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#### **COVER**

Teresa Ervin is riding Ruler's Super Sugar aka Ruler in the SMCHA Open Western and English Horse Show at The Horse Park in September. This duo won the Open division Ranch Horse competition.

Photo by Kelsey Floyd



# MESSAGE FROM THE CHAIR

Ann Kirby welcomes a horse to The Day Of The Horse staging area at The Mounted Patrol grounds in Woodside.

# Happy Fall to Everyone...

Cold nights and bright sunny cooler days are here; I love the quietness of Fall. As I write this, we've had our first rains now in October, which adds to the quietness when the ground is damp. I've found this time of year to be some of the best for riding. And apparently lots of others feel the same, as shown by the wonderful turnout for our Fall Riding Clinic held this September and October on 4 Sunday mornings at Mounted Patrol. There was great instruction for all disciplines, all ages, and all breeds, ending with a potluck luncheon. We want to thank Karen Rowley Shawback for revitalizing this popular event and look forward to next year's clinics (oh yes, and it was free to SMCHA members).

Woodside's annual Day of the Horse on October 14 was another big success for WHOA, and I want to congratulate big winners Annie and Mike Tyo for their wonderful costumes, and Mike also for his winning poker hand! SMCHA had an information booth at Mounted Patrol where Linda Menon, Sharon Butler, Susan Jakubowski and Laurie Greenblat did the meet and greet with the public, other volunteers, and lots of riders staging out for the exclusive trail ride. Still on the horizon to finish out the year: our General Meeting on Friday, Nov. 11 at The Old Spaghetti Factory; SMCHA's Holiday Barn Party happening Saturday, Dec. 16 (date change from Dec. 10); and our Installation Dinner & Gala on Saturday, Jan. 12 at Michael's of Shoreline - new venue, new menu, new music, fabulous auction and more.

Please mark your calendars and stay tuned for more details on all these upcoming events...Please read on and see what we've been doing, and how you can still Come & Play with SMCHA! Thanks for all your continued support.

Enjoy the Ride!

Ann Kirby
SMCHA 2017 Chair

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for the Winter 2018 issue is January 15, 2018



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# Woodside's Day of the Horse:

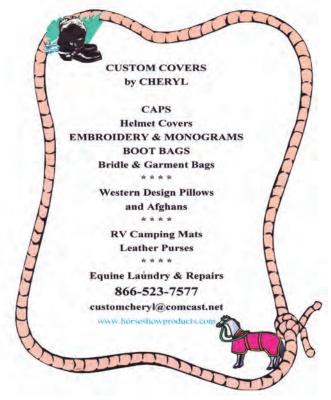
**Photos, contest winners** 

Woodside's annual celebration of equestrian culture, the Day of the Horse, was held Saturday, Oct. 14, and included a fair, equestrian exhibits, stage coach rides, children's activities and a progressive trail ride. Day of the Horse is put on by WHOA! (Woodside Horse **Owners** Association). Proceeds go to various horse-related programs and projects. There were two contests: costumes worn by riders and horses, and the best poker hand after collecting playing cards from various stations along the town's trails. The winners in the individual costume contest were Annie Tyo, who took first place and a prize of \$1,000; Anne Gadd, who came in second for a \$250 prize; and Mike Tyo, who finished third with a \$150 prize. Prizes were also awarded for couples with the best costumes and groups of four riders with the best costumes. Prizes for the best poker hands went to Laura Raynak, \$1,000; Mike Tyo, \$250; and Sean Flynn, \$150. Eighteen prizes in the day's drawing included meals at the Parkside Grill in Portola Valley, the Sundance Steakhouse in Palo Alto, and Alice's Restaurant, Buck's and The Village Bakery, all in Woodside.

Reprinted with permission from Richard Hine of The Almanac







# TOP 10 Health Benefits of Owning A Horse



Horse ownership can be very exciting and rewarding. Some of the benefits from horse ownership are companionship, recreation and relaxation, but many people do not often realize the other health benefits that can be gained from owning a horse. Owning, riding and caring for a horse...

# **Keeps you physically active:**

Riding and other activities that require you to be outdoors in all kinds of weather will certainly keep you moving. Cleaning stalls, grooming, feeding, raking hay, pushing wheelbarrows – all of these barn chores actively burn calories andbuild muscle.

# **Builds self confidence:**

While horse riding is an independent sport, it's actually a partnership in which the owner is a teacher and leader who works with the horse. Nothing builds self confidence better than "leadership training." When you tell a 1,000-pound animal to move in a certain direction, and then to follow you, it's a feeling of accomplishment that you successfully taught it to do that. And when the horse does not comply, you are responsible for administering the proper discipline. That's a form of empowerment that's only found working with large animals.

#### **Reduces stress:**

Recent studies have shown that even limited interaction with animals may provide a decrease in blood pressure and in the hormones associated with stress reactions. Physical exercise is a scientifically recognized mediator of stress and it is clear that equine activities may provide exercise, again highlighting the potential for equine activities to reduce stress.

# **Keeps you socially active:**

Taking riding lessons helps you meet many friends with similar interests. Most horse people will attest to meeting their best, life-long friends at the barn. These peers will have the same passion and devotion to horses. That connection creates a stronger bond just in itself.

# Helps disabled individuals stay active:

When supervised by certified instructors, riders with disabilities may have the chance to safely perform physical activities with the horse as a tool. Early research is showing that riding a horse provides physical benefits for people with disabilities. At the same time, interacting with horses may provide mental benefits, as well.

