia Trail Clean-up Day (Fall)

October
11 Board Meeting
13 Woodside Day of the Horse
19/20 & 26/27 Grand National Rodeo
27 Play Day & Halloween Extravaganza

November
8 Board Meeting
10 General Meeting - Elections & Bingo Night

December
1 Board of Directors Dinner
16 Holiday Barn Party

January 2013
10 Board Meeting
26 Kick-Off Gala & Installation Dinner

PLEASE CHECK WEBSITE FOR CHANGES AND UPDATES • www.smcha.org

THE SAN MATEO HORSEMAN
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President Nancy Kouchekey
Spring 2012

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San Mateo County Horsemen's Association
FOUNDED 1940

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	Annual Dues
____JUNIOR MEMBERS (17 OR UNDER)	$15.00
____SENIOR MEMBERS (18 OR OLDER)	$25.00
____MR./MRS. MEMBERS	$40.00
____FAMILY MEMBERSHIP**	$45.00

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C $____ F $____ I $____ M $____
D $____ G $____ J $____ Other $____

I would like to help with the following events/functions:

❑ Board of Directors
❑ B Trails
❑ C Western Riding Clinic
❑ D English Shows
❑ E Western Shows
❑ F Magazine
❑ G Trail Rides
❑ H Junior Members
❑ I Playday
❑ J Hospitality
❑ K Membership
❑ L Junior Color Guard
❑ M Senior Color Guard
❑ Other_____

**Please list names and ages of children:

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TOTAL CONTRIBUTIONS_____ **TOTAL AMOUNT ENCLOSED**_____

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Join after October 1 and your membership is paid through the following year.

Do you want to be included in our Membership Directory? (Must be received by Jan. 31)___Yes ___No

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