# Engages the creative side of your brain:

Training a horse brings up daily challenges that will force you to think creatively about how to train it and how to solve a particular problem. If something worked in the last lesson, but it's not working now, how else can you solve this issue? Being faced with such situations helps you engage your creativity to solve problems and find what works best.

# **Builds character:**

Character building is a natural part of horse ownership, teaching responsibility, punctuality, sportsmanship, frugality, patience, commitment, confidence and self-esteem.

# Promotes a union with nature:

Being outside and enjoying the fresh air can do wonders for your mental and physical health. Plus, the dose of vitamin D you get from being in the sunshine is essential for your body.

# **Maintains bone mass:**

All of the weight-bearing exercise that you do, including hauling barn equipment and carrying saddles, helps maintain bone mass, which is important as you age.

# **Improves digestion:**

Riding a horse at a walking pace stimulates the internal organs just as walking on foot does. This aids in liver function and digestion.

By Samir Becic at healthfitnessrevolution.com April 27, 2015





What is a "happy trail"? Is it a trail, or life path, that makes us happy? Or is it a little dirt road that smiles to itself in the sunshine, under the trees, surrounded by grasses and flowers and animal friends, bearing the happy feet of those who tread there?

n Saturday morning, 9 September, the Clarkia Trail in Edgewood Park, Redwood City, was anthropomorphically, and possibly in its soul, happy that we prepared it for winter. We trail workers were happy that the trail and the beautiful day brought us together on a literal and figurative life path. If this coming winter is anything like our last one, our efforts on that day will preserve the trail and the surrounding fields and forest from the coming erosive rains and winds. Our horses are now growing thick winter coats, maybe prognosticating an early, wet winter.

The prime directive of the San Mateo County Horsemen's Association is to encourage interest in, and appreciation of horses. Another important aspect of our mission is to assume stewardship of the land and the trails that humans and horses walk upon. Twice a year on our Trail Work Days, and at all times while riding and hiking in our parks, we endeavor to maintain safe and beautiful trails for equestrians and non-equestrians alike. The SMCHA Trails Committee seeks to make inroads with the broader nature-loving community on the San Francisco Peninsula. That way,

Some trails are happy ones, Others are blue. It's the way you ride the trail that counts, Here's a happy one for you.

- Dale Evans Rogers "Happy Trails"

our non-horsey family and friends can share in our activities, for the benefit of all.

To this end, SMCHA officially helps sponsor and maintain the lovely Clarkia Trail in Edgewood County Park, Redwood City. Named for the pretty pink Clarkia flower, the trail runs through grassy hills and forested areas. On our work day, the hills were blanketed with little white tarweed flowers exuding their minty fragrance. In the spring, the way is lined with a profusion of other wildflowers. Docent wildflower walks are conducted each weekend in April, May, and June.















For a few hours on that morning, we hauled rock, dirt, shovels, and clippers up the trail in gas-powered wheelbarrows. We used the tools and materials to shore up the rain bars, fill in gopher holes, and trim bush and tree growth that had grown exuberantly during the summer to encroach on the trail.

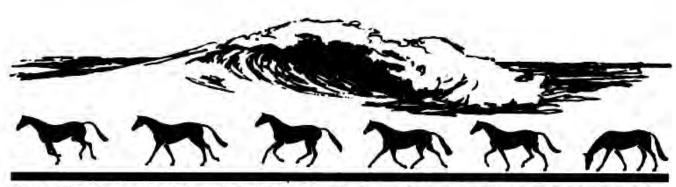
Pain bars are small humps running horizontally across the width of the trail. Speed bumps for rain, they are constructed steeper on the uphill side and more gradual on the downhill side. This conformation minimizes erosion from heavy rains running down the trail, as any deluge gets diverted crosswise and more gently downhill.

opher holes are dangerous to horses and people who may suffer breaks, sprains, and strains from stepping in a hole. Some horses have had to be "put to sleep" after such injuries.

any thanks to our wonderful Park Rangers, Stephen Kraemer, Bradley Sentman, Kevin Kawamoto, and Lauren Ford-Peterson. They planned the day with us and arrived to supervise, providing machinery, tools, rocks, dirt, and muscle-power, all for the small reward of coffee, donuts, fruit, water, and granola bars. The rangers also provided instructive oversight, teaching us about trail construction and maintenance. Thanks to Mike Bushue "King of Rain Bars," past Chair of the SMCHA Trails Committee, and current Board of Directors Member for ETRAC (Equestrian Trails Action Committee). Thanks to Cheryl Basin, SMCHA past President, current SMCHA Board Member, and Clarkia Work Day veteran organizer. Thanks to our other enthusiastic workers, Chris Romano, Victor Wen, and Emelie Cheng.

ou are invited to make our happy trail, your happy trail. If you have a special interest in public lands, parks, and trails, please join our SMCHA Trails Committee. For details, e-mail Beverley Kane, sensei@horsensei.com. You are also invited to join us in Edgewood Park for riding and hiking, and for our next workday in April. follow us on Facebook at https://www.facebook.com/groups/SMCHA/ for date and time. You might meet a friendly horse or two on the path.

Happy trails to you. Tit we meet again.



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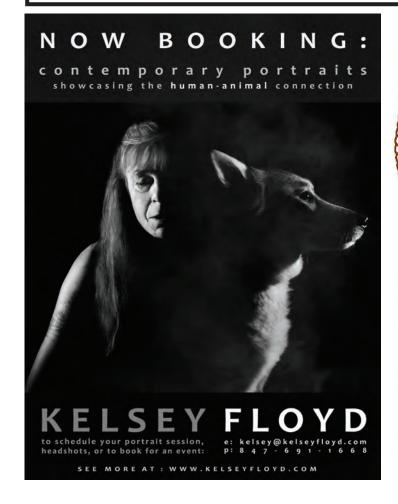
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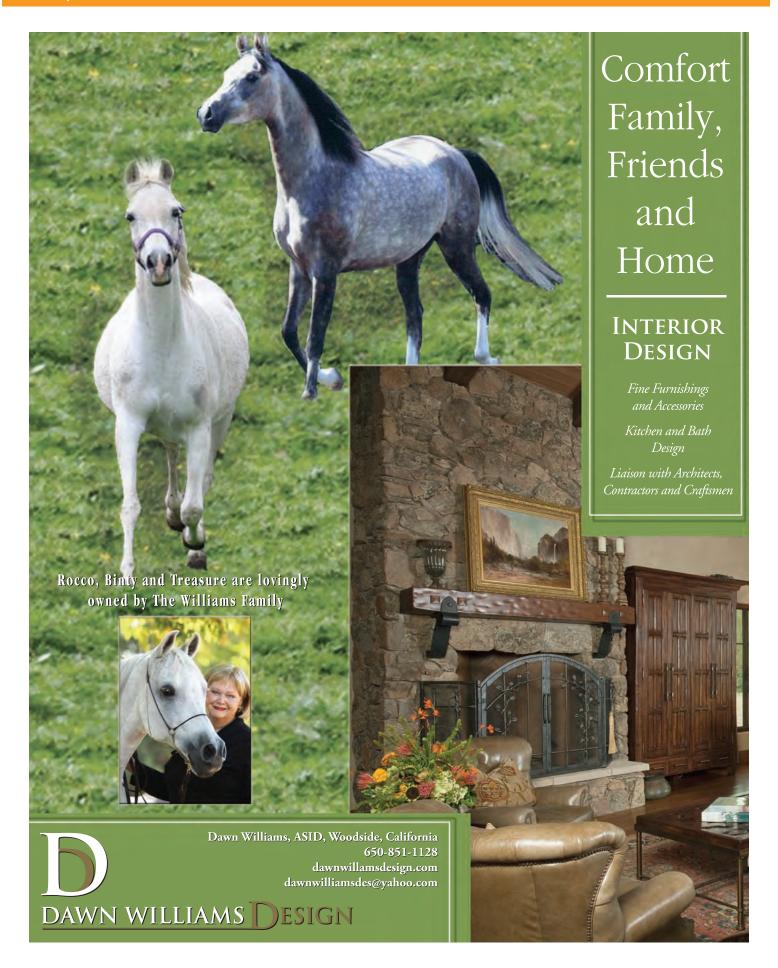
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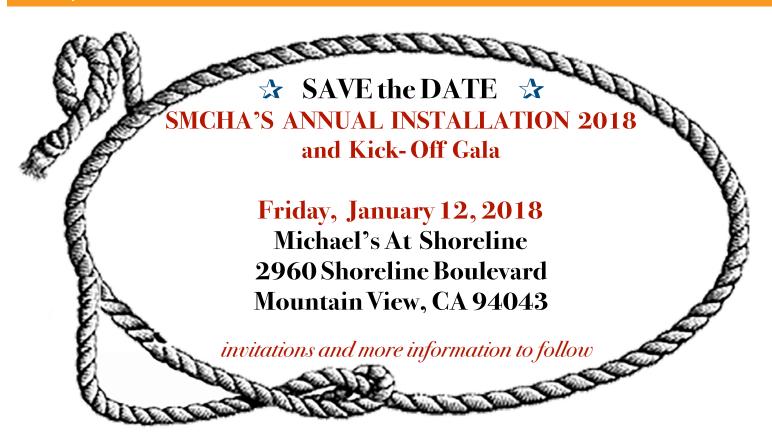
On Saturday night September 23 your SMCHA Color Guard was honored to present at the 9th annual NCEFT Heroes and Horses Gala. It was a beautiful evening at NCEFT, 320 guests were suited and booted, the donkeys were dressed up and their barn was filled with beautiful horses. The tables were set with lovely flowers and the bidding was spirited on everything from cupcakes to trips to Italy. But the true highlight of the evening was learning about NCEFT's true heroes, Stephen Harker and Isla Richman. Stephen's and Isla's powerful stories of reaching beyond boundaries moved every person in the arena. You can watch Isla's story in the video here: www. tinyurl.com/islastory.

Proceeds from the Gala represent nearly a third of their annual budget, making it their most important fundraiser of the year. On the evening of this year's Gala, \$271,750 was raised. These funds will sustain their unparalleled equine therapy programs, boost their Financial Aid Fund, strengthen their free military Veteran and First Responder programs, support their 15 therapy horses and 100-year-old barn property, and help them establish new services to aid our community. To learn more about NCEFT, please visit https://www.nceft.org/





Kristi Eifert, Steph Owens, Tina Wuslich and Cheryl Basin prsented colors at the Gala







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# HORSE SHOWS

by Cheryl Basin

**ENGLISH SCHOOLING SHOW** 

at Webb Ranch - August 6

horses were all decked out in their English attire and tack for our annual English Schooling Show. It was a perfect August day. The course was designed and set up by Sarah Schwarzer, Schwarzer Sporthorses located at Webb Ranch. The jump course was creative, challenging and fair.Our judge, Darlene Bingham, provided constructive criticism as the competitors walked, trotted, cantered and jumped. Thank you Darlene.

We are so lucky to have wonderful sponsors for this show. Thank you all for your generosity:

- Larry Pelzner: High Point cash awards
- Sarah Schwarzer: Cash award
- Western Saddlery, Pleasanton: 1st Place Goodie Buckets teeming with grooming items
- Portola Valley Feed: Horse Treats

# HIGH POINT AWARDS WERE PRESENTED TO:

- Cathy Firkins riding Duvall
- Mia Pollioni riding Hamilton's Beach Party
- Anneliese Moriarity riding Ana
- Morgan Lunn riding Feels Like Carolina





















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# **SMCHA OPEN SHOW** at the Horse Park September 3 ....A RECORD HOT DAY AT 100 DEGREES

There is no better venue for a horse show than The Horse Park at Woodside. The site crew is very accommodating, helping us set up the courses and patterns the day before the show, and standing by to drag and water arenas at a moment's notice. SMCHA is very proud to offer such diversified classes in this Open Show. There were classes in English Equitation, Hunter, Rail work, and Jumpers. We offered Halter classes, Showmanship, Pleasure, Trail and Ranch Horse classes. Pam Daly set up the jumps in the English arena and Joan McLaren designed and set up the patterns for Ranch and Trail. The riders and their horses were beautifully presented. We had three terrific judges. Sarah Schwarzer judged the English Division, Lorali Casipit judged the Western Pleasure classes and Peter Larson judged the Halter, Ranch and Trail classes. A tradition of this show is presenting beautiful silver buckles and here are the winners of the High Point Buckles in these divisions:



CLASS	WON BY	RIDING
Beginner English	Taylor Ford	Better Late Than Never
Open English	Pam Daly	Manitola
Open Western Performance	Greg Sonstegard	Cheyenne
Youth Western Performance	Mia Arruda	Pretty Miss Page
Amateur Western Performance	Jordan Padilla	He's a Classy Cat
Open Ranch Horse	Teresa Ervin	Rulers Super Sugar
Youth Ranch Horse	Sophie Phelps	Socketts Fancy Doll
Amateur Ranch Horse	Anne Griffin	Travelodge

Our dedicated crew for these shows included Karen Rowley-Shawback, Ann Kirby, Deanna Tanner, Taylor Singmaster, Chris Friis, Jen Mize, Sharon Butler, Leah, Jenna, Beverley Kane, Sally Quellos, Lee Reed, Susan Jakubowski, Sylvia Ruggiero, Liz Sullivan, Deb Alvarado, Greg Sonstegard, Kipi & Becky Witter. Thank you...you are an awesome team and make these shows a success. Big Thanks to all participants, crew, sponsors and gallery for making our 2017 horse shows so successful!

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# SMCHA FALL RIDING CLINIC

# September 16 & 24 and October 1 & 8 by Karen Rowley Shawback

I want to thank AI Baglietto, the owner of Olsen Nolte Saddle Shop, for his help in giving our Fall Riding Clinic such a successful new format. All is a long time supporter of SMCHA and over the years has donated gift certificates and merchandise to support our events. Some of his great ideas on how to revitalize our Fall Clinic were to offer the event for free to SMCHA members and promote it as "By Special Invitation."

Clinic days were changed from Saturdays to Sundays which seemed to accommodate more riders. The scheduled hours from 10:00 a.m. to 11:30 a.m. were consistent and allowed plenty of riding time. The location was the Mounted Patrol Grounds in Woodside, and I arrived at 8:00 a.m. each morning to open the gates, and set out morning coffee and orange juice plus breakfast snacks available to riders and their horses...served out of the back of my Volvo "breakfast wagon." Watermelon was a big hit with both horses and riders. Thanks to the folks who contributed food and drinks.

Fortunately the weather was great for all four classes, and it was fantastic to have a total of 40 riders in attendance. One couple, who had heard about the clinic on Facebook, brought their horses from Gustine, about 2 hours away, and are now new SMCHA members.

The purpose of the Fall clinic is to help riders and horses improve their skill and confidence. Participants could choose from four classes, each taught by a different skilled instructor:

- Beginning and re-entry into Western riding, taught by Noel Moody
- Desensitization for your horse, taught by Mike Raynor
- Cowboy Dressage, taught by Joan McLaren
- English Equitation, taught by Nicole Fava

The Fall Clinic offered something for everyone. Competitive riders enjoyed the Cowboy Dressage, and so did their horses. One rider who has competed in reining really enjoyed the cowboy dressage. Her horse now has a new direction after a previous career of rigorous competition.

#### THE FOLLOWING COMMENTS ARE FROM SOME OF THE RIDERS AND INSTRUCTORS:

Aleta Reed - SMCHA came thru once again with a revamped clinic with new classes and a surprise this year...no charge. Personally I was thrilled to enoy working my big fella Ty in an arena again with guidance from instructor Noel Moody. Thanks SMCHA!

Joan McLaren - This was such a wonderful clinic in the Fall. I was so happy with my group of riders, they were so much fun. We did a variety of things in the four Sundays. We did cowboy dressage, ranch riding courses, trail obstacles and courses, and learned how to read a pattern and how to navigate your horse through the ride. I am thrilled about the Fall Clinic and want to extend it to six weeks if possible! Thank you Karen for a wonderful way to end the Summer, but "pick it up in the Fall."

Deanna Tanner - When I bought Lacy last year, I knew I would want to participate in the riding clinic. I now have a new horse and it has been years since I had taken any sort of lessons from an instructor. I had taken Joan McLaren's class at the riding clinic in the late 80's on my previous horse Brass after I first bought him. I really gained a lot of knowledge from the riding clinic, and am thrilled to see that there was good participation this year. It benefits all those who participate and is a big part of what

SMCHA is all about. When we received our 501(c)(3) exemption from the IRS, we were instructed that SMCHA is required to provide education. Education is what the riding clinic is all about. Thank you for continuing this wonderful program year after year.

Elizabeth Sullivan - I was thrilled when I found out that I would be able to ride in this year's free Fall Riding Clinic, as I have wanted to ride in the clinic for years. Karen Rowley Shawback made it possible for me when she offered to let me ride her horse Reba. The clinic was a marvelous experience in terms of not only offering a fine horsemanship learning experience, but also a chance to be around friendly, nice people in a beautiful setting...the Mounted Patrol grounds. On arrival, we were welcomed by Karen's smiling face and a table full of coffee, pastries, fruit and drinks. Old and new friends mingled over coffee and new participants were welcomed. I rode in Noel Moody's class, Beginning and Re-entry into Western Riding. I chose Noel's class because I thought this would be a comfortable opportunity to "get with" Reba and also a great opportunity to take a lesson from Noel. I greatly admire Noel's experience...she is a national Trail Horse Champion, as well as a gifted teacher. She meets you where you

are in your horsemanship ability, and she is as pleased with a tiny step forward as she would be with a blue ribbon ride. Her class offers a chance to start out slow and build up according to your ability. A new beginner as well as an experienced rider can benefit from this class.

Noel Moody - The Fall Clinic was a wonderful success...everyone was very enthusiastic and wanted to come back each Sunday. I taught the Beginning and re-entry into Western Riding classes. For one student, this was the first ride in thirty years, and many had not ridden since they were kids. Sundays worked well and I enjoyed starting at 10 a.m. Often, the class lasted longer than 1 1/2 hours so as not to stop anyone who was making progress. I saw a lot of growth in both confidence and concentration in the riders, and improvement in the horses. One student who had not loped her horse since last year's clinic, was thrilled to resume the lope with him. I am absolutely looking forward to doing it again!

Mike Raynor - It was really exciting to see all the trailers, the riders, and the horses... really nice to be part of a successful clinic series.

Thank you!

edited by Susan Snook





























# Are You Ready For A Horse Exam?

by Noel Moody

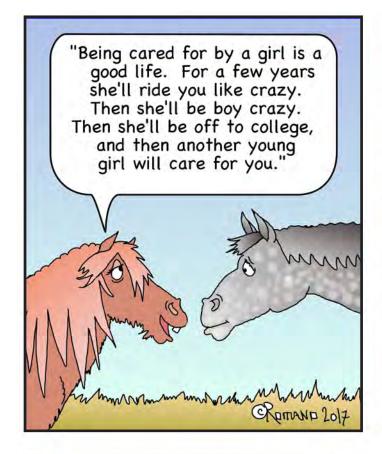
At the SMCHA Fall Riding Clinic, I taught the "Back In The Saddle Class," and each week my student riders enjoyed taking part in my corny horse exams. . . here are a few examples!

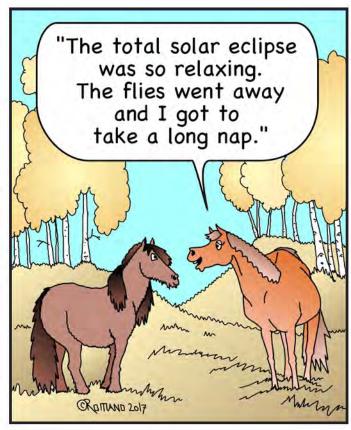


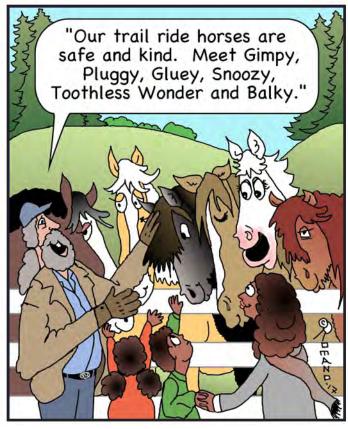
What horse does a banker own? a Quarter horse What horse would you ride with a broken leg? a Tennessee Walker What horse makes you see spots? an Appaloosa What horse would a baker ride? a Thoroughbred What horse would an artist ride? a Paint What happens when you put a horse in the dryer? it becomes a Mini Why are rodeo horses so valuable? they make bucks What part of a horse is the name of a state? the mane What does a horse use to roast marshmellows? a blaze What keeps the horse's hooves warm? stockings Where would a horse keep a canary? in its rib cage What would a fairy read to a colt at night? a horse tail What would a horse use to lock up his money? his throat latch What would a horse do with his shoes to raise money? hock them What kind of horse plays football? a kicker What kind of horse plays basketball? a jumper What kind of horse loves beans? a Pinto

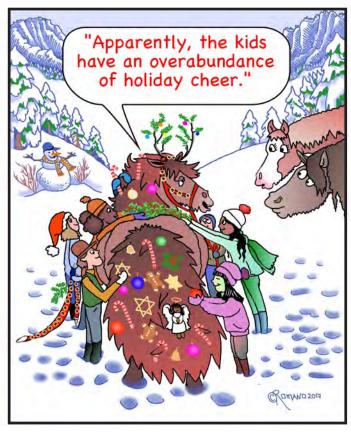


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# SCREEN ON THE GREEN

By Gretchen King

SMCHA held our annual al fresco Movie Night on the polo field at Webb Ranch on September 15. Movie Night is always a special event for our club as where else do you get to see a FREE horsey movie outdoors with FREE popcorn and desserts? Plus, nothing can beat the beauty of a crisp autumn night on the polo field as you gaze up at the starspeckled sky and bucolic Jasper Ridge, waiting for the sun to set, snuggled up in your blankets, eating your dinner and sipping a fruit-flavored Jarrito from Luis Cordero's famous taco truck (408-306-7460), a fixture at many of our SMCHA events. Our acte d'ouverture of soft bluegrass music was provided by SMCHA members Patricia Cox and her husband Casey Koulman playing fiddle and banjo, respectively. We also had a surprise visit from past SMCHA president Barbara Stogner, now an expat living abroad.

The educational segment of our evening was supplied by Dr. Nora Grenager, VDM, DACVIM, of Steinbeck Country Equine Clinic, who spoke about Cushing's Disease. Her PowerPoint presentation was amazing and has been the topic of much discussion around the local barns since then. Cushing's is a disease that can strike mainly older horses and it is one that needs to be recognized and treated early so that your horse has a good chance for a longer life. In most cases it can be treated with medication. Thank you Dr. Grenager!

Attendees were shocked that Yours Truly actually remembered this year to bring her DVD of the classic horse lovers' movie National Velvet, only to find that the technical world has left her behind. The movie was able to be snagged off of The Cloud by our sound and setup technician Jonny Hayward, a horseman himself and fellow boarder at Webb Ranch, who did a great job with his fancy two-sided screen, a projector that filled up the back of his pickup, and the quietest generator invented. Thanks Jonny!

National Velvet stars Elizabeth Taylor as a young girl in braces ("Velvet") with Mickey Rooney as her comrade in arms. Velvet pretends she is a boy so that she can ride her horse, Pie, in the Grand National Steeplechase in the UK when she loses her jockey. If only Liz had stuck to horseback riding!

As always, our events wouldn't happen without the dedication and commitment from our gracious Board members. This event almost didn't happen due to its cost. Many thanks to an anonymous donor for subsidizing it and enabling this beloved tradition to continue. Gratitude and shout-outs also go to our dessert crew of Cheryl Basin, Susan Snook, Susan Jakubowski, and anyone else who brought a tasty treat for our guests.

If you would like to get involved with our organization in any way, shape, or form, please shoot us an email at smcha@smcha.org. Whatever skills you have to offer, we can put to good use. We hope to see you at our upcoming socials, where we attempt to combine education about some aspect of horses or horsepersonship (training, medical, diet, dental, etc.) and fun.

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I can hardly believe it's October already. Pretty soon the rain will return and Christmas is around the corner. Time flies when you are having fun!

A big highlight for me this year was being able to camp at Jack Brook Horse Camp in Pescadero. It all started in early January. I received an email from Gina Silva asking if my husband could play music this summer at Jack Brook. Gina has been organizing trail rides and camping events for the SMCHA for the past several years and doing a great job. As you can see some of the planning started early in the year. We were so happy she asked, having an opportunity to camp and ride in the redwoods and also play music is like the total package for us!

One problem though, my husband Dave did not have a horse. It would be a lot more fun to bring two horses and ride together. His last horse passed away in 2005, the same year we had our daughter and my husband decided to take a break from riding. Well, life gets busy and fast forward to 2017, still no horse. This invite to Jack Brook though got us thinking maybe it's time to start looking.

With our eyes and hearts open to the possibility of finding a new horse for Dave we met a horse by the name of Moose. After two trail rides we were in love and since April 2017 we are again a two horse family. We did it, we had two horses ready to camp and the other members of Dave's band willing to drive into the wilderness to play music at a horse camp.

For the folks that are not too sure if they like camping, let me tell you Jack Brook is fantastic. They have wonderful bathroom facilities and hot showers. Plenty of corrals for the horses and you can camp right next to your horse if you wish to do so. Of course there is a BBQ area and fire pit and all that good stuff.

Originally I was a bit nervous about trailering into camp on this long dirt road I had heard about but I did not think it was bad at all. You do have to arrive at the correct time slot to drive in to avoid oncoming traffic but that too worked out just fine. I guess what I am saying is if you have been on the fence about coming to this event I highly recommend this camp ground, it is really nice. The trails are amazing, footing is excellent and there are some really fun single track trails through the redwoods. All the trails have signs so with a map in hand you are good to go.

Gina did a great job organizing and one of the best things about this weekend, it was catered! Cooking is not my biggest talent to begin with and left with only two small burners in my tiny camper it would have been pbj's and canned soup for the weekend. Hot showers, real bathrooms with flushing toilets and the whole weekend all your meals prepared by great cooks, maybe it should be called Jack Brook Horse Glamping.

Dave and I got some good riding in, both our horses camped well and had lots of energy on the trail. Dave's new horse Moose is a Spotted Saddle Horse and very smooth to ride. We discovered that Moose is an excellent horse to carry your lunch on. His smooth gate and lack of bounce keeps your ham and cheese with lettuce and tomato sandwiches looking just fine, even after a couple of hours of riding!

On Saturday after a fantastic dinner a raffle was held and the DBwalker band performed. We had lots of folks dancing the night away, it was a good time for sure!

Thank you Gina and thank you SMCHA!

Hope to see you all next summer,

Gertrud Walker











# Mounted Patrol Foundation A 501(c)(3) Supporting and Promoting Equestrian Activities







Announce the completion of the project ...

# Hitching Rails – Jack Brook Horse Camp and Pescadero Creek **County Park**

Way back, in August 2015, we developed a plan for hitching rails in Jack Brook Horse Camp and Pescadero Creek County Park. The ones in Jack Brook Horse Camp and Hoffman Flat Trail Head were installed last year. But the ones in Shaw Flat and Parke Gulch were delayed due to access issues, rains and environmental review.

We thank all those who donated, particularly WHOA! Woodside-area Horse Owners Association, Bay Area Ridge Riders, Los Viajeros and SMCHA. Thanks to a group of volunteers that helped haul the rail to Shaw Flat. Thanks to the Park Service Team who cleared the sites and hauled the rail to Parke Gulch.

Friday, October 13, 2017 – Installation is finally completed. Thanks to the crew from our contractor AllFence, who hauled tools to the sites and dug the holes. Thanks to Park Service Team – David Vasquez and Mark Schneider who helped with the final tasks to finish the project.

Next summer – Enjoy the new hitching rails. We are also working on adding log benches for weary riders to rest and eat.







Don Pugh President - Mounted Patrol Foundation CHAPS Board -Director don@MountedPatrolFoundation.org



# Rails were hauled down in August by volunteers and Park staff.

**1-Shaw Flat Trail lunch spot** – rails were installed near trail crossing of Pescadero Creek In memory of Sue Sheehan (1941-2015)



Shaw Flat rails were installed on Friday, October 13, 2017.





The first test was on Sunday, October 15. Horses were checking out the newly cleared lunch spot to their left.



**2-Parke Gulch Grove** – were installed on Friday, October 13, 2017 The crew from AllFence, Ranger Mark Schneider, and Don Pugh rest up after a long day.



Thanks to Bay Area Ridge Riders and San Mateo County Parks Team





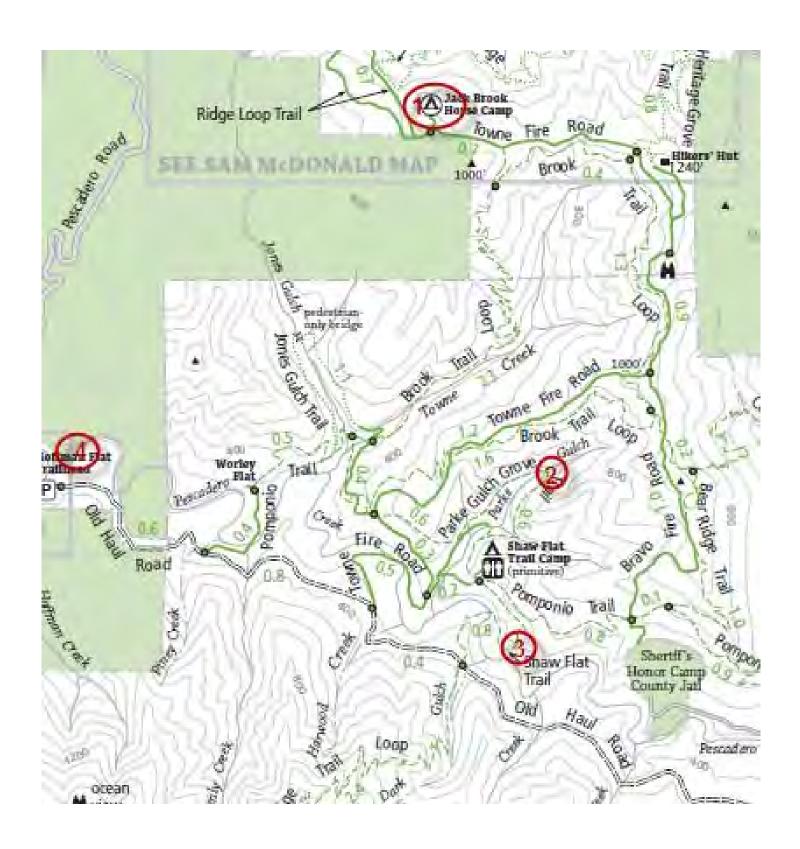
**3-Jack Brook Horse Camp** – In front of VHP camp sites -The old railroad posts were replaced with a new hitching rail. This was installed last year. No signage on this rail.

**4-Hoffman Flat Trail Head** – for day use equestrians. Installed last year. Great access to the Old Haul Road.





# Jack Brook and Pescadero Creek County Park Location of Hitching Rails



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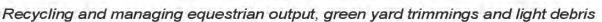


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#### **Memorial**



Joy Ellen Traube
April 15, 1924-Oct. 24, 2017
Woodside, California

Joy passed peacefully in her home on October 14th 2017 on "Day of The Horse" celebration, which she supported for many years.

She is survived by her five children, Peter, Jimmy, Lorna and Bruce; her five grandchildren, two great grandchildren and one great, great granddaughter.

She was born in San Francisco on April 15, 1924.

She and her husband Lionel left San Francisco when they started their family, finally settling in Woodside for over 40 years.

She was predeceased by Lionel in 1993.

She was very active in the horse community, serving on both the Livestock and Trail Committees. She participated in many activities at the San Mateo Mounted Patrol and Shack Riders with her husband.

She was the force behind "The Saddlebags," a group of female equestrians who got together for various fundraising activities as well as group trail rides.

She entertained extensively and her home was always considered party central for her friends, friends of all her children and extended family. There was never a time that she didn't welcome everyone with food and lively conversation.

Always an animal lover, she loved her horses and the many stray animals that wandered into her life. She will be deeply missed

# **Memorial service**

Sunday, December 17th 12pm -3pm Mounted Patrol 521 Kings Mountain Road Woodside, CA 94062

# Make a donation

www.returntofreedom.org (Horse Rescue in Calistoga) www.sunrisehorserescue.org (Calistoga)

Reprinted from The Almanac Online

# The Kind of Horse You Should Wait For

#### **AUBREY MOORE**

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Thought Catalog published an article in January that describes "the type of guy every girl should wait for". It lists a million different things that someone should seek out in a partner, and frankly, a few of the items are unrealistic. So knowing that most horse people spend more time picking out their mount than they do worrying about a little thing like dating, here's a list of all the qualities the perfect equine specimen should have.

The qualities you should wait for...

Wait for the horse that nickers for you at the gate when you pull up, and probably does it because he likes you and not because you're 1.5 seconds late feeding him.

Wait for the horse that still has her blanket/fly mask/bell boots on most mornings.

Wait for the horse that loses her shoe in a bare dirt spot near the gate, not the mud puddle in the back acre.

Wait for the horse that doesn't roll post-bath, pre-show. Or post-bath, pre-ride. Or really anytime post-bath. Maybe just wait for a horse that hates dirt.

Wait for the horse that magically fits every saddle, ever. Even the cheap ones.

Wait for the horse who stands quietly at the mounting block and definitely doesn't shuffle away as soon as you put your weight in one stirrup when he gets distracted by something.

Wait for the horse that always waits.

Wait for the horse that steps under you when you lose your balance, who slows down when you start to slip. Wait for the horse that doesn't launch you into outer space on a bad landing after a fence.

Wait for the horse that you can try something new with—that says "I don't know but I'll try." Wait for the horse that doesn't respond with a "Hell to the no."

Wait for the horse that finds flapping tarps, plastic bags, and coats hung on the fence interesting and fun.

Wait for the horse that has a "stand-and-thoughtfully-consider-the-situation-before-making-an-informed-decision" response instead of a "fight-or-flight" one.

Wait for the horse that runs your leg into a gate post, but then obviously feels really bad about it after.

Wait for the horse that checks to see if you're dead after you take a tumble. Wait for the horse that actively tries to not step on your face.

Wait for the horse that steps out of the trailer the same as the horse that stepped ONTO the trailer. Calm, collected, definitely not screaming his head off for friends and strangers alike.

Wait for the horse that prefers to stand with you after her halter is removed, even when her friends were turned out in the field ages ago. Or at the very least wait for the horse that doesn't kick at you when she gallops off from the gate screaming.

Wait for the horse that pees in the field before he gets to his clean stall. Wait for the horse that poops and pees in the same corner of his stall...every time.

Wait for the horse that's never lame. But when he does go lame, it's just a simple stone bruise.

Wait for the horse that sees a fence down, and goes back to quietly grazing. Or wait for the horse that escapes, but then heads right for his stall.

Wait for the horse that gently lays his head on your shoulder, and doesn't follow it up by trying to itch himself. Aggressively.

Wait for the horse that isn't described as "mostly broke."

Wait for the horse that looks at you like other horses look at grain. Wait for it.

But maybe compromise on a thing or ten, or you just might be waiting forever...



#### **About the Author**

When Aubrey Moore isn't riding her horse Flynn, new pony or doing nearconstant maintenance on her truck, she can be found with a glass of wine in hand, chatting happily with her cat Frankie.





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<u>Lizzy</u>



# From Noel Moody

In Memory of Laurie Fieguth's horse, Lizzy.

Lizzy was a beautiful AQHA mare. She was an exceptional horse and a great example of why quarter horses are considered such wonderful riding horses. She proudly carried the flag for the SMCHA Color Guard at the Cow Palace and in parades. We will miss her. She was 26 years old.

All donations received are tax deductible and will be gratefully acknowledged in future issues of The San Mateo Horseman.

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# **SMCHA 2018 CALENDAR OF EVENTS**

#### **December**

16 - Holiday Barn Party

## January 2018

11 - Board Meeting

12 - Installation & Gala @ Michael's

## **February**

8 - Board Meeting

tba - General Meeting

#### March

8 - Board Meeting

#### **April**

12 - Board Meeting

tba - Jack Brook Clean-up

tba - Spring Ride

## May

5 - Woodside May Day Parade

10 - Board Meeting

tba - Western Schooling Show at Webb

tba - Hillsborough Memorial Day Parade

#### June

14 - Board Meeting

tba - Tack Sale @ Horse Park (tentative)

8-10 - Horse Expo Sacramento

tba - San Mateo County Fair

tba - Clarkia Trail Work Day

## **July**

3 - Rodeo Dinner @ Mounted Patrol

4 - Jr. Rodeo @ Mounted Patrol

4 - Half Moon Bay Parade

12 - Board Meeting

tba - General Meeting

25-28 - Reining By The Bay @ Horse Park

tba - Jack Brook Horse Camp

## **August**

7-12 - Menlo Charity Horse Show @ Circus Club

9 - Board Meeting

tba - Open show @ Horse Park

## **September**

13 - Board Meeting

tba - Clarkia Trail Work Day

tba - Presidents' Ride

tba - General Meeting and Movie @ Webb

tba - NCEFT's Gala

#### **October**

11 - Board Meeting

13 - Woodside Day of the Horse

tba - Fall Clinic

tba - SF Grand National Rodeo

tba - Play Day & Halloween Extravaganza

#### **November**

8 - Board Meeting

tba - General Meeting

#### December

tba - Holiday Party

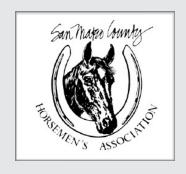


